ROYAL LIFE SAVING
NEW SOUTH WALES

ANNUAL REPORT 2019-2020

Royal Life Saving NSW is leading efforts to reduce drowning and increase swimming, water safety and lifesaving skills.





› OUR VISION

A nation free from drowning.

› OUR PURPOSE

To lead efforts to reduce drowning and increase swimming, water safety and lifesaving skills.

› OUR VALUES

Advance with integrity –
be honest, reliable and genuine.

Advance with innovation –
be resourceful, relevant and inspirational.

Advance with humanitarian endeavour –
be inclusive, compassionate and resilient.

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MESSAGE FROM THE GOVERNOR

As Patron, I am proud of the significant achievements of the Royal Life Saving Society – Australia (New South Wales Branch) over the last 12 months amid unprecedented environmental challenges, with severe drought, one of the worst bushfire seasons on record, followed by floods and then a global pandemic, with which we are still struggling.

Notwithstanding these challenges, Royal Life Saving has continued to inspire and innovate to ensure that vital water safety skills and knowledge are accessible to all communities in New South Wales. In managing the restrictions imposed during COVID-19, Royal Life Saving has undertaken more than 15,000 remote video assessments for candidates needing to complete CPR and First Aid programs and provided more than 3,000 Community Lifesaver in a Box programs for teachers to maintain their CPR skills.

Our beautiful waterways are highly valued locations all year round, particularly over the summer season. Tragically, this past year, 89 lives were lost due to drowning. This is a stark reminder of the importance for all Australians to learn to swim and embrace water safety skills.

While learning to swim and respect the dangers of our waterways should start whilst young, we know that recently arrived migrants and refugees may not have had the opportunity to acquire these skills, which leaves them highly vulnerable to our everchanging and unpredictable waterways.

This is particularly so when visiting our rivers, lakes and dams, which continue to claim the majority of drowning fatalities in our state.

I wish to congratulate Royal Life Saving on its continued commitment to our whole community, including our culturally and linguistically diverse and regional and remote communities.

The provision of expert and accessible services and educational programs ensures, as far as possible, that we are 'water safe', that lives are saved and that our most vulnerable are appropriately resourced and supported to achieve important water safety and lifesaving skills.

As we approach summer, Royal Life Saving is preparing for another busy and active season. I wish Royal Life Saving ongoing success for the upcoming year as it works to establish resilient and safe communities in, on and around our beaches and our waterways.

Her Excellency the Honourable Margaret Beazley AO QC
Governor of New South Wales



I wish to congratulate Royal Life Saving on its continued commitment to our whole community, including our culturally and linguistically diverse and regional and remote communities.

GOVERNANCE

The Royal Life Saving New South Wales Board of Directors is responsible for the transparent, accountable governance, policy making and the setting of strategic direction.

PATRON

Her Excellency the Honourable Margaret Beazley AO QC
Governor of New South Wales

BOARD OF DIRECTORS

Mr James Whiteside (President)

Mr Christopher Baldwin MPE JP

Mr James Borbone

Mr Selwyn Brown BA Edu

Ms Anita Collins BApp Sc (OT) AccOT

Ms Lynette Harrison BEc. LLB

Mr Mark McLennan Adv Dip DP (Syd) Dip DT (Syd)

Dr Holly Smith MDCM, FRACP

Ms Melissa Tooke BA, MIntS, GradCert RiskMgt, GradDipOHS, FGIA, AMIIA

Ms Rebecca Shaw BA (Marketing)

MESSAGE FROM THE ACTING MINISTER FOR SPORT

On behalf of the New South Wales Government I would like to commend the Royal Life Saving Society-Australia (New South Wales Branch) for its ongoing contribution and servicing of key water safety agenda. Each year too many Australians lose their lives or suffer injuries as a result of an immersion incident. The impact on families and communities is significant and highlights the importance of Royal Life Saving's efforts across New South Wales.

Over the past year Royal Life Saving and its key partners have played a key advocacy and engagement role, elevating the understanding of risks in and around our aquatic environments. This in turn brings about community resilience to ensure that future aquatic participation is undertaken appropriately.

Despite the significant impediments facing our communities in recent times I would like to congratulate the Society on continuing to prioritise its training and education initiatives especially targeting our ageing population, diverse communities and those in regional and remote locations. More than 150,000 people across New South Wales participated in one of Royal Life Saving's water safety, swimming or lifesaving programs. This network adds to the social fabric of our community and provides for broad opportunities to participate in active aquatic recreation pursuits.

The Society also greatly contributes to the economic growth and job opportunities of the aquatic industry via its vocational training commitments. In excess of 5,000 professional Pool Lifeguards have been accredited in the last 12 months and are actively employed in public and community pools across the state.

The NSW Government proudly continues to support the activities of Royal Life Saving and recognises their important role in developing aquatic solutions that address the health and prosperity of our communities. Royal Life Saving and the Office of Sport continue to enhance and develop their historical partnership with a joint commitment to building strong community cohesion which in turn contributes to our liveability particularly amongst our most vulnerable communities.

Lastly, I congratulate and acknowledge the work and dedication of Royal Life Saving volunteers, educators, facilitators and employees who continue to develop the water safety skills and knowledge of our communities.

The Hon. Dr Geoff Lee, MP
Acting Minister for Sport

I would like to congratulate the Society on continuing to prioritise its training and education initiatives especially targeting our ageing population, diverse communities and those in regional and remote locations.

PRESIDENT'S REPORT

Welcome to the Annual Report for the Royal Life Saving Society Australia (New South Wales Branch) for 2019-2020.

Royal Life Saving is a peak entity and leading water safety advocate, not for profit charitable organisation with a sole focus on preventing fatal and non-fatal drowning. Our waterways across New South Wales provide for a significant number of interactions that provide much needed social, mental and physical relief and opportunities. Each aquatic environment is uniquely different and requires all our communities to approach each one with respect and appropriate intent and attitudes.

This year commenced with great promise only to be heavily impacted by natural disasters, prolonged drought and the onset of COVID-19. These collective issues required Royal Life Saving to adapt its range of deliverable programs and services and adopt a revised operational structure across all our New South Wales Offices.

Our employees have responded with great resilience and commitment to our organisational objectives and took on a range of roles and responsibilities necessary to ensure communities across New South continued to receive our support.

We continued to provide a range of flexible training and assessment services which became increasingly important as traditional delivery modes were restricted due to the pandemic. Royal Life Saving will continue to investigate innovative means of providing our services in the future as more of our communities have unintentionally been exposed to the benefits and opportunities presented by online and flexible solutions.

I would like to thank all our Members and Facilitators who have continued to advocate our objectives and their association with Royal Life Saving. As we go forward there is much to do to ensure our communities have the skills and knowledge in which to enjoy all of our aquatic environments and associated pursuits.

Royal Life Saving has continued to lead water safety policy and sector developments to ensure appropriate actions and strategies to address fatal and non-fatal drowning in New South Wales. Our commitment to investing in research has been critical and assists to inform our decisions and practices. Resulting evidence has ensured a range of quality initiatives and services with a particular focus on our ageing and multicultural communities and our regional and remote precincts.

Our regional offices in Newcastle, Wollongong, Wagga Wagga, Coffs Harbour and Orange have continued to engage our vast communities and provide high quality outcomes. Despite the obvious barriers and impediments our teams have performed exceptionally and have continued to liaise with important networks and supporters. Many of these communities continue to suffer and have not received much needed water safety education and training. We will seek to re-engage with all to ensure a return to aquatic activity is done so with relevant proficiencies and behaviours in place.

I would like to acknowledge the support provided by our Parliamentary Friends, a collection of New South Wales MP's with a passion and commitment to aquatic participation across the state. Our Co-Chairs, Mr Roy Butler MP, Member for Barwon and Dr Marjorie O'Neill MP, Member for Coogee ensure sector priorities are considered and supported.

Our most recent investment at Denistone East is continuing with an anticipated completion date in late 2020. This future aquatic facility will provide much needed swimming, water safety and lifesaving programs to support the local community. I would like to thank The Hon. Victor Dominello MP, Member for Ryde and the New South Wales Government who have been strong advocates of this initiative. We greatly look forward to opening the pool with the local school and community partners.

One of our greatest achievements is the sheer number of people who participate in one of our training or education solutions. Again, this year we have been able to accredit and certify hundreds of thousands of individuals. Much of this success is due to the ongoing support of our people, our supporters and our advocates. Without such support many across the community would go without the proficiencies to engage with our aquatic environments or achieve the relevant status to be employed in the aquatic industry.

Our thanks go to the New South Wales State Government for their ongoing support and funding. Together we continue to collaborate on water safety priorities and seek to have all constituents actively participating in aquatic activity and utilising all available waterways safely. Of particular note I would like to thank the Acting Minister for Sport, the Hon. Dr Geoff Lee MP, and the Office of Sport. Our joint efforts ensure our state drowning toll continues to decline and opportunities to access programs and services increase.

I would also like to thank the NSW Office of Emergency Management (now Resilience NSW) who supported Royal Life Saving to implement a range of water safety community initiatives. This included the provision of Swim and Survive programs across regional and remote New South Wales to children who would otherwise miss out on achieving vital water safety skills.

A sincere thank you to our Patron, Her Excellency the Honourable Margaret Beazley AO QC, Governor of New South Wales for hosting our Commendation Ceremony. The Governor was kind enough to host and award a range of individuals from our Emergency Services and from the general community at Government House.

Finally, I wish to thank the Board of Directors and staff for your ongoing contribution to our great organisation. Our future is bright, and I look forward to continuing success and prosperity.

Jim Whiteside
President

CHIEF EXECUTIVE OFFICER'S REPORT

Last year we produced our Annual Report in a way that was more aligned to our Strategic Plan showcasing our performance against key priorities. We have continued that approach this year, confident that it provides a comprehensive and cohesive view of our strategy, governance, performance and prospects.

The last 12 months has been a time of unprecedented challenges and hardship for many across New South Wales. The impacts of drought followed by devastating bushfires and the health and economic effects of the COVID-19 pandemic have been extreme.

I am proud of Royal Life Saving's role in responding to these crises at a time when our customers and key networks have been in need. Our people have been instrumental in driving our solutions and their dedication throughout these times has been inspirational.

Working with our partners and government, Royal Life Saving has acted quickly to ensure our core programs and services have continued to be provided albeit in modified formats and modes.

During the early phases of the COVID-19 pandemic we quickly adjusted our learning methods and resorted to remote online assessment techniques where course candidates showcased their skills and knowledge through a camera. These techniques showcase a future where many who are unable to attend face to face offerings have a genuine opportunity to achieve desired outcomes without the need to travel and at times that are convenient.

As the world continues to respond to the COVID-19 pandemic, the full extent of the impact on Australia and its economy remains unclear and charitable organisations like Royal Life Saving continue to experience uncertainty and volatility. Our children in many cases have been denied the opportunity to participate in swimming and water safety programs that provide valuable life skills, health and wellbeing. Many families across New South Wales will be seeking the comfort of local aquatic environments due to travel restrictions and therefore need to ensure they possess the necessary proficiencies to enjoy such locations. We will ensure our summer strategies heighten community awareness to aquatic related risk and appropriate behaviours when in, on or around our waterways.

Amid this environment, I am pleased to report that Royal Life Saving retains a robust financial position from which to continue our organisational commitments and maintain the performance of the assets we already have and to invest in new growth and service opportunities. It is with much excitement that we await the opening of our newest asset at Denistone East in the later phases of 2020. This facility will provide opportunities for local communities to participate in a range of aquatic programs to assist in building local aquatic resilience.

Our intent remains focussed on our strategic priorities. Ultimately our goal is to be an innovative and modern leader in multiple essential sector services, with those services provided in a customer focussed manner. In the next 12 months we have a range of exciting and engaging solutions that will revitalise and engage our people, the aquatic industry and the communities across New South Wales.

We are truly fortunate to have a comprehensive network of trainers, facilitators and members across New South Wales who provide local programs and services. You are truly remarkable and clearly reflect the ethos of the Society. Your ongoing contributions in the future have never been more important and we look forward to building upon our relationships and exploring further opportunities.

During 2019-20, Royal Life Saving continued to receive strong support from the NSW Government for many of our drowning prevention objectives. This support came in the form of core funding via the Office of Sport and Water Safety Community funds through the Office of Emergency Management. These contributions have directly supported a range of campaigns to address water safety around pools, rivers, lakes and dams. Unfortunately, over the last year 89 individuals drowned in New South Wales waterways. It is vitally important that we continue to work collaboratively to maximise and prioritise future drowning prevention solutions.

Into the future Royal Life Saving will continue to protect and transform our business, while at the same time providing our people, customers and the community with the support and certainty they need to navigate our rapidly changing environment. Additionally, we will focus on ensuring our organisational partners are appropriately resourced, our assets continue to operate effectively and at the same time prioritising the safety and health of our communities in which we operate.

Finally, I wish to thank the Board and in particular our President Jim Whiteside for his continued passion and commitment to the ideals of Royal Life Saving.

Michael Ilinsky
Chief Executive Officer

OUR HISTORY

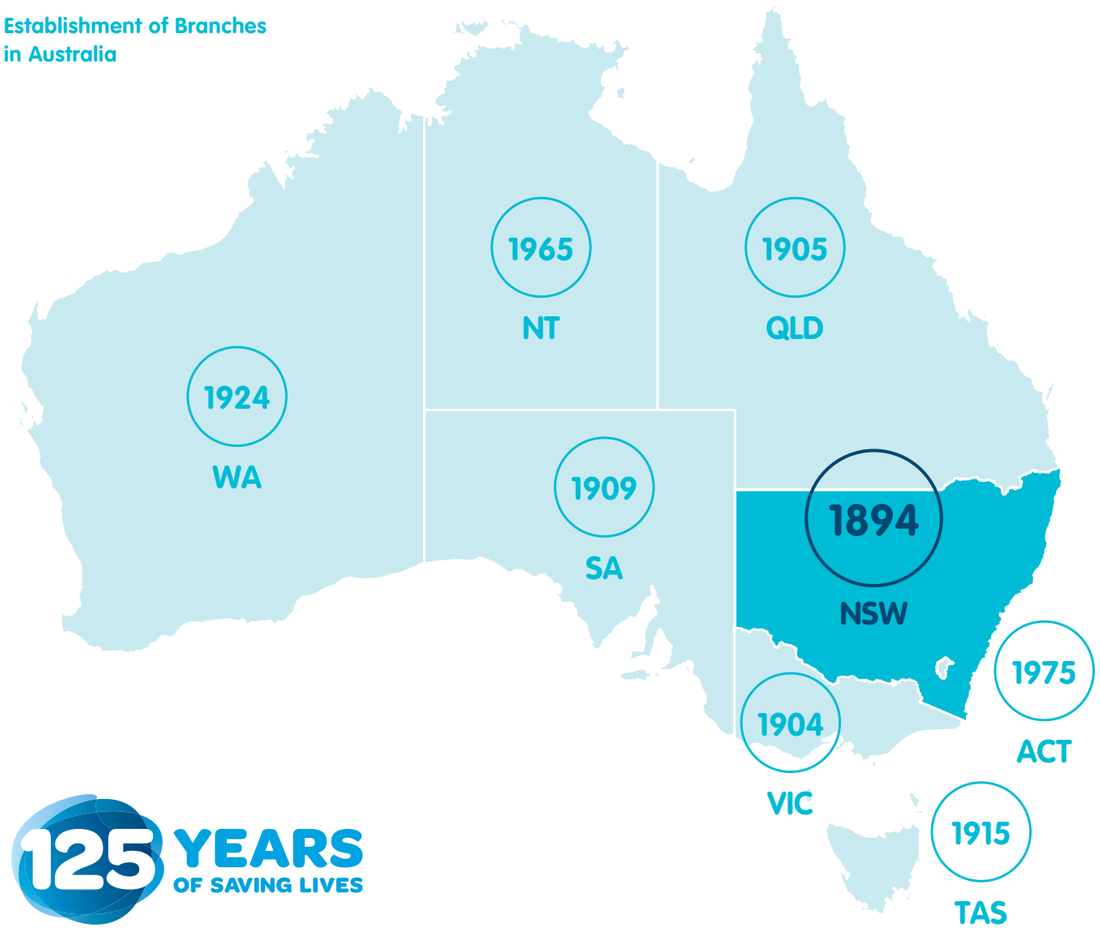
Royal Life Saving NSW operates as a leading water safety advocate, not for profit charitable organisation, public benevolent institution and volunteer community organisation. Royal Life Saving prides itself on leading strategies to reduce fatal and non-fatal drowning and building strong, effective partnerships and alliances that expand our influence. We achieve many of our goals by ensuring quality, targeted, evidence based and impactful training services, education programs, consultancy and development services.

The Royal Life Saving Society (RLSS) was founded in England in 1891 to combat a high drowning toll. The techniques advocated by the Society were soon adopted by many countries and today the RLSS represents the largest single organisation dedicated to the teaching of lifesaving and the prevention of drowning.

The first Australian Branch was formed in New South Wales in 1894 and the movement soon spread to all States. In December 1924, a dual system of lifesaving was established with Surf Life Saving Australia being responsible for ocean beaches and the Royal Life Saving Society - Australia responsible for all other waterways and stillwater environments.

Over one million Australian's undertake a Royal Life Saving course or program every year. Over 5 million Australians have achieved their Bronze Medallion since its inception, and over 15 million have learnt their essential water safety skills through Swim and Survive.

Establishment of Branches in Australia



125 YEARS OF SAVING LIVES

Life-Saving Pioneer

Welcome To Mr. William Henry. Royal Society's Founder

Friday 21, October 1910 Sydney Morning Herald

Mr William Henry the founder of the Royal Life-saving Society and present chief secretary who is on a tour of Australasia in the Interests of that body arrived in Sydney yesterday. He was extended a formal welcome by the local branch of the society the New South Wales Amateur Swimming Association and the Surf bathing Association at the Sports Club at noon. Sir Francis B Suttor, president of the Sydney branch of the Royal Life-saving Society occupied the chair, and there was a large attendance of members of the various bodies.

The chairman, In proposing the health of the guest said he would be made welcome not only by the members of the associations represented there that day, but by all who knew of the great work accomplished by the Royal Life-saving Society-which was practically everyone. Added to that he would get the double welcome of thousands of sportsmen who realised what eminently good service Mr. Henry had rendered sport. Australian swimmers were under a particularly heavy debt of gratitude to him by reason of the great kindness and hospitality he had extended to the representatives they had from time to time sent to England. (Cheers)

Below: William Henry



The toast was supported by Colonel Roth, Mr Jas Taylor chairman of the New South Wales Amateur Swimming Association, Mr J Lord chairman of the New South Wales Surf bathing Association and Messrs Cecil Healy and 'Snowy' Baker.

Mr Henry, in responding, referred to the freemasonry of sport, and said that it he had done anything for their swimmers in London that pleased them he was only too delighted to know it. It was gratifying to look upon the progress the Royal Life-saving Society had made. From small beginnings in 1891 a huge body had grown up, with branches in every country where English was spoken, and in many others as well.

Just before he left London he had been notified that a branch had been formed among the Parsees in India. It was a notable thing that a man wearing the badge of the society was now made genuinely welcome –wherever he went on the Continent. Reverting to the sportsmen Australia had sent to England, he said this country had ever been willing to send its best, and the men who had gone home had invariably been such as tended by their personality as well as their prowess to uplift the particular branch of sport they were connected with (Cheers).

Below: Demonstrations of the 'Release of Grip' by the Royal Life Saving Society c.1910 – Hawkesbury Agricultural College.



An Interview

In an Interview with a "Herald" reporter Mr. Henry explained that he was a Londoner and was now 51 years of age. The Royal Life-saving Society was formed at his instigation in 1891 and after a hard year's work they were able to point to the fact that 86 candidates had passed the prescribed examinations in life saving. That number had steadily grown till last year the reports showed that no less than 10,495 candidates had passed. A very large numbers of those who had gained certificates had been successful in saving life in the water, and he remarked that not a single life had been lost in effecting rescues where the rescuer had the simple knowledge imparted by the society's tuition.

Mr Henry confesses to having won 600 prizes in the water, and at various times has held a number of swimming and diving championships. He has held both the salt water and long-distance championships of England, and he won the Olympic life-saving trophy at the Olympic games carnival in Paris in 1900. He was one of the pioneers of water polo and captained the first English team to defeat Scotland.

The last 20 years of Mr Henry' s life have been devoted to life-saving and the teaching of swimming to the young. He has furthered the sport of swimming in Canada, Sweden, Finland, Germany, Austria, France and Italy. He is a member of the British Olympic Council and was director of the stadium at the great Olympic Games and Sports at Shepherd's Bush, London in 1903.

Mr Henry, who earlier in the year carried out an extensive tour of Canada in the interests of the Royal Life-saving Society, expects his present Australasian tour to last about three months, during which he will visit New Zealand. At the various centres he will deliver lectures, give demonstrations where necessary, and conduct examinations in connection with the courses set by the society.

The Local Lifesaving Club Without a Wave In Sight

AUGUST 28, 2015 – Manly Daily

Think of lifesaving clubs and images of lifesavers patrolling our surf beaches come to mind, which is not surprising, given there are 21 surf clubs on the peninsula.

Think of lifesaving clubs on the northern beaches and immediately images of lifesavers clad in red and yellow patrolling our surf beaches come to mind.
Which is not surprising, given that there are 21 surf clubs on the northern beaches, including four along just one strip of sand – Collaroy, South Narrabeen, Narrabeen and North Narrabeen – although admittedly it's a very long strip of sand.

But there have also been lifesaving clubs comprising members who guarded so-called enclosed waterways, such as Port Jackson and Botany Bay. And the difference between the clubs along the ocean beaches and those along the enclosed waters was more than just the placidity of the water over which the clubs' members stood guard. But, just like surf clubs, the clubs at enclosed waters also tested their members to achieve bronze medallions.

Whereas surf clubs were affiliated with branch, state and national surf lifesaving bodies, the clubs at enclosed waters were affiliated with the Royal Life Saving Society of Australia. And one of those clubs was at Manly and its members stood guard over a single swimming pool, albeit the largest swimming pool in the southern hemisphere at the time it was built.

The pool was Manly's famous harbour pool, which was built by the Port Jackson and Manly Steam Ship Company in 1931 to attract tourists to Manly and thereby increase patronage of the company's ferries.

The huge shark proof enclosure, with its amenities and its proximity to the wharf and to The Corso, proved hugely successful and attracted massive crowds.
But who would stand guard over such a horde?
Enter the Harbour Pool Life Saving Club, which appears to have been formed in 1935 and the catalyst for its formation may have been the holding of the Royal Life Saving Society's annual championship at the Manly harbour pool on December 8, 1934.





Other clubs of the same kind had already been established at Brighton, South Brighton, Ramsgate, Malabar (previously called the Long Bay LSC) and Balmoral, and there was even a club called Randwick Workshops Life Saving Club, which appears to have been formed in the mid-1920s by employees of the Randwick tramway workshops as a swimming and lifesaving club.
In March 1936, the Royal Life Saving Society again held its annual championship carnival at the Manly harbour pool and this time there was a Manly team involved.
The carnival included almost every event one would see at a surf carnival, with the exception of a surfboat race.

The Manly Harbour Pool LSC's members performed admirably on the day and placed third behind South Brighton and Brighton in the Bond Hosiery Shield, which was awarded to the club obtaining the most points for all-round proficiency in annual competitions.

In 1936, the Harbour Pool LSC's honorary secretary applied to Manly Council to have three of its members appointed beach inspectors at the harbour pool for the 1937-37 season, to which the council agreed, and by 1937 the club had at least 40 members and was meeting in quarters provided by the Port Jackson and Manly Steam Ship Company in the bathers' pavilion at the western end of the pool.

But like the surf clubs, the outbreak of World War II appears to have stripped the Harbour Pool LSC of members who enlisted, to the point where the club appears to have folded.

Although the Manly club had yet to reform after the war, in March 1950, the Royal Life Saving Society held its annual championship carnival at the Manly harbour pool and among those competing were clubs from Nielsen Park, Balmoral, Brighton-Le-Sands, Ramsgate and Malabar.

It appears the Manly Harbour Pool LSC reformed in late 1960 or early 1961, because in March 1961 held its first annual carnival after the war and again the Bond Hosiery Shield was the prize for which all clubs competed.



The Harbour Pool LSC premises in the 1930s. Courtesy Manly Library



Damage to the harbour pool caused by the Sygna Storm in 1974

The carnival, which was held on March 19, attracted clubs from as far afield as Lake Macquarie and Woronora Dam, as well as Sydney clubs Brighton, Ramsgate, East Hills, Enfield, Carss Parks and Malabar.

The Manly club's 1962 carnival was held on March 25, while its 1963 carnival was held on April 7 and on March 22, 1964, the club hosted the Royal Life Saving Society's annual carnival, which attracted teams from as far afield as Queanbeyan.

But it wasn't all carnivals and competition – the club's members regularly did was the club was formed to do – save lives – such as when two young girls were saved from drowning in January 1963 and a skin diver was saved from the same fate in November the same year, and patrols were rostered in the same way they are in surf clubs – at weekends and on public holidays during the swimming season.

It's uncertain when the Harbour Pool Life Saving Club folded but by May 1974 there was no hope of it ever reforming after the giant pool over which its members had stood guard was demolished during the Sygna Storm on the night of May 24/25.

https://www.dailytelegraph.com.au/newslocal/northern-beaches/the-local-lifesaving-club-without-a-wave-in-sight/news-story/3cd823378f3aac72e2fb964de27dcf3b

Royal Life Saving – Today

NOVEMBER 15, 2019

Royal Life Saving Society – Australia was formed in New South Wales 1894 to reduce fatal and non-fatal drowning across Australia. This community lifesaver movement subsequently spread to incorporate other States to form the organisation as it is today.

In total, almost 700 people drowned across Australian colonies in 1894 compared with 276 in the past year, which represents an estimated 95% decrease in the fatal drowning rate (i.e., per 100,000 population). The issues related to drowning were very different 125 years ago – drowning deaths back than often related to daily life, such as children falling into open water sources near home or people attempting to cross a river on horseback. Today, drowning deaths occur more during leisure activities or in recreational locations such as swimming pools. And we know so much more about the key measures that can prevent drowning, such as adult supervision of children and the importance of erecting barriers to water to prevent children's access.

Many factors have contributed to this reduction in drowning deaths, including swimming and water safety education, improved public infrastructure, and safety legislation and regulations.

Royal Life Saving's vision remains the same – that drowning is preventable and that we continue to work towards a nation free from drowning.

We were honoured to have our National Patron, His Excellency General the Honourable David Hurley AC DSC (Retd) Governor-General of the Commonwealth of Australia, host our 125th anniversary reception at Admiralty House in Sydney on 15th November 2019 to celebrate the work of dedicated colleagues past and present.

Below: RLSSA Patron, His Excellency General the Honourable David Hurley AC DSC (Retd) Governor-General of the Commonwealth of Australia and Her Excellency Mrs Linda Hurley with Royal Life Saving representatives.



Royal Life Saving is focused on reducing fatal and non-fatal drowning and promoting healthy, active and skilled communities through innovative, reliable, evidence-based advocacy; strong and effective partnerships; quality programs, products and services; underpinned by a cohesive and sustainable organisation.

Towards 2030

Our Priorities



Resourceful & Vibrant Organisation

A strong, well-resourced and vibrant organisation with a focus on community safety and wellbeing.

Lead strategies to facilitate healthy, active and skilled communities through innovative, reliable and quality solutions together with Government, the Community, the Aquatic Industry and Corporate Sector support.

OUR TARGETS

- Continued and increased strategic relationships and support to meet community needs and water safety priorities.
- Expansive array of programs and services to support all communities across Australia.
- Increased organisational influence and presence amongst priority audience.



Growth Through Leadership & Partnerships

Collaborative leadership and undisputable reputation across the community and with key stakeholders.

Grow strong and effective partnerships, collaborations and alliances that support strategic objectives, expand our influence and increase aquatic participation skills and knowledge and reduce fatal and non-fatal drowning.

OUR TARGETS

- Continued recognisable status as peak authority.
- Increased co-branding and recognition with key stakeholders.
- Increased evidence portfolio to support priorities.



Innovative Solutions

Improving our standards and providing innovative solutions that in turn provide for enjoyable aquatic experiences.

Ensuring quality, targeted, evidence based and impactful strategies, programs, products and services that resource our communities with skills, knowledge and capacity.

OUR TARGETS

- Over 1 million individuals partaking in a Royal Life Saving training or education program.
- Increased community development programs servicing the community.
- Increased participation in our sporting active recreation agenda.
- Increased utilisation and expansion of our risk management expertise.
- Increased use of products to support programs and services.



People-Stability & Sustainable

Continued stability and growth of our people.

Building and supporting a cohesive, sustainable and secure organisation that ensures long-term scope and cohesion.

OUR TARGETS

- Increased community activations.
- Continued organisational stability through risk analysis and management.
- Ongoing compliance with legislative requirements and organisational excellence re environmental, financial and workforce practice.
- Maintain sustainable assets to service communities.
- Maintain a skilled workforce.

The 2020-2023 Strategic Plan builds upon our successes and delivers solutions, structures and systems that provide for increased utilisation of Royal Life Saving programs and services. Our Plan provides for opportunities for Royal Life Saving to simplify the way we work through innovation and technological enhancement, increase our workforce capability through newly developed initiatives and unlocking value via community partnerships.

Lead, Inspire & Support

PRIORITY A
Resourceful & Vibrant Organisation

WHAT WE PLAN TO DO

- A1 Maintain and expand strategic relationships.
- A2 Implement initiatives aligned to core agenda and community supported priorities.
- A3 Increase visibility of brand, core message and protection of integrity.

PRIORITY B
Growth Through Leadership & Partnerships

WHAT WE PLAN TO DO

- B1 Maintain and expand sector leadership and peak authority status.
- B2 Maintain and increase strategies to inform and engage stakeholders.
- B3 Increase commitments to research and innovative developments.

A NATION FREE FROM DROWNING

PRIORITY C
Innovative Solutions

WHAT WE PLAN TO DO

- C1 Maintain and expand education and training solutions.
- C2 Implement sport and active recreation programs.
- C3 Maintain and expand our health and community education developments.
- C4 Maintain and grow our product solutions.
- C5 Maintain and expand aquatic industry services.

PRIORITY D
People - Stability & Sustainable

WHAT WE PLAN TO DO

- D1 Advocate water safety priorities across all communities.
- D2 Deliver and maintain asset managment and growth.
- D3 Manage organisational risk and sustainability.
- D4 Manage workfroce acquistion, skills and retention.
- D5 Meet legislative and organisational compliance requirements

PRIORITY A

Resourceful & Vibrant Organisation

CHALLENGES

Over the last 10 years the Australian drowning toll has decreased. It is vitally important that we seek to continue to address this toll as it remains unacceptable.

The community perception may be one of complacency and reduced acknowledgment of the risks and potential dangers our aquatic environments possess due to these reductions. Royal Life Saving must continue to advocate its principle prevention messages but also balance with a desire to have all Australians enjoying our aquatic environments.

WHAT WE PLAN TO DO

A1 Maintain and expand strategic relationships.

A2 Implement initiatives aligned to core agenda and community supported priorities.

A3 Increase visibility of brand, core message and protection of integrity.

Our solutions seek to build community resilience, improve liveability and healthier, more active people.

A1. STRATEGIC RELATIONSHIPS

We collaborate and work alongside government and strategic entities to bring about effective and influential change, policy development, guideline creation and service provision. We assist and lead in the identification of priority water safety agendas and establish strategies based on evidence and expert opinion.

COVID-19

"The coronavirus COVID-19 pandemic is the defining global health crisis of our time and the greatest challenge we have faced since World War Two. Since its emergence, the virus has spread to every continent except Antarctica.

But the pandemic is much more than a health crisis, it's also an unprecedent socio-economic crisis. Stressing every one of the countries it touches, it has the potential to create devastating social, economic and political effects that will leave deep and longstanding scars. Every day, people are losing jobs and income, with no way of knowing when normality will return. Small island nations, heavily dependent on tourism, have empty hotels and deserted beaches. The International Labour Organization estimates that 195 million jobs could be lost." UNITED NATIONS DEVELOPMENT PROGRAM

Royal Life Saving throughout the pandemic has sought to engage both Government and industry to ensure the impact on the sector has been noted. The economic impacts of COVID-19 on aquatic centres and swim schools continue to be significant at the time of writing this report. Royal Life Saving estimates that more than 1,077 aquatic facilities, the majority of which are owned by local councils, and more than 1,176 swim schools, including many small businesses were closed during the compulsory shut-down period.

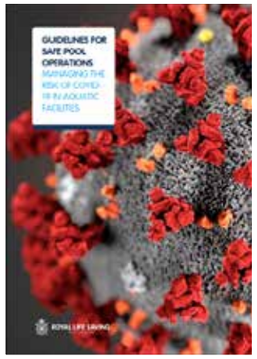
It should be noted that during this period:

- Royal Life Saving estimates that approximately 67,000 frontline workers have been affected, almost half are casual employees, three-quarters are female and 40% are between the ages of 18 to 24 years.
- Royal Life Saving estimates that the financial impacts of a six-month closure are approximately $900m in lost revenue, and $430m in lost wages across Australia.

The health and social impacts of closing aquatic centres and swim schools are significant.

- Royal Life Saving estimates that more than 1.5 million children aged 0 to 14 years participate in organised swimming (lessons, coaching) outside of school programs every year, and there are more than 106 million individual swimming pool visits annually.
- The reported benefits of swimming are extensive and include increased cardiovascular fitness, muscle strength and endurance, as well as reduced stress and anxiety.

Balancing public health measures and economic considerations with our love of swimming and strong desire for a roadmap back to aquatics continues to be challenging. A number of support documents were developed in consultation with the aquatic sector to assist in ensuring appropriate guidelines were available for implementation.





Royal Life Saving is hard at work, with the NSW Government and the aquatic industry, together with the communities of NSW on a range of immediate priorities: supporting the safe return to swimming pools for aquatic users through the provision of guidelines and resources, seeking to support sector employees through flexible training and development solutions and developing a new range of programs and services to assist with future engagement and social prosperity.

A2. COMMUNITY SUPPORTED PRIORITIES

We address key water priorities through targeted awareness, education, training or tailored solution. We engage communities to ensure relevance and suitability to ensure long-term benefit and outcome.

CASE STUDY

MAKE THE RIGHT CALL – KEEP YOUR MATES SAFE SUMMER CAMPAIGN

Royal Life Saving's Make the Right Call campaign encourages all Australians – especially males – to stay safe when enjoying the country's beautiful inland waterways.

Our research has shown that drowning continues to affect more men than women – in fact, men are four times more likely to drown than women, a statistic that has not changed for many years. In addition, we've found that, over the past 10 years, inland waterways have claimed more lives than any other location, accounting for 40% of all drowning deaths in Australia. Unsurprisingly, many of these deaths occur in the summer months – 41% of deaths in the past 10 years have occurred in summer.

Add to this the effects of alcohol and you've got a tragedy waiting to happen.

This campaign tackled these issues head on by targeting men aged 25 to 45 years to raise awareness of the issues and educate them about the risks and consequences of their actions when recreating in, on and around water. It advocates a common sense approach by asking them to 'Make the Right Call' and look after themselves and their mates to keep them safe by implementing a series of simple safety measures:

Media Summary

696 TOTAL MEDIA CLIPS

2,820,590 AUDIENCE

$894,746 MEDIA VALUE

4,452 WEBSITE PAGE VIEWS

Campaign Resources







A3. VISIBILITY OF BRAND AND CORE MESSAGE

We plan and coordinate strategies that bring about sector awareness and organisational intent. Our reputation and status are highly valued and brings trust to messaging and advise.

We partner with key stakeholders to maximise exposure and acceptance. Over the last 12 months Royal Life Saving developed and implemented a range of solutions, policies, guidelines and initiatives in which to support its key objectives.



COVID-19



Stay Safe Summer



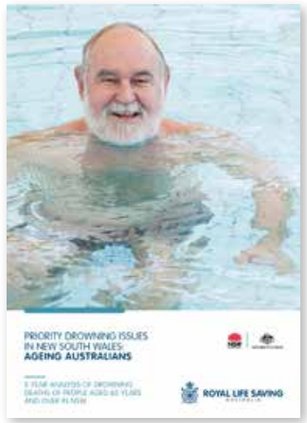
Cultural Competence



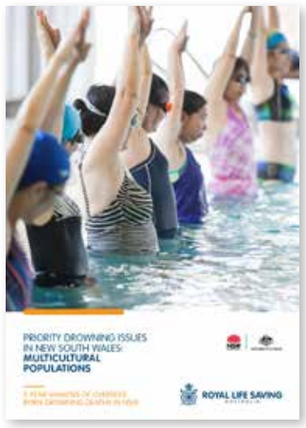
Summer Drowning Report



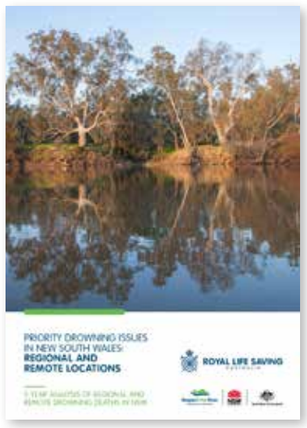
Child Protection Policy



Research Ageing



Research Multicultural



Research Regional



Dust Off The Swimmers



Multicultural Evaluation



Make The Right Call



National Framework



Swim Ready



Workforce Part 1



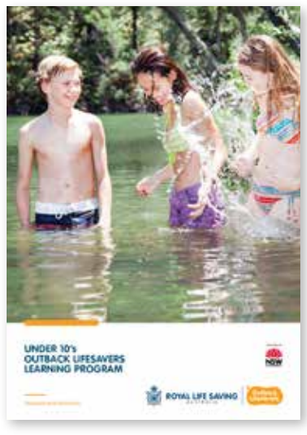
Workforce Part 2



Risk Services



SnS Vacation Evaluation



Outback Lifesaver

PRIORITY B

Growth Through Leadership & Partnerships

CHALLENGES

Much of our success is attributable to the relationships and partnerships we have established and developed. These opportunities ensure our influence and brand is well positioned and understood. As the community and industry sector change it is important that Royal Life Saving also remains relevant and purposeful to ensure continued partnership benefit.

WHAT WE PLAN TO DO

B1 Maintain and expand sector leadership and peak authority status.

B2 Maintain and increase strategies to inform and engage stakeholders.

B3 Increase commitments to research and innovative developments.

We collaborate and work alongside government and strategic entities to bring about effective and influential change, policy development, guideline creation and service provision. We assist and lead in the identification of priority water safety agendas and establish strategies based on evidence and expert opinion.



B1. SECTOR LEADERSHIP

We work closely with sector stakeholders and collaborate with other peak organisations to cultivate and leverage partnerships within the sector and lead initiatives to enhance alignment and cohesion. We provide insights and capacity building strategies and foster cross-section collaboration and partnerships to improve sector sustainability and performance.

› CASE STUDY

SWIM AND SURVIVE VACATION PROGRAM

Across the summer of 2019-2020, Royal Life Saving in partnership with the Office of Sport delivered the Swim and Survive program to children in regional and remote NSW. These children would normally have limited access to a balanced water safety program.

PROGRAM OBJECTIVES	PROGRAM OUTCOMES
OPERATIONS Transition operational coordination from Office of Sport to Royal Life Saving NSW.	Successful transition to Royal Life Saving with strong community support.
PARTICIPATION GROWTH Maintain (and / or grow) participation levels across NSW.	Increased participation across NSW in zones burdened by fire and drought.
INNOVATION Implement an online enrolment system to minimise administration burden.	Online system implemented to bring about efficiencies and 24-hour access.
FUN Provide enjoyable, healthy and active aquatic programs for regional and remote children.	A smile on everyone's face!
SUPPORT Develop opportunities to support underprivileged or at-risk children with key partners.	150+ children fully subsidised in drought-stricken locations.
SUSTAINABILITY Ensure long-term viability of program across NSW by ensuring appropriate equipment is available to support the program.	Long term partnerships established and strong future capacity.

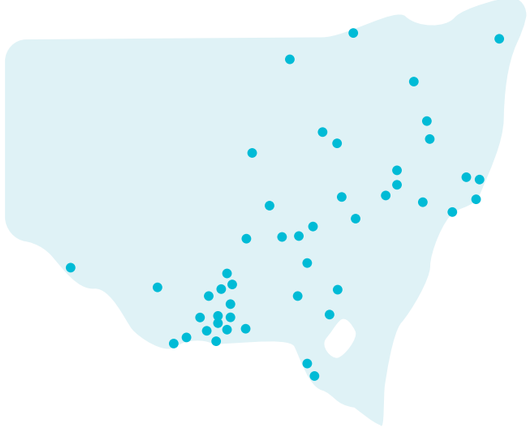
We worked closely with sector stakeholders and collaborated with other organisations to cultivate and leverage partnerships within the sector and lead initiatives to enhance alignment and cohesion. We provided insights and capacity building strategies and fostered cross-section collaboration and partnerships to improve sector sustainability and performance.

Our Partner Facilities

Balranald Public Pool
Baradine Memorial Swimming Pool
Barellan Swimming Pool
Berridale Pool
Berrigan War Memorial Pool
Boomi Pool
Coleambally Pool
Coolamon Pool
Coonabaraban Pool
Cowra Pool
Crookwell Pool
Eugowra Pool
Finley Pool
Forbes Pool
Gulgong Pool
Gundagai Pool
Gunning Pool
Harden Pool
Hay Pool/ John Huston Memorial
Howlong Pool
Inverell Pool
Jerilderie Pool
Jindabyne Pool
Jindera Pool
Kandos Pool
Leeton Pool
Lightening Ridge
Lockhart Pool
Merriwa Pool
Mowlong Pool
Murrunrundi Pool
Nimbin Pool
Nyngan Pool
Oaklands Pool
Scone Pool
Tea Gardens Pool
The Rock Pool
Tocal Pool
Tocumwal Pool
Trundle Pool
Tullibigeal Pool
Uralla Pool
Urana Pool
Walcha Pool

Smith Family Facility Partners - YMCA

Great Lakes Aquatic Centre
Wingham Memorial Swim Centre
Manning Aquatic Centre



Future Strategies (Considerations)

- Target diverse communities in regional and remote areas.
- Increase the number of facilities and communities involved in the program.
- Increase the number of teachers and student positions to increase participation levels.
- Implement an online assessment tool to remove paperwork and save administrative time for swim teachers.
- Development of more teaching resources for swimming teachers to provide continued support.
- Potential addition of a lifesaving week (optional week 3) where bronze levels can be introduced (bronze star/ medallion) and assessed.
- A genuine need for teachers and training has become apparent in some of the communities involved in the program. Royal Life Saving will continue to provide support through training resources and opportunities to assist with this need.





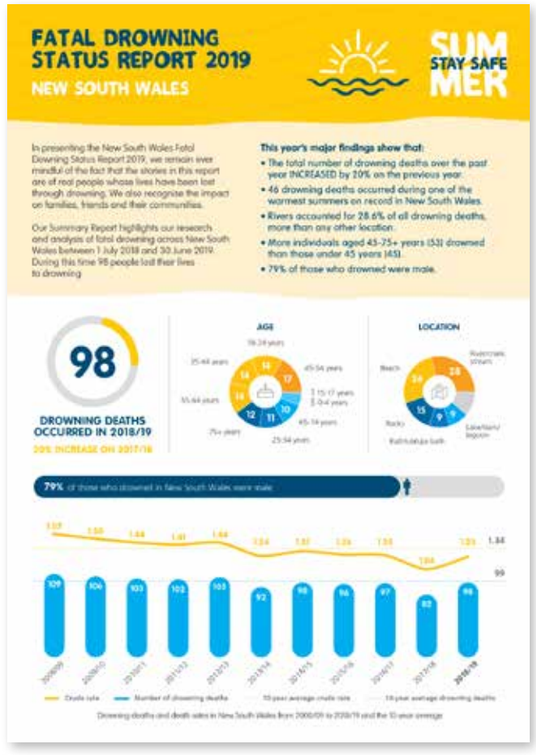
B2. INCREASE STRATEGIES WITH STAKEHOLDERS

We undertake diverse and innovative strategies to bring relevance and understanding across our communities. We seek to provide solutions that engage our stakeholders and supply them with genuine, trusted strategies to encourage aquatic participation in an appropriate and acceptable manner.

PARLIAMENTARY FRIENDS – STAY SAFE SUMMER

The Parliamentary Friends of Aquatic Recreation is a non-partisan group focused on fun and safety around water in partnership with Royal Life Saving. In late 2019, the Stay Safe Summer initiative was launched at NSW Parliament House with MP's from across NSW. The event was hosted by Co-Chairs Mr Roy Butler MP and Dr Marjorie O'Neill MP with Royal Life Saving Ambassador James Magnusson. The event provided a unique opportunity to share important fatal drowning statistics with Ministers and MP's and to provide resources to enable them to circulate key water safety messages to their constituents prior to summer.











B3. RESEARCH COMMITMENTS

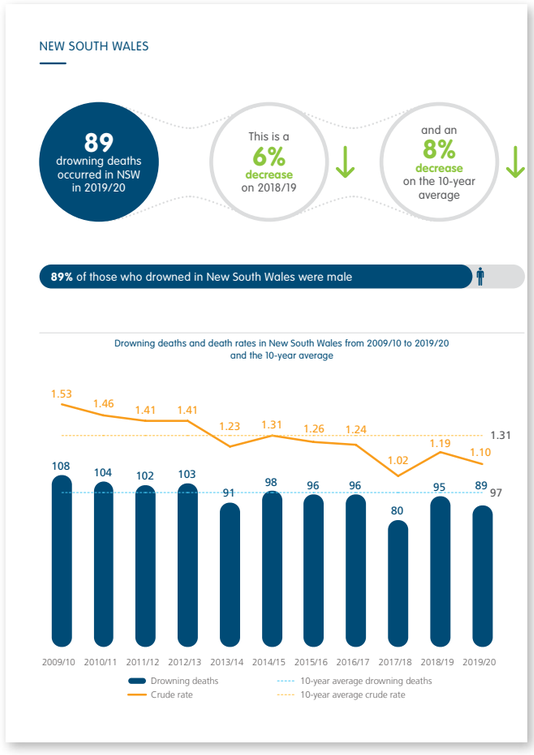
We invest in research that provides guidance and direction to prioritise agendas, appropriate solutions and community benefit.

NSW DROWNING REPORT

Establishing an evidence platform is important to assist with ensuring that messages and prevention strategies are appropriate and relevant. During 2019-2020, a series of ongoing investigations were undertaken to enhance our understanding of key fatal and nonfatal drowning with a particular focus on the associated epidemiology and risk factors. This included a Summer Drowning Report which highlighted an unacceptable number of fatal drownings across the period despite significant community events i.e. fire and drought, which heavily impacted aquatic patronage at pools and use of inland waterways for recreational purpose.



Summer Report



NSW Drowning Report 2019-2020

Research projects educate the response of our decision and policy makers on key fatal and non-fatal drowning episodes.

PRIORITY C

Innovative Solutions

CHALLENGES

Alternative sport and active recreation solutions and professionally driven entities have increased options for our traditional consumers requiring the Royal Life Saving to adjust and modify its offerings. The historical nature and quality of our programs needs further promotion to ensure relevance and community positioning. Royal Life Saving is a peak body that provides well considered options that are linked to strong evidence. This position requires ongoing consideration and protection.

WHAT WE PLAN TO DO

C1 Maintain and expand education and training solutions.

C2 Implement sport and active recreation programs.

C3 Maintain and expand our health and community education developments.

C4 Maintain and grow our product solutions.

C5 Maintain and expand aquatic industry services.

Royal Life Saving understands the importance of bringing appropriate innovative solutions to its customers to ensure their needs are met and satisfied.



C1. EDUCATION AND TRAINING SOLUTIONS

We are a leading institution in the provision of education and training solutions across many sectors. Our focus remains on providing and developing solutions to address water safety priorities, sector resilience and community preparedness. We provide innovative solutions to meet the diverse needs of our communities. We utilise flexible, modern solutions to ensure relevance and suitability. We ensure access and equity and ensure high levels of stakeholder satisfaction.

› NEW INITIATIVE

LAUNCH OF THE CULTURAL COMPETENCE PROGRAM

Over 1,000 Industry personnel achieved cultural competence over the last 12 months.

Each year a significant number of people from our diverse communities fatally drown. This is unacceptable in a modern and developed nation. Tragically, 79% of drownings from our diverse communities were identified as poor or non-swimmers. To bring about effective change we need to engage our communities with viable and effective solutions. To prevent drownings, we require an aquatic resilient community, one in which possesses the relevant skills and knowledge to participate in aquatic recreation in a safe manner. Learning to swim and survive is a fundamental right for all who reside in our country.

Royal Life Saving together with the NSW Government developed a new campaign to address the unacceptable number of drowning fatalities amongst our diverse communities. Our first step was to ensure our aquatic sector employees have an understanding of the needs and issues of our diverse communities. Often many of our refugees and migrants have had limited or no contact with a public swimming pool or have been involved in any formal swimming or survival program. For many, the journey to a pool may be daunting or unknown! Preparedness of the sector is critically important to enable a positive experience at the pool…. one which results in fun and a friendly experience.

The Cultural Competence Program (CCP) provides a range of online multi-media training courses and resources designed to help organisations maximise the benefits of cultural competence, diversity and inclusion.

Topics covered include:

- Diversity Works – the business case for investing in diversity
- Cultural Differences and Similarities
- Practical Cultural Competence
- Unconscious Bias
- Cross-Cultural Communication
- Cultural Adaptation
- Australia by the Numbers.

The CCP was developed by SBS, Multicultural NSW, and International Education Services, leading organisations in addressing the needs of multicultural Australia.

The Cultural Competence Program contains over 75 short films, animations and interactive activities, including real people telling real stories and options for further reading.

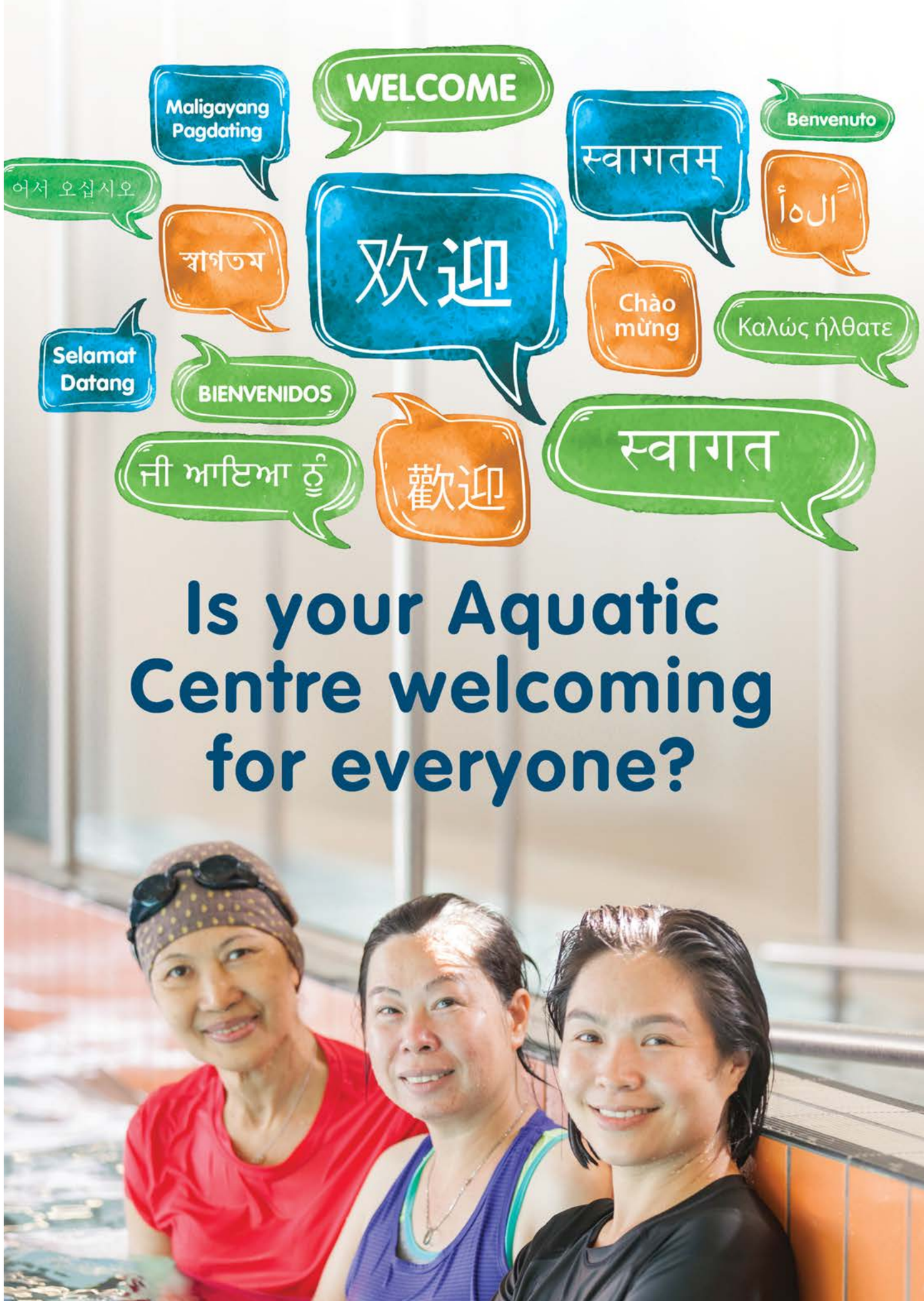
Royal Life Saving seeks to educate 10,000 sector employees to lead the strategy at the local level, that is local people working with local communities. The program is provided free for all industry personnel.

Benefits for Aquatic Sector Employees

Individuals doing the program gain practical skills and culturally specific knowledge for use in the workplace and everyday life. By improving verbal and non-verbal communication, aquatic sector employees are better able to address diverse workforces and customers leading to more positive community encounters.

Sydney Olympic Park Aquatic Centre was the first pool nationally to complete the training. Sydney Olympic Park Authority CEO, Sam Romaniuk, said they jumped at the opportunity to conduct the training among all staff to ensure the Centre could provide a safe, inclusive environment for everyone to enjoy.

The Sydney Olympic Park Aquatic Centre attracts over one million visitors each year to learn to swim, train, and spectate or to splash about and have fun," said Mr Romaniuk. "We are proud of the cultural diversity of our staff, members and visitors. All staff, be it our lifeguards, front desk workers or management team, have completed the Cultural Competence Program so we are best equipped to respect one another and provide a welcoming and inclusive environment.



C2. VOCATIONAL TRAINING REPORT CARD

Royal Life Saving is a leading authority and provider of vocationally aligned education and training programs to service the community, education sector and the aquatic industry. As a Registered Training Organisation, Royal Life Saving prides itself on high quality, sector specific training and assessment via traditional and flexible learning options.

HIGHLIGHTS 2019-2020

53,731
Vocational training outcomes

78%
Female

1,428
Aboriginal or Torres Strait Islander

11%
Spoke another language other than english at home

Establishing a broad network of community lifesavers across all of New South Wales.



C3. SPORT AND ACTIVE RECREATION

We provide a boutique sporting option that leverages off our swimming and water safety experiences. Our relationships with the aquatic, education and sporting sectors provide a unique opportunity to expand and rejuvenate our sporting endeavours. Our strategies will lead to increased opportunities for participation and promote inclusion.

NSW CONTINUE TO DOMINATE NATIONAL CHAMPIONSHIPS

The New South Wales State Team took the Overall Interstate Championship at this year's Australian Pool Lifesaving Championships for the fourth year in a row with 1195 points, edging ahead of the Western Australia State Team in second place (1166 points) and Victoria State Team closely behind in third (1159 points).

The Championships, held from 10th to 12th January 2020, returned to Perth this year for the first time since 2007. The NSW State Team, once again, proved to be most consistent across all disciplines and divisions taking home an impressive 17 Championship awards and 43 medals.

I would like to congratulate the NSW team on a fantastic result and their extremely well behaviour throughout the championships. As the state team manager, I can only highlight once again the high level of professionalism and behaviour from all the NSW athletes which makes this team so easily to manage. I will like to thank and congratulate Holly and Katelyn who competed up from their original age groups to help the team in the individual events with some exceptional results achieved.

Max Gonzalez – NSW Team Manager.

Under 16	Under 19	Open Females	Open Mens	NSW Interstate Team
Kimberly Doyle	Katelyn Doyle	Emily Doyle	Ethan Garland (c)	Blake McCrindle - Coach
Kirra Dale	Kaylah Holmes (c)	Charlie Brown	James Koch	Max Gonzalez - Manager
Preston Andrews	Blake Hessel	Holly Holmesby	Bailey Proud	Cherry Bailey - Chaperone
Jake Morris	Joel Pipper	Karli Mussarra	Jacob Loughnan	*Mitchell Morris - Reserve*



C4. HEALTH AND COMMUNITY EDUCATION

We partner with strategic organisations and partners to develop and implement new strategies that address our community water safety priorities. Our focus remains on those who "miss out" and seek to ensure a balanced water safety education is available to all. Our research partners enable high quality evidence platforms in which to guide our influence and priority.

CASE STUDY

SWIM READY LAUNCH

Royal Life Saving together with the NSW Government launched the Swim Ready initiative to educate and raise awareness among people aged over 45 years about the link between the use of medication and an increased risk of drowning.

Over the past 17 years, 843 people aged 45 years and over lost their lives to drowning in NSW. Of these, 55% involved people with pre-existing conditions such as heart disease, diabetes, mental health and dementia.

All medication has possible side effects that can have an impact on exercise. This can put people at higher risk of drowning when participating in aquatic activities. For example, dizziness, fainting, chest pain, headaches, confusion, blurred vision and muscle pain, can all affect a person's capacity to stay safe in water.

Before heading to the pool, it suggests that people should:

- Consult their doctor about their health
- Consider the effects of any medication they are taking
- Swim in supervised areas, such as local aquatic centres.

More and more Australians are enjoying the health benefits of swimming later in life. The Swim Ready initiative highlights our commitment to encouraging active lifestyles while ensuring everyone stays safe while they are in the water.

Office of Sport Chief Executive Officer Karen Jones said swimming was a fantastic activity for people of all ages but insisted everyone is swim ready.

"I encourage everyone to swim in a safe and responsible manner, and enjoy the health benefits that it brings," Ms Jones said.

"Swimming should be done in consideration of any pre-existing health conditions that can create a drowning risk."

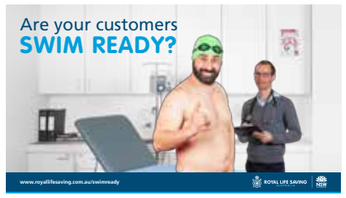
As people age, changes occur in the way their bodies process medications, and the benefit/risk profile of a medication can change. Chronic medical conditions are more common in ageing populations which means older people are more likely to be prescribed several medications. Multiple drug interactions can be complex and can increase the incidence of side effects in older individuals, which can increase the risk of drowning in this group.

Drowning data from 2008/09 to 2017/18 suggests that, for unintentional fatal drownings in older people, an estimated 36% were taking some form of medication or drug. Of these, 65% of drownings involved multiple drugs.

Health Benefits of Swimming

Physical activity in the later years of life is essential to promote a healthy ageing process and independent functioning. Swimming has been shown to help prevent or manage many chronic diseases, as well as improving overall physiological and psychological health including;

- ALLEVIATES stress, and improves general mental health and wellbeing
- IMPROVES cardiovascular fitness and health
- HELPS to maintain a healthy bodyweight
- INCREASES respiratory capacity and function
- BUILDS endurance, muscle strength and tone
- IMPROVES immunity and decreases inflammation
- KEEPS joints flexible
- IMPROVES coordination, balance and posture.







Australians aged 45 years and over are being encouraged to consult their doctor before enjoying the health benefits of swimming to prevent drowning deaths involving people with pre-existing conditions.



> CASE STUDY

PARENTS URGED TO KEEP WATCH AS DROWNING RISK TRIPLES WHEN CHILDREN TURN ONE

Research figures show that, over the past 17 years, 496 children aged 0 to four years drowned. Of these, 202 (41%) children aged one year drowned – within the context of an entire lifespan, from 0 to 100 years, no other age is at greater risk of drowning.

Most deaths in children aged one occurred in backyard swimming pools (59%) and during the summer months (44%). Accidental falls into water was the leading activity prior to drowning in this age group, accounting for 88% of all deaths. Almost all of these deaths were due to a lack of active adult supervision.

According to the Australian Bureau of Statistics, drowning is the number one cause of death in one-year-old children (ABS 2019).

Watch the Keep Watch 'Water. It's only safe while you're watching' video: **youtube.com/RoyalLifeSavingAust**

"Parents and carers need to know that the risk of drowning triples as soon as a child starts to crawl, peaking shortly after a child's first birthday. Drowning deaths in young children are wholly preventable. Making the home pool environment safer for young children remains a key focus for Royal Life Saving.

We can't emphasise enough how important active adult supervision is in preventing these deaths. Distractions are dangerous – whether it is taking a phone call, browsing social media or ducking inside to grab something – we ask parents and carers to always Keep Watch. In addition, it is essential that people install pool fences and check pool gates regularly to make sure they are not faulty or kept propped open."

Justin Scarr, Chief Executive Officer, Royal Life Saving.

Since 2002, drowning deaths in children aged under five have decreased by 55%, but drowning remains one of the leading causes of accidental death in this age group.

Royal Life Saving's Keep Watch campaign has made significant inroads in helping to reduce drowning in young children over the past 25 years, but we know that by implementing simple safety measures and changing pool safety behaviours these numbers can be reduced further.

Keep Watch recommends the following safety tips to keep children safe around water:

- Actively supervise children around water
- Restrict children's access to water
- Teach children water safety skills
- Learn how to resuscitate

Keep Watch is proudly supported by Protector Aluminium and Protector Premium.

329 **PRINT AND BROADCAST ITEMS**

$618,820 **PRINT AND BROADCAST ADVERTISING VALUE EQUIVALENT**

1.8 MILLION **SOCIAL MEDIA INFLUENCER OUTREACH**

Included: Babyology, The Bub Hub, Mums Delivery and Kyal and Kara

SOCIAL MEDIA HIGHLIGHT

Babyology Podcast – Feed Play Love with Shevonne Hunt and Alison Mahony, National Manager – Research and Policy, Royal Life Saving



ADULT MIGRANT & REFUGEE LEARN TO SWIM PROGRAM

Overview

Over the past ten years (2008-2018), 27% of total drowning deaths in Australia were of people born overseas, 83% being residents. People born in the United Kingdom, South Korea, China, India and New Zealand reported the highest numbers of deaths.

Key risk factors identified include alcohol consumption, lack of swimming ability, and pre-existing medical condition. Risk factors differed by length of time in Australia.

In NSW, over the past five years (2013– 2018)

- 129 people drowned in NSW who were born overseas.
- 84% Males
- 21% were aged 25-34 years, 17% were aged 18–24 years
- The highest number of drowning deaths were of people born in:
  - China (17%)
  - India (7%)
  - Nepal (5%)
- 86% of people who drowned were living in Australia at the time of death
- Where time of residency in Australia was known:
  - 14% <5 years
  - 13% 20 years+
- 24% drowned within 5km of their home postcode (including at home)
- A key risk factor for drowning was poor or no swimming ability



NSW demographics

8+
million people living in NSW

21%
speak a language other than English at home

28%
of residents were born overseas

↑
NSW is the fastest growing overseas born population in Australia

The program

In response to these statistics, Royal Life Saving NSW received funding from the NSW Government and coordinated learn to swim programs aimed at adults from migrant and refugee backgrounds residing in metro Sydney.

These programs were delivered between June and December 2019 across the Blacktown, Cumberland, Fairfield and Liverpool local government areas; all of which have highly diverse, multicultural populations.

12
PROGRAMS

240
PARTICIPANTS

Aims of the program

- Target adults from migrant and refugee backgrounds from the following LGAs:
  - City of Sydney Council, Inner West Council, Cumberland Council, Parramatta City Council, Blacktown City Council
  - 240 participants over 40 programs

- IMPROVED PHYSICAL HEALTH AND WELL-BEING
- ENHANCED SOCIAL COHESION
- INCREASED CONFIDENCE IN THE WATER
- REDUCED FEAR OF WATER
- IMPROVED SWIMMING AND WATER SAFETY SKILLS

C4. PRODUCT SOLUTIONS

We partner with product suppliers that provide solutions and tools to assist with the provision of education and training solutions. Our involvement also includes the coordination and service delivery of lifesaving devices across communities.

FLEXIBLE & REMOTE SOLUTIONS - INNOVATION

In recent times many of our customers have sought out our range of self-paced, flexible training and assessment solution to meet workplace compliance requirements.

Our Community Lifesaver in the Box learning resource provides individuals with a quick, efficient means of achieving CPR and first aid qualifications. Coupled with online learning content the combined product ensures convenient and efficient outcomes.

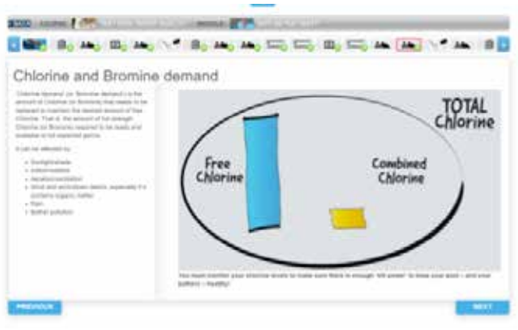
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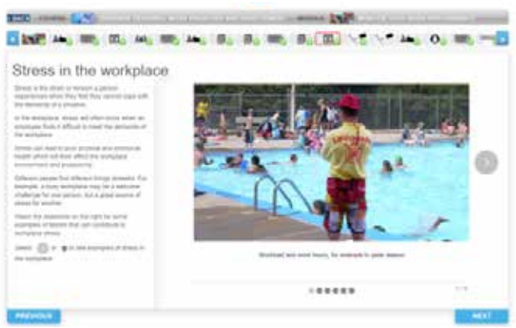
Community Lifesaver Boxes were distributed between March & June 2020

Royal Life Saving has a range of online, flexible solutions including First Aid and CPR as well has health promotion programs Swim Safe Swim Sober and the Open Water Program for the education sector.









C5. AQUATIC INDUSTRY SERVICES

We lead the planning and coordination of risk minimisation strategies in partnership with the aquatic and government sector. We seek to provide high-level advice to aquatic practitioners to maximise the aquatic experience for the community and assist in meeting legislative and best practice demands.

RISK MANAGEMENT SERVICES

Royal Life Saving is a specialist service provider in the field of Aquatic Risk Management. Since its inception in 1894, Royal Life Saving NSW has harnessed the strengths of the communities we work with to reduce drowning and aquatic related injuries.

Aquatic Risk Management is an integral tool in effectively managing aquatic venues and facilities. Today more than ever, the changing needs of business management practices, legislative compliance and industry best practice demand a multi-disciplined approach towards providing safe aquatic venues.

In supporting facilities in the development of risk management strategies we aim to not only mitigate potential loss, but also provide recommendations for best practice for both employee and customer safety in these facilities. The formulation and introduction of a risk management service can provide any aquatic venue or facility with the foundations for a successful and continued operation.

Our range of services include:

- Aquatic Facility Safety Assessment
- Operations Manual
- Emergency Action Plan
- Signage Assessment
- Facility Design Assessment
- Supervision Validation Assessment
- Mystery Guest Assessment
- In-service Training Systems
- Inland Water Safety Assessment
- Aquatic Consultancy.

Royal Life Saving provides a range of professional products and services to support the NSW Aquatic Industry. Our aim is to provide a range of cost-effective solutions to assist pool owners and operators in maximising patron safety and encouraging safe aquatic venues.

77

Aquatic Facility Safety Assessments

85%

Average Safety Score

21

Consultancy Projects

PRIORITY D

People - Stability & Sustainable

CHALLENGES

Market and community changes can be difficult to manage and adjust to. Change can also bring about opportunity and expansion. We need to remain at the forefront of industry and sector developments to maintain our market influence and utilisation. Our business needs ongoing assessment as our boutique offerings can restrict our usefulness and suitability. Innovation and modernisation are necessities and need to be at the forefront of management thinking. Our people are our greatest asset. Key developments that seek to protect and strengthen our human resources are vitally important in a changing workforce landscape.

WHAT WE PLAN TO DO

D1 Advocate water safety priorities across all communities.

D2 Deliver and maintain asset managment and growth.

D3 Manage organisational risk and sustainability.

D4 Manage workfroce acquistion, skills and retention.

D5 Meet legislative and organisational compliance requirements

Our people are our greatest asset. Since 1894 the organisation has delivered swimming, water safety and lifesaving programs to millions of Australians. This can only be achieved through the dedication and passion of individuals who appreciate the importance of aquatic skills acquisition.



D1. ALL COMMUNITIES

We lead the planning and coordination of water safety agenda across all communities. Our strategically located offices ensure relevance and suitability of local strategies to address priorities. Our networks enhance our provision and together we work to provide high quality solutions and experiences. Our ground level strategies remain at the forefront of our future.

OUR REGIONAL OFFICES



Northern

To ensure our vocational training services reach all NSW regional and remote communities we require a highly skilled trainer workforce and key partnerships. This is particularly important where the provision of Pool Lifeguard and First Aid skill sets apply.

Our partnership models (Third Party Agreements) allow approved Trainers with a service provision to meet local community and / or workplace needs. This training partnership model provides flexible, timely and efficient outcomes for the local community member.

Royal Life Saving, as a Registered Training Organisation (RTO), continues to implement and support training partnerships throughout Northern NSW and the role of the regional office is to provide administrative, technical, policy and operational support.

Case Study: Tweed Shire Council

Staff at the various Tweed Regional Aquatic Centres can undertake regular training to not only meet their employer and industry requirements, but also, they are recognised by obtaining nationally accredited training qualifications.

Trinity Catholic College (Lismore), Mount Saint Patrick College (Murwillumbah), St. Joseph's College (Tweed), Coffs Harbour Senior College, Narromine, Condobolin, Muswellbrook and Singleton High Schools provide CPR and First Aid training to their staff and students under a similar partnership model allowing for a flexible and cost effective training and accreditation solution. A true network of community lifesavers.

"A true network of community lifesavers."

Hunter

The Hunter Regional Office with the support of the Orica Community Investment Fund, provided vital First Aid Training for a group of mums in the Newcastle area. The participants were identified by the Smith Family Foundation.

This program enabled participants to obtain formal qualifications in First Aid. This training will certainly assist with securing future employment, but more importantly it provided them with the skills and knowledge to be able to provide first aid. Accidents and injury are the major cause of sickness and death in Australia and many of these accidents happen in and around the home.

Participants in the program attended a graduation ceremony to celebrate obtaining their qualifications. A first aid kit and water safety information to assist with supervising their children in and around water was also presented.

Thank you to the Orica Community Investment Program for supporting this worthy project.

Illawarra

Continuing our strong partnership with Multicultural Communities Council of Illawarra and Wollongong Council, we have conducted successful Water Safety and CPR awareness sessions to newly arrived immigrants in the Illawarra.

With all ages welcome, the session provided individuals and families new to the Illawarra an opportunity to learn water safety knowledge from signage, signals for help and water risks. Adding to this experience the participants were shown basic life support techniques. All in attendance were provided with the experience to practice these skills on manikins with support from the Royal Life Saving trainer, professional lifeguards and community leaders. An interpreter was present to aid the learning process and the ability for the participants to understand the content.

The relaxed nature of the course fostered participation, which led to children as young as 3, their sibling, parents and grandparents having hands on experience in CPR training. The main outcome of the day was to provide a safe environment for these individuals to participate in learning a new skill, as well as increase awareness of the presence of water safety professionals in these new communities. The amalgamation of Royal Life Saving with the Multicultural Communities Illawarra and Wollongong Council allow this Water Safety and CPR Awareness day to be a permanent fixture each year in the Illawarra.

Western

Like many others throughout the state, many of our Western communities suffered the effects of the ongoing drought, dust storms, fires and smoke, and finally the COVID-19 crisis. A shining light during the long hot summer was funding provided by a variety of agencies to regional and remote communities for the purpose of training, safety and community involvement centred around the local aquatic centre.

The NSW Government, through Training Services NSW, provided subsidised skills training for young people impacted by the drought to support youth engagement and increase employability skills during the January school holidays. This one initiative allowed us to provide First Aid and Pool Lifeguard training to twelve youth from the regional locations of Warren, Gilgandra, Orange, Grenfell, Nyngan, Coonamble and Nevertire.

The Western Office provided direct support to swimming pools across the region. The equipment grant was designed to encourage families to utilise their local swimming pool during the hottest months by providing opportunity for activity and recreation and a break from the relentless drought conditions at the time. Equipment from this funding grant was provided to local pools in Walgett, Gilgandra, Central Darling Shire (4 pools), Tottenham, Lake Cargelligo, Cobar and the Warrumbungle Shire (7 pools).

Riverina

One of the most common topics of discussion is obviously how the current pandemic crisis has affected the recreation industry and in particular the aquatic environment. From closures to cancellations COVID-19 has impacted us all.

It is however, an extremely positive position that 4 regional towns have started projects that reflect a long-term commitment to the aquatic industry by upgrading existing facilities in these towns.
Major works have commenced in Griffith, Leeton, Narrandera and Corowa with financial investment of these projects totalling $25M. Contributing funding has been sourced from a number of state and federal bodies, including the NSW Gov Regional Development Fund, NSW Stronger Communities Fund and Federal Gov Building Better Regions Fund.

The redevelopments include:

- Griffith - new 10 lane 50 metre pool with seating, new amenities and plant adjacent to existing indoor centre
- Leeton - Widening of existing 50 metre pool, new splash/learn to swim pool, new double flume water and new plant and equipment
- Narrandera - 2 stages of redevelopment which included new water slides and reconfiguration of existing Olympic pool and a new splash park
- Corowa - Complete redevelopment of site, new 50 metre outdoor and new 25 metre indoor facility.

Aquatic recreation plays an enormous role in many areas of the community, from learn to swim to rehabilitation and general fitness. The investment from these Councils has shown a commitment to their communities.

D2. ASSET MANAGEMENT & GROWTH

We operate and maintain assets that provide communities with genuine access to programs and services. Our Aquatic Safety Training Academy precincts serve all sectors and provide for community and industry development and innovation. Our future growth will rely on appropriate planning to maximise the value and useful economic life of our future assets and precinct growth to the benefit of communities.

Aquatic Safety Training Academy - Seven Hills

Swimming and lifesaving at the core

Through the peak of the 2019-20 operational period, more than 2000 members accessed vital learn to swim lessons each week. Program participants ranged in age from infants as young as 6 months through to adults that had never experienced swimming before. The Aquatic Academy is again broadly recognised within the local community as the go to venue for swimming and water safety education.

In addition to the mainstream learn to swim program, school swimming schemes have expanded to include 14 local primary and secondary schools:

- Hills Sports High School
- Our Lady Mount Carmel Primary School
- Our Lady of Lourdes Primary School
- Metella Road Public School
- Seven Hills North Public School
- Freeman Catholic College
- St Pauls Catholic College
- St Patricks Blacktown
- Lynwood Public School
- Holroyd High School
- Marayong Public School
- Ebenezer Christian College
- St Michael's Primary School Blacktown
- Toongabbie Public School.

Over 25,000 lifesaving lessons were provided to these school groups via a range of Royal Life Saving programs including, Swim & Survive, Bronze Star, Bronze Medallion and CPR course qualifications.

Industry support and employment pathways

Aquatic Industry professionals accessed more than 60 vocational education course opportunities through the Aquatic Academy in the 2019-20 season. Course types ranged from CPR, First Aid, Pool Lifeguard Update and Pool Lifeguard course packages. The venue remains the ideal purpose-built facility to engage with the broader industry and maintain accessible qualifications in the local Seven Hills community.

The Aquatic Academy currently employs 52 staff members (2 permanent, 1 permanent part-time and 49 casuals). These employees fulfill varied roles from Swimming Teacher to Pool Lifeguard.

Build Community Cohesion

The relationships with local community groups has been bolstered through active engagement opportunities. The following groups continue to provide integral services to various communities:

- Rainbow Club Australia
- SES
- Horn of Africa Relief and Development Agency
- Westmead Community Hub
- Sydwest Multicultural Services

Special Thanks - Seven Hills RSL

The local RSL Club continues to provide significant support to Royal Life Saving and particularly the Aquatic Safety Training Academy in Seven Hills. Many of our community initiatives are directly funded by the RSL Club and understand and appreciate the importance of local community resilience and development. Royal Life Saving greatly appreciates the support and would like to thank the Management, Board and Members of the Club.

The Aquatic Academy, now in its 10th year of operation continues to deliver programs and services that meet the needs of the local community and aquatic industry.

Denistone East – Coming Soon!

Swimming and aquatic recreation represent key parts of the Australian lifestyle. In order for all Australians to safely share in the health and community-building benefits of these activities, we need to give them the opportunity to access aquatic facilities from when they are young, so they can build confidence and develop their skills.

Swimming and water safety skills have been shown to reduce the risk of drowning. The World Health Organisation recommends that school-aged children are taught basic swimming, water safety and safe rescue skills.

The Royal Life Saving Society of Australia's benchmark is that a child should be able to be buoyant in the water for at least 50 metres to save themselves. Unfortunately, many children do not participate in water safety programs and this therefore leaves them vulnerable to fatal and non-fatal drowning in later life-stages.

As a result, many children will leave primary school this year without the swimming and water safety skills and knowledge they will need to be safe around water for the rest of their lives.

Our newest facility (opening in late 2020) is built on the grounds of Denistone East Public School. In collaboration with the school we will have all children participate in a formal learn to swim and survive program. The facility will also benefit children from across the broader community with the provision of learn to swim services. Additionally, the facility has training rooms in which to facilitate valuable lifesaving programs such as First Aid and CPR.



D3. ORGANISATIONAL SUSTAINABILITY

We operate in a diverse and complex sector which is influenced by sector, community and government agenda. The not-for-profit sector faces unique challenges with adapting to consumer demand and sustainability in competitive environments. We need to ensure our future pathways are well considered and justified in line with governance expectation.

Regular aquatic participation improves our physical and mental health and reduces the risk of obesity and lifestyle related illnesses across life stages. An active aquatic lifestyle contributes significantly to our general wellbeing, our productivity and our performance. Personal aquatic skill acquisition provides for resilience and capacity thereby minimising risk.

The Health & Economic Benefits Of Public Swimming Pools

Royal Life Saving, through its research and investigations understands the economic and health benefits our public swimming pools and active aquatic participation provide. Our pools are valuable assets that contribute to community cohesion, liveability and provide for significant employment outcomes. Royal Life Saving is responsible for not only fatal and non-fatal drowning reduction but additionally seeks ways to support and connect communities to swimming pools. The objective remains to broaden the aquatic resilience of people and ensure their long-term health and well-being.

Royal Life Saving provides a range of advocacy programs and education and training services to facilitate developments and opportunities for public swimming pools. Our sector relationships provide opportunities to engage with communities and strengthen our brand, role and organisational responsibilities. This leads to sustainability and credibility.

Benefits of Public Swimming Pools

Many Australians are physically inactive, putting them at risk of death and disability and leading to burdens on Australia's health care system. Aquatic facilities provide Australians with opportunities for safe, low impact physical activity, and can generate significant health benefits for Australian society.

Our public swimming pools:

- **$2.72 Million**
  value to the community each year
- **4.4 times**
  average Australian visits
- **$3.7 Billion**
  inactivity costs to Australian Health system
- **5%**
  of all deaths result from insufficient physical activity
- **40%**
  Australian population classified as inactive.

As a result of these health benefits, every aquatic facility visit creates economic benefits worth an average of $26.39, in addition to the leisure value gained by users.

Physical inactivity imposes massive costs on Australian society, leading to higher rates of stroke, heart disease, diabetes and cancer. Almost every Australian could benefit from engaging in additional exercise.

Our public aquatic facilities enable Australians to engage in more than 130 million hours of vigorous exercise each year. This activity generates direct economic value, particularly in the form of patrons' improved future health and reductions in health care expenditure, which we estimate to be $2.35 billion each year.

These benefits from public aquatic facilities are additional to the revenue they generate and to their many intangible benefits including a sense of community, social capital, access to water safety education and patron enjoyment.

When considering whether to provide new aquatic infrastructure and whether to maintain existing facilities, governments should take into account the measurable health benefits these facilities deliver when conducting cost benefit analysis.



D4. WORKFORCE SKILLS

We strive for operational excellence and seek means to improve our systems and processes to ensure quality outcomes. We commit to developing our workforce and ensuring they possess the skills and drive to bring about our desired objectives.

CASE STUDY

WORKFORCE PROFILE 2019-2020

During 2019-2020 Royal Life Saving published The National Aquatic Industry Workforce Profile.

The key objectives of the Project were to:

- Achieve and share a greater insight and understanding of the aquatic industry workforce
- Build the capacity and capability of the aquatic industry workforce
- Support the development of a strong, sustainable and responsive aquatic industry.

The results and findings were based on data collected and collated from the National Aquatic Industry Workforce Survey.

'Aquatic industry' is defined as all workers who work for, or provides aquatic-related services to, an organisation/ body that is involved in the facilitation of water-based activities and programs in aquatic facilities. This also includes self-employed workers. The Survey and Profile focuses on paid workers only.

Overall, Royal Life Saving estimates that the Aquatic Industry workforce comprises approximately 67,000 workers across more than 1,077 aquatic facilities and 1,176 swim schools. More than 1.5 million children aged 0-14 years participate in lessons and squads annually 3.091 individuals responded to this survey.

Key survey findings

- It is an overwhelmingly female workforce
- Almost half the workforce work casually
- Most workers work throughout the year but in a part-time capacity
- Many workers have a second job at least some of the time
- Almost half the workforce live within 15 minutes of their workplace
- 2 in every 5 workers think they will stay in their role for 6 or more years
- Most workers place a high value on working in a team and knowing their work has a positive impact on people's lives.

The aquatic and active recreation sector is a growing industry that creates jobs and innovative investment. An active population leads to improved productivity as well as preventative health costs facing communities.

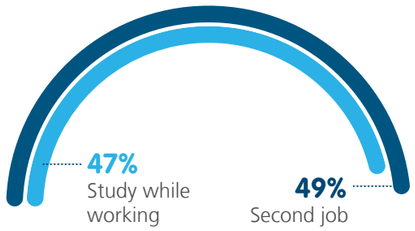




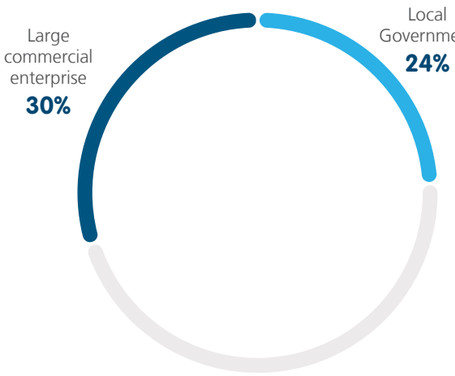
The workforce is largely casual



About half the workforce are studying or have a second job



Most workers are employed by large businesses or local government



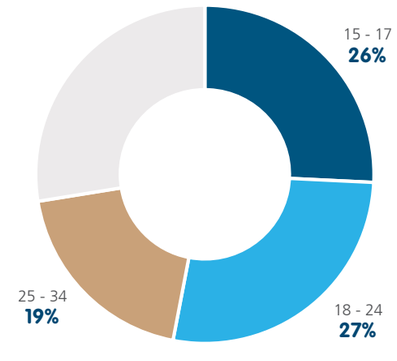
One in every 50 workers are Indigenous



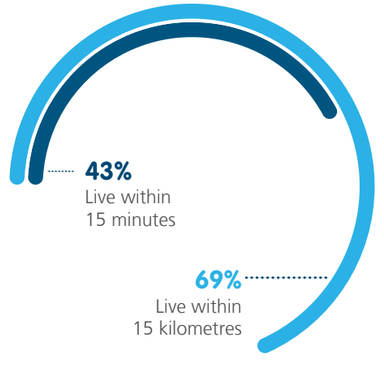
Workers place a high value on having a positive impact and working as a team



Most workers joined the industry as a young adult



Workers are local community members



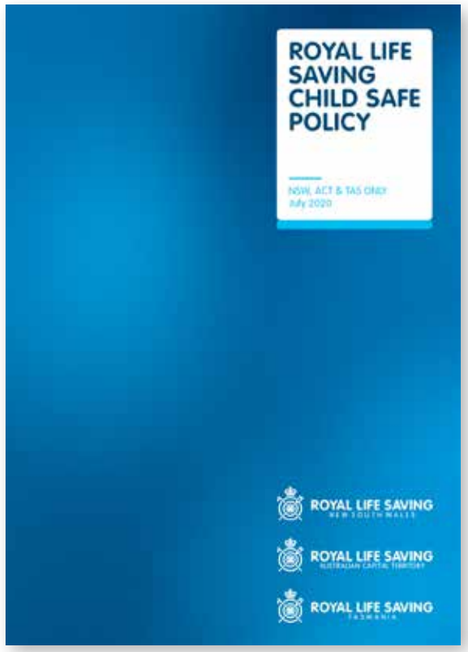
D5. ORGANISATIONAL COMPLIANCE

We exist in an environment influenced by legislative and compliance requirements. We monitor and operate in accordance with standards and best practice that ensures operational integrity and respect.

Child Safe Policy

Many of the services and programs provided by Royal Life Saving involve children. We are extremely mindful of the roles and responsibilities we are required to uphold and therefore take child related safety and protection seriously. Royal Life Saving is constantly seeking was to improve its systems and processes to bring about modern and appropriate policies, safeguards and education.

The Royal Life Saving Child Safe Policy was created for all stakeholders, including staff, child participants and patrons. The purpose of the Child Safe Policy is to ensure all stakeholders understand how we work to keep children and young people safe.



The purpose of this policy is to:

- Protect children & young people from harm and abuse
- Create a strong culture of child safety
- Promote diversity and respect amongst children, young people, families and staff
- Ensure all staff understand their responsibilities and the standards of behaviour expected of them
- Provide avenues for complaints and support for children, young people and families
- Create a child safe environment which minimises opportunities for harm and abuse to occur.

A range of new resources and support documents are currently being developed and will be systematically implemented during 2020.



Royal Life Saving NSW Presidents

1907/08	Colonel Reuter E Roth
1929/30	Sir Kelso King
1937/38 to 1940/41	Mr. C W Heyde
1951/52	Mr. Stuart Thorpe
1955/56 to 1957/58	Mr. P E Joske
1958/59 to 1970/71	His Honour Judge J. Harvey Prior
1971/72 to 1979/80	Sir P.E. Joske
1980/81 to 1982/83	Sir Walter Leonard
1983/84 to 1993/94	Sir Eric McClintock
1993/94 to 2007/08	Mr. Clive Austin
2008/09 to 2011/12	Mr. Peter Cronin
2012/13 to present	Mr. James Whiteside

VALE PETER WIEBE

Life Member
National Board Member
NSW Board Member 1991 – 2016
National Advisor

Peter inspired generations of teaching graduates to adopt and deliver lifesaving programs across Australia. Peter was involved in the development of Royal Life Saving teaching resources and lifesaving manuals across many decades.

VALE WARWICK TWIGG

Life Governor
Life Member

Everyone who was fortunate enough to have known Warwick knew he was so much more than a teacher, he was an active member of the community whose contributions never wavered. Warwick was responsible for taking Royal Life Saving Society programs to Northern NSW and continued to service the community across generations. Warwick received the Meritorious Service Medal in 1998.

Royal Life Saving is governed by a Board of Directors who operate in accordance with company law and our constitution. Composition of the Board reflects the need and priorities identified within our Strategic Plan. The Board provides leadership and strategic direction to ensure organisational performance, growth and sustainability.



Commendations Ceremony

Each year the Royal Life Saving Society - Australia (New South Wales Branch) presents Commendation Awards to those people who have displayed outstanding initiative, expertise and empathy towards their fellow human beings by applying lifesaving skills in emergency situations and sometimes at risk to themselves. The annual event is hosted by our Patron Her Excellency the Honourable Margaret Beazley AO QC, Governor of New South Wales at Government House.







Top: Commendation Recipients
Bottom left: Governor & Fire & Rescue NSW
Bottom Right: Governor & Police

HONOURS 2019-2020

The Royal Life Saving Society Australia New South Wales Branch presents Honours each year at New South Wales, Australian and Commonwealth levels. Annually, Honours are presented to individuals, groups, schools and/or organisations to recognise the continued commitment, dedication and voluntary work of Royal Life Saving members, examiners, competitors, officials and supporters in promoting lifesaving, water safety, survival, rescue, resuscitation and first aid. Royal Life Saving would like to thank and congratulate the following Honour recipients for their ongoing support.

COMMONWEALTH HONOURS

Service Cross
Geoff Grey

Honorary Life Member
Roz Grey

AUSTRALIAN HONOURS

RLSSA Associate
Margaret (Maggie) Simpson
Rowan Castro
Betty Sherret
Felysia Konakoff

RLSSA Fellow
Blake McCrindle

RLSSA Long Service Order
Kayla Cottee
Carly Ryan
Nick Au

RLSSA Meritorious Service Medal
David Jones

RLSSA Outstanding Service Order (20 years)
Alison Middleton

RLSSA Australian President's Award
Rooty Hill RSL Youth Swim Club

RLSSA Companion
Norm Stanley
Joanne Teagle

RLSSA Life Membership
Pam Neenan

NEW SOUTH WALES HONOURS

Life Membership
Jeffrey Moss
Scherie McDonell
Melanie Williams

Long Service Star
Julie Dart
Ruth Pope
Stephen Gollan

Distinguished Service
Peter Russell
Murray Doust
Anthony Burling
David Hughes
Robert Gordon
John Tart
Sandra Richardson
Andrew Bowden
Eion McCrindle

Associate Award
Nicholas Mulvihill
William Ward
Nicole Castro
Michael Capilli
Karen Holmesby
Holly Smith

Russell Crane Cup
Peter Russell

Derek Emery Memorial Trophy
Cameron Smalley

Sir Walter Leonard Memorial Trophy
Margaret (Maggie) Simpson

John Stacpoole Memorial Trophy
Felysia Konakoff

NSW President's Award
Enfield Life Saving Club

Certificate of Appreciation
Ed Castro
Kimberley Kelly
Donna Fishburn
Ben Fishburn
St Catherine's on Park
Mavi Giacomello

Honours Committee

James Whiteside
Roz Grey
Frances Simpson-Lee
Michael Ilinsky

LIFE GOVERNORS

T. Cross
W. Twigg
R. McLennan
K.Abernethy
B Deitz
S. Bidner
B. Clifton
K. Draper
A. Hilliard
K. Lofts
R. Vass
E. Fry
D. Parsons
J. Fowler
G. Duncan
P. Marquet
A. Stephens
C. Heckenberg
V. Frost
G. Bassingthwaighte
B. Colquhoun
P. Joske
F. Henry
E. Vass
R. Jiear
J. Eyles
G. Turnbull
W. Blakeney
H. Bamford
J. Cummine
P. Hunter
D. Knox
M. McCann
W. McKell
J. Parsons
H. Prior
R. Burgoyne
N. Rose
W. Scott
H. Stoyles
R. Crane

LIFE MEMBERS

R. Byrnes
F. Simpson-Lee
P. Dooley
D. Beaupeurt
E. McGrath
B. Dixon
P. Forbutt
H. Douglas
P. Midson
J. Misson
D. Kilpatrick
J. Pascoe
J. Brooks
D. Brown
N. Harrison
R. Smith
C. Stewart
T. Cross
G. Bryant
R. McLennan
T. Brenton
D. Bennetts
L. Burwell
R. Firkin
K. Laffey
J. McDonald
P. Neenan
I. Newley
M. Slade
J. Slade
W. Leonard
B. Vines
A. Denny
B. Trevenar
J. Manning
J. McCoy
N. McKnight
J. Spencer
W. Twigg
P. Barrie
D. Johannes
B. Prideaux
A. Tonkin
G. J. Vesperman
G. Vesperman
B. Frame
K. Hawthorne
A. Vockler
A. Hilliard
K. LoftsB. Clifton
K. Draper
B.Deitz
M. Burn
M. Fitzsimmons
J. Grimsley
W. Parker
P. Marquet
K. Abernethy
K. Carley
H. Gillard
C. Heckenberg
G. Duncan
A. Stephens
F. Brett
G. Clarke
J. McLean
L. Buchanan
R. Vass
E. Vass
R. Faraday
H. Fountain
B. Colquhoun
J. Fowler
F. Dunnicliffe
D. Thompson
J. Barden
J. Carney
J. Eyles
E. Arnold
D. Banks
C. Black
B.Bowen
J. Breakspear
F. Brett
A. Brown
A. Castleman
J. Chalmers
N. Chelman
C. Claggett
J. Coleman
H. Cremmer
M. Cullen
D. Dunstan
L. Fall
W. Fowler
A. Fraser
M. Goodman
A. Gorst
C. Griffiths
J. Hague
W. Harries
J. Hawe
N. Hayton
J. Henderson
B. Hocker
J. Holme
C. Hopkins
W. Humphries
M. Jarrett
W. Jarvesson
J.Jenkins
R. Judge
C. Lauder
F. Leaney
D. Lindsay
W. London
M. Matheson
A. McClure
C. McKenzie
R. McQueen
T. Monckton
H. Paull
J. Perry
C. Phillips
K. Prien
F. Ramsay
L. Randall
E. Redfern
L. Reid
D. Richardson
W. Riding
H. Rose
F. Sandon
F. Saunders
E. Smiles
R. Stacey
P. Stephens
J. Stewart
J. Waterer
B. Weir
J. Whitebrook
M. Wylie
H. Bamford
J. Cummine
J. Parsons
H. Prior
W. Scott
W. Blakeney
G. Turnbull
R. Jiear
R. Burgoyne
F. Henry
G. Bassingthwaighte
V. Frost
S. Bidner
D. Parsons
J. Collier
C. Baglin
R. Brettell
Jill Collier
W. Howitt
M. Booby
B. McLennan
G. Samanc
P. Cronin
D. Gallaway
D. Hofman
J. Teagle
L. Purcell
C. Austin
P. Wiebe
N. Adams
J. Dooley
D. Mitchell
N. Stuart
G. Campbell
G. Keifer
K. O'Connor
E. Fry
B. Farlow
H. Aitken
R. Arnold
P. Cousins
D. Jones
C. Ninness
S. Martin
H. Notley
F. Kelly
H. Woodley
P. Allan
M. Bergin
R. Grey
B. Edgecock
D. Gross
L-D. Kinscher
N. Dixon
G. Grey
R. Beresford
C. Baglin

OUR THANKS

The following schools or institutions have undertaken Royal Life Saving programs and / or services for five consecutive years or more.

FIVE YEARS OF CONSECUTIVE SUPPORT

Abermain P.S.
Albion Park Rail P.S.
All Saints Catholic Boys Clg-Liverpool
All Saints Catholic Girls Clg-Liverpool
Ambarvale P.S.
Aspect Macarthur School
Aspect South East Sydney School
Avoca Beach P.S.
Barnsley P.S.
Barrack Heights PS
Baulkham Hills H.S.
Beelbangera P.S.
Bega H.S.
Bemboka P.S.
Berkeley West P.S.
Berry P.S.
Beverly Hills P.S.
Bexley North P.S.
Blackwell PS
Bonnyrigg P.S.
Brisbane Water Secondary Clg Umina Campus
Broderick Gillawarna SSP
Budawang School
Bulli P.S
Burren Junction P.S.
Busby P.S.
Caddies Creek P.S.
Cairnsfoot School Arncliffe
Camden Haven H.S.
Campbelltown North P.S.
Canobolas Rural Technology H.S.
Casimir Catholic College
Casino West P.S.
Castle Cove P.S.
Cawdor P.S.
Cecil Hills H.S.
Central Coast Steiner School
Cerdon College
Chatham H.S.
Chatsworth Island P.S.
Cherrybrook P.S.
Christadelphian Heritage Clg-Sydney
Chullora P.S.
Clergate P.S.
Coffs Harbour H.S.
Collaroy Plateau P.S.
Condell Park Christian School
Condobolin P.S.
Coonamble H.S.
Cowper P.S.
Cowra P.S.
Crestwood P.S.
Cronulla South P.S.
Crown Street P.S.
Dalmeny P.S.
Danebank Anglican School For Girls
De La Salle Clg-Ashfield
De La Salle Clg-Caringbah
De La Salle Clg-Cronulla
Denistone East P.S.
Dobroyd Point P.S.
Dubbo Clg-Delroy Campus
Dubbo College-South Campus
Dubbo North P.S.
Dubbo School Of Distance Education
Dundurrabin P.S.
Dungowan P.S.
East Hills P.S.
Elizabeth Macarthur H.S.
Enfield LSC
Ermington P.S.
Evans H.S.
Faulconbridge P.S.
Forest H.S.
Fort Street H.S.
Frederickton P.S.
Georges River Clg Hurstville Boys Campus
Georges River Clg Penshurst Girls Campus
Gibberagong Enviromental Education Ctr
Gillieston P.S.
Glendale East P.S.
Glendenning P.S.
Glenhaven P.S.
Glenmore Park P.S.
Glossodia P.S.
Gloucester H.S.
Good Shepherd P.S. Plumpton
Gorokan H.S.
Greta P.S.
Greystanes H.S.
Hamilton P.S.
Hammondville P.S.
Hazelbrook P.S.
Hill Top P.S.
Hills Sports H.S.
Homebush Boys H.S.
Homebush P.S.
Hornsby South P.S.
Humula P.S.
Hunter Valley Grammar School
Huskisson P.S.
James Fallon H.S.
Jannali East PS
Jesmond P.S.
Jindabyne C.S.
John Therry Catholic H.S.-Rosemeadow
Kalinda School
Kariong Mountains School
Katoomba H.S.
Keiraville P.S.
Kellyville P.S.
Kiama H.S.
Killara P.S.
King Street P.S.
Kingswood South P.S.
Kurri Kurri H.S.
Kyogle H.S.
Lapstone P.S.
Lawrence P.S.
Leonay P.S.
Leppington P.S.
Lindfield P.S.
Lismore P.S.
Longneck Lagoon EEC
Loreto-Kirribilli
Macarthur Anglican School
MacKillop Catholic College-Warnervale
Maitland Grossmann H.S.
Marcellin College
Marist College-Penshurst
Marrickville P.S.
Mary Immaculate P.S.-Bossley Pk
Maryland P.S.
Meadowbank P.S.
Merewether H.S.
Merrylands East P.S.
Metella Road P.S.
Metford P.S.
Millthorpe P.S.
Mittagong A.S.C.
Mittagong P.S.
Moorefield Girls H.S.
Morgan Street P.S.
Mosman P.S.
Mount Riverview P.S.
Mount Terry P.S.
Mowbray P.S.
Mulbring P.S.
Narranga P.S.
Narromine H.S.
Nashdale P.S
Newcastle East P.S.
Newcastle H.S.
Nicholson Street P.S.
Nillo Infants School
Normanhurst P.S.
North Nowra P.S.
Northern Beaches Sec. Clg Freshwater Senior C
Oak Flats H.S.
Orange East P.S.
Orange P.S.
Our Lady of Lourdes P.S.-Earlwood
Our Lady of Mercy Clg Burraneer-Cronulla
Our Lady Star of the Sea P.S.-Miranda
Oyster Bay P.S.
Panania North P.S.
Parkes East P.S.
Parklea P.S.
Parramatta East P.S.
Parramatta North P.S.
Passfield Park School
Patrician Brothers Clg - Blacktown
Quakers Hill East P.S.
Ramsgate P.S.
Randwick Girls H.S.
Ravenswood School for Girls
Red Bend Catholic College
Regents Park P.S.
Riverina Anglican College
Robert Townson P.S.
Rooty Hill RSL YSC
Ruse P.S.
Sackville Street P.S.
Sans Souci P.S.
School of the Air
Seven Hills High School
Shellharbour P.S.
Sherwood Ridge P.S.
Shortland P.S.
South Coogee P.S
Spring Terrace P.S.
Springwood H.S.
St Ursula's College
St. Ambroses P.S.-Concord
St. Annes P.S.-Albury
St. Catherine Laboure P.S.-Gymea
St. Catherines Catholic Clg - Singleton
St. Francis De Sales P.S.-Woolooware
St. George SSP-Kogarah
St. Georges Basin P.S.
St. Jeromes P.S. - Punchbowl
St. Joan of Arc P.S. - Haberfield
St. Johns Clg-Lismore
St. Joseph The Worker P.S. - Auburn South
St. Josephs Central School-Oberon
St. Marys C.S.-Wellington
St. Marys P.S. - Yoogali
St. Michaels P.S. - Daceyville
St. Patricks Clg - Campbelltown
St. Patricks Clg - Strathfield
St. Peters Anglican Clg - Broulee
St. Pius P.S. - Enmore
St. Pius X H.S. - Adamstown
St. Vincents P.S.-Ashfield
Sutherland North PS
Sutherland Shire Christian School
Sydney Technical H.S.
Sylvania Heights P.S.
T.S. Culgoa - Army,Navy Cadets
Tanilba Bay P.S.
The Henry Lawson H.S.
The Hills S & LSC
The Meadows P.S.
The Scots College-Bellevue Hill
Tighes Hill P.S.
Toongabbie Christian School
Tower Street P.S.
Trinity Anglican Clg - Albury
Trinity Catholic Clg-Auburn
Trinity Catholic Clg-Goulburn
Trinity Catholic P.S.
Trinity Grammar School
Tuggerah Lakes Secondary Clg The Entrance Campus
Tullibigeal C.S.
Tumut H.S.
Turramurra H.S.
Tweed Heads P.S.
University New England-Armidale
University of Wollongong
Victory Lutheran College
Walcha C.S.
Wellington P.S.
Wewak Street School
Wiley Park P.S.
William Rose School (formally nth rocks blind schoo)
Wingham H.S.
Woolmin PS
Woonona P.S.
Wyndham Clg
Yagoona P.S.
Young P.S.

AWARDS POINT SCORE

Royal Life Saving's Award Point Score is utilised each year to recognise schools and institutions who participate in our certification programs.

THE PRESIDENT'S CUP
Tertiary Organisations
University of Newcastle
1500 Points

THE AQUATIC CLUB TROPHY
Girls High Schools
Northern Beaches Secondary College – Mackellar Girls Campus
1510 Points

THE CITY TATTERSALLS CLUB CUP
Boys High School
Epping Boys High School
690 Points

THE E.A. FRY TROPHY
Co-Educational Secondary Schools
Castle Hill High School
1967 Points

THE EKLUND CUP
Girls Independent Schools & Colleges
Loreto Normanhurst
3536 Points

THE HENDRY CHALLENGE CUP
Boys Independent Schools & Colleges
Trinity Grammar School
5860 Points

THE ALAN McCLURE CUP
Co-Educational Independent Schools & Colleges
St John Bosco College Engadine
2720 Points

THE ALWYNE WAGSTAFFE TROPHY
for Primary Schools 1st Class
Hampden Park Public School
1025 Points

THE M CULLEN TROPHY
for Primary Schools 2nd Class
Griffith East Public School
880 Points

THE H.F. PAULL TROPHY
Primary Schools - 3rd Class
Griffith Public School
1150 Points

THE PERCY MARKS CUP
Primary Schools 4th Class
Hamilton Public School
620 Points

THE DOMINELLI FORD TROPHY
Primary Schools - 5th Class
Cudal Public School
335 Points

THE BRIGHTON-LE-SANDS R.S.L. CLUB TROPHY
Primary Schools - 6th Class
Wattle Flat Public School
115 Points

THE JACK STILWELL FLYNN MEMORIAL CUP
Central Schools - 1st Class
Jindabyne Central School
365 Points

THE HELEN DRAPER TROPHY
Central Schools - 2nd Class
Bowraville Central School
345 Points

THE H.C. BAMFORD TROPHY
Central Schools - 3rd Class
Bonalbo Central School
310 Points

THE ROWLEY VASS MEMORIAL TROPHY
Central Schools - 4th Class
Trundle Central School
221 Points

THE CLIVE AUSTIN CUP
Central Schools - 8 & 9 Class
NOT AWARDED

THE F.D. LEANEY TROPHY
Schools for Specific Purposes
Hunter Trade College
925 Points

THE KELSO KING EXCELLENCE SHIELD
Affiliated Life Saving Clubs
The Hills Swimming & Lifesaving
476 Points

THE CITY TATTERSALS CLUB TROPHY
For Metropolitan Schools
Loreto Normanhurst
3536 Points

THE W. MARX TROPHY
Country Schools - 1st Place
St. Francis De Sales Regional College Leeton
2145 Points

THE R.J. COSHOTT TROPHY
Girls Premier School of the State
Loreto Normanhurst
3536 Points

THE ARTHUR PARKER CUP
Boys Premier School of the State
Trinity Grammar School
5860 Points



OUR SUPPORTERS

Royal Life Saving Society Australia-New South Wales would like to thank the following organisations for their continued support.

New South Wales Government

NSW GOVERNMENT

Corporate Supporter

Laerdal helping save lives

Industry Partners

AUSTSWIM educators in aquatics

AUSTRALIAN RESUSCITATION COUNCIL

AQUATIC AND RECREATION INSTITUTE

Design Partners

studio one another

Technology Partners

canopi eLearning design

aXcelerate

COMMUNITY SUPPORTERS

REGISTERED CLUBS

The following Clubs have been generous supporters of Royal Life Saving community education programs throughout 2019-20:

Austral Bowling Club

Bankstown Sports - Birrong Sports Club

Burwood RSL

Cabra-Vale Diggers Club

Canada Bay Club

Canley Heights RSL

Castle Hill RSL Club

Chatswood RSL

Club Five Dock RSL

Club Merrylands Bowling

Drummoyne Sailing Club

Earlwood Bardwell Park RSL Club

Fairfield RSL

Granville Diggers

Kemps Creek Sporting and Bowling Club

Magpies Waitara

Mekong Club (Mounties)

Moorebank Sports Club

North Ryde RSL Community Club

Penrith RSL

Seven Hills Toongabbie RSL Club

St George Masonic Club

Community partnerships are about cross-sector alliance. Working together to fulfil an obligation and sharing the burden to bring about a benefit.

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ROYAL LIFE SAVING
NEW SOUTH WALES

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