



Are you  
summer  
ready?

Now's the time to check in with yourself and your family so you can safely enjoy a water way of life this summer.



### Learn the risks

Understanding the risks and knowing how to assess dangers will help your family make smarter choices around water.



### Enrol in swimming lessons

You're never too young (or old!) to learn to swim. Develop safe and confident swimmers at your local swim school this spring.



### Update your lifesaving skills

Enrolling in a CPR and First Aid Course is a great way to help keep your family and community safe this summer. Enrol in a course today!



### Prepare your home for summer

Prepare your home by downloading the Water Safety Guide For The Home on the Royal Life Saving website



[drowningprevention.org.au](https://drowningprevention.org.au)  
#AreYouSummerReady



Scan the code for more details on how you can get ready for summer.



**ROYAL LIFE SAVING**  
NSW | ACT | TAS