



**THE ROYAL LIFE SAVING SOCIETY AUSTRALIA
NEW SOUTH WALES BRANCH
ANNUAL REPORT 2015 - 2016**

IN THE LAST 10 YEARS

What has Royal Life Saving NSW achieved?



WHAT WE ARE ACHIEVING TODAY

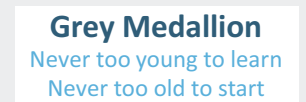
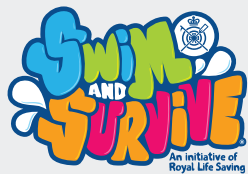
Royal Life Saving operates as a leading water safety organisation - a not for profit charitable organisation, public benevolent institution and volunteer community service organisation with offices servicing all New South Wales communities.

Royal Life Saving prides itself on leading advocacy to reduce drowning and facilitate healthy, active and skilled communities through reliable, evidence based policy and practice targeted at Government, the Community, the Aquatic Industry, the Education Sector and Corporate NSW.

In addition we highly value strong and effective partnerships, collaborations and alliances that expand our influence and reduce drowning and aquatic related injury.



LOGOS OF KEY PROGRAMS & SERVICES





Mission Statement

To prevent loss of life and injury in the community with an emphasis on the aquatic environments.

Office Bearers

BOARD OF DIRECTORS

President	James Whiteside
Directors (9)	Ron Barnes B Sc, Grad Dip OHM * Selwyn Brown BA Education Anita Collins B App Sc (OT) AccOT Lynette Harrison BEc. LLB Andrew Hill Cindy Hoad Dip Ed (PE) BA (Sports Admin) Mark McLennan Adv Dip DP (SYD) Dip Dt (Syd) Holly Smith MDCM, FRCPC, FRACP ** Peter Wiebe BEd, MSc, PhD
Chief Executive Officer	David Macallister

CLUB & COMPETITION COMMITTEE

Chairman	Mark McLennan
Registrar	Scherie McDonell
Plus two representatives from each affiliated club	

HONOURS COMMITTEE

Chief Executive Officer	David Macallister
Chairman TRC	James Whiteside
C&C Representative	Rozlynn Grey
Registrar	Scherie McDonell
TRC Member	Frances Simpson-Lee

TECHNICAL REVIEW COMMITTEE

Chairman	Mark McLennan
Committee Members	Frances Simpson-Lee Lisa Critoph Kirsty England Rozlynn Grey

REGIONAL OFFICES

Hunter Regional Manager	Tanya Brunckhorst
Illawarra Regional Manager	Ian Kennerley
Northern Regional Manager	Jason Phillips
Riverina Regional Manager	Michael Dasey
Western Regional Manager	Alison Middleton

*(retired 8 December, 2015)

** (appointed 27 August, 2015)

FRONT COVER: Help Us Save Lives – Children can be vulnerable
 “KEEP WATCH” – Supervise, Restrict Access, Water Awareness, Resuscitate



Message from the Governor of New South Wales

**His Excellency General The Honourable David Hurley
AC DSC (Ret'd)**



Message from

**His Excellency General The Honourable David Hurley AC DSC (Ret'd)
Governor of New South Wales**

As Patron of Royal Life Saving Society - Australia (New South Wales), I congratulate the Society's volunteers, community partners and staff who have continued to support water safety in our community.

Our passion for the outdoors and aquatic recreation brings with it a level of risk. This is where the Royal Life Saving Society steps in to provide services and programs to hundreds of thousands in our community to ensure we are well-equipped with the skills and knowledge to enjoy our beautiful beaches, rivers, lakes, estuaries, waterholes and swimming pools.

The emphasis the Society places on those most in need of water safety education - young children, people from culturally and linguistically diverse backgrounds and those living in rural and remote areas is greatly appreciated by everyone in our community. I thank you for your focus on these areas of need and I look forward to continuing positive developments.

This year, I was proud to host the Royal Life Saving - Australia (New South Wales) Commendation Ceremony at Government House to recognise the incredible dedication of community members who render assistance to others in extreme and dangerous circumstances. We are indeed fortunate to have such selfless and heroic individuals in our community.

Additionally, it was a great privilege to invite the Royal Life Saving Society to participate in our celebrations to mark the 90th birthday of Her Majesty The Queen. This event celebrated the extraordinary achievements of our longest serving monarch and also recognised the long and dedicated service of the Royal Life Saving Society to the people of New South Wales for more than 122 years.

I convey my best wishes as you continue your outstanding work to keep our community safe.

A handwritten signature in black ink, appearing to be "D Hurley". The signature is written over a faint, light blue watermark of the Royal Life Saving Society logo.

**General The Honourable David Hurley AC DSC (Ret'd)
Governor of New South Wales**

Message From The NSW Minister For Sport

The Honourable Stuart Ayres MP



It is with great pleasure as NSW Minister for Sport that I deliver this message to the members and partners of the Royal Life Saving Society Australia New South Wales Branch.

The 2015/16 year has once again continued to be an exceptional year for the Royal Life Saving Society as it continues to address key water safety priorities throughout New South Wales. The Society has implemented a range of innovative and targeted initiatives to meet emerging aquatic challenges and ever changing participation trends.

As the Minister for Trade, Tourism and Major Events in NSW I am proud our State is experiencing an increase in domestic and international visitation numbers to our spectacular Harbour City as well as our sparkling coastline and unique regions. As waterways become cleaner and more accessible, levels of aquatic participation are also increasing particularly in our rivers, lakes and dams.

Data from Royal Life Saving indicates that 5 of the top 10 drowning blackspots in Australia are situated in New South Wales. The Murray River, Hawkesbury River, Murrumbidgee River, Parramatta River and Macquarie River are locations which also feature in the annual fatal and non-fatal drowning toll in NSW. Initiatives, such as the Respect the River program implemented along the Murray River is increasing vital community understanding around water safety and lifesaving skills. In addition, awareness is increasing around the likelihood an incident could become fatal should excessive use of alcohol, illegal drugs and unsafe use of watercraft be involved.

Community organisations, Government agencies and educational precincts are partnering with Royal Life Saving and/or utilising their services to address this issue. In addition to these partnerships, Royal Life Saving, through its network of volunteers, professionals, partners and sponsors are able to successfully deliver products, services, courses and programs to all communities throughout New South Wales whether in metropolitan, rural, regional and remote locations.

The New South Wales Government, through the Office of Sport is committed to the promotion of healthy behaviours and thus continues to give core funding support to the Society to continue this important community engagement. Working together we can ensure waterways remain as safe as possible for all to enjoy.

Finally I would like to acknowledge the contribution of Royal Life Saving instructors and examiners who continue to engage and inspire current generations to adopt safe aquatic practices and learn new water safety and lifesaving skills.

Stuart Ayres MP

NSW Minister for Sport



Message from the NSW Minister for Emergency Services

The Honourable David Elliott MP

In my role as the NSW Minister for Emergency Services I am honoured to present this message for the Royal Life Saving Society Australia New South Wales Branch Annual Report to its members, stakeholders, volunteers and partners.

Under my portfolio of Emergency Services, I work closely with many organisations that do a tremendous amount of work in the area of water safety education and the delivery of public awareness campaigns. I must say that the Royal Life Saving Society sits at the forefront with state-of-the-art programs and courses in an effort to reduce the drowning fatalities and near-drowning numbers.

It is important that we collectively continue to review, research and develop both the Australian and New South Wales Water Safety Strategy so that those documents remain current to ensure we continually target the at-risk groups. I am pleased to say that the Royal Life Saving Society forms an integral role in the NSW Water Safety Advisory Council and focuses on many of the priority areas within the Water Safety Strategy such as targeting life stages honing in on certain age groups, targeting high-risk locations such as inland waterways, coastal waters and swimming pools and focusing on key drowning challenges such as alcohol and drug related drownings, cultural and linguistically diverse communities and extreme weather conditions.

To single out one such priority area would be backyard swimming pools. During the last 12 months the NSW Government introduced amended swimming pool legislation as a means to reduce drowning in backyard swimming pools. Royal Life Saving played a critical role in assisting to promote key changes and providing resources to councils and partner organisations. The Society's Be Pool Safe program highlighted key parental and carer strategies necessary to ensure the protection of young, vulnerable children around these environments. There are more than 325,000 in this state so it is important that children are supervised at all times, pool fences are intact, gates self-close and self-latch.

Furthermore, Royal Life Saving's commitment to our regional and remote communities should be commended and it is important to note that service provision in these locations is increasing due to heightened community requests and needs.

I would like to take this opportunity to congratulate the New South Wales Branch of the Royal Life Saving Society and all of its members and representatives. I am certain that our drowning numbers are kept to a minimum due to the incredible work carried out by the Society. I look forward to the continued partnership between the Society and the NSW Government well into the future.

David Elliott MP

NSW Minister for Emergency Services

Message from the President of RLSSA New South Wales Branch

Jim Whiteside

The 2015/2016 year has been another very successful year for the Royal Life Saving Society Australia New South Wales Branch. This continued success is due to many facets but primarily one could say it is largely due to the ongoing commitment, dedication and professionalism of our volunteers, our vast and varied networks, industry partners, staff and the ongoing support of the New South Wales Government and sponsors.

The Society's strategic vision seeks to ensure aquatic prosperity for all New South Wales communities. We strive to achieve this through the provision of modern, creative and carefully considered services and programs that are backed by a strong evidence or research base.

It is pleasing to report that we have recorded a reduction in the drowning toll for 2015/2016. This is despite an ever growing population and an increased enthusiasm for aquatic activity. There were 96 drowning deaths over the past 12 months, which is a decrease of 6% on the ten year average. It is important that the Society does not become complacent and continues to educate community members of the importance of water safety so that there is a further reduction of drowning and near drowning numbers.

The demand for services and programs across New South Wales continues to escalate and it is pleasing to note that in excess of 250,000 community and vocational education and training awards have been issued in the last 12 months. This vast number of individuals provide a strong and skilled network of lifesavers supporting our communities with the capacity to provide assistance in any emergency situation.

With a greater consciousness on risk and associated minimisation our operational relationships with the aquatic industry has increased. The Society has provided an increasing number of Aquatic Facility Safety Assessments utilising new technologies which provides the industry operator with a high quality and more efficient report on their safety compliance. This information in turn assists in the development of procedures and systems which ultimately address community safety.

The Society continued to demonstrate leadership in building and strengthening the skills of aquatic industry employees. More than 350 free training scholarships were provided to industry partners throughout regional and remote New South Wales to ensure highly-skilled and qualified Lifeguards and Swim Teachers are available to support local programs. This investment in skills acquisition ensures not only access to services but reinforces the commitment the Society has to all communities.

I would like to recognise and thank the contributions of both the NSW and Federal Governments, the community and all those associated with the NSW Branch. To bring about effective strategic solutions to fatal and non-fatal drownings we need to ensure a collaborative effort continues into the future. The New South Wales Government through the Office of Sport, Sport and Recreation has continued to support Royal Life Saving NSW through the provision of core funding. In particular I would like to acknowledge the NSW Minister for Sport, The Honourable Stuart Ayres MP.

I would also like to thank the NSW Minister for Emergency Services, The Honourable David Elliott MP and the Department of Justice, Office of Emergency Management for key project support under the Government's Water Safety Black Spot Fund.

A sincere thank you to our Patron, His Excellency General the Honourable David Hurley AC DSC (Ret'd), Governor of New South Wales, who hosted the Society's Commendation Ceremony at Government House and continues to give great support to our wonderful organisation.

Finally, thank you to all our volunteers, members and their families, our staff, supporters, sponsors and stakeholders who continue to uphold the principles and values of lifesaving across our country.

Jim Whiteside

President RLSSA NSW Branch





Message from the Chief Executive Officer

David Macallister

In my position as CEO I am honoured to again report on the operations, initiatives and strategies of the Royal Life Saving Society Australia New South Wales Branch for the 2015/2016 period. It is my intention to ensure the Society continues its humanitarian

endeavours so that our teachings are accessible to all communities and we continue to provide quality services and programs across New South Wales. Our commitments have been vast, innovative and diverse to ensure we address and drive towards our vision to reduce the drowning and near drowning numbers with our ultimate goal of reaching a nation free from drowning.

We have and will continue to campaign to increase community awareness of drowning prevention and aquatic safety, promote the benefits of aquatic participation and stimulate participation in CPR and first aid programs targeting all emergency situations. All of the Society's programs will not only focus on the general community but will always have an emphasis on reaching key audiences and at risk groups.

Over the last 12 months the Society has worked in partnership with the Aquatic and Recreation Industry and Education sector to ensure children have genuine access to our program pathways. In particular our Swim and Survive activities with the NSW Office of Sport, Sport and Recreation continue to provide valuable opportunities for those most in need. This ensures that tens of thousands of children in regional and remote locations receive a balanced swimming and water safety experience.

The Aquatic and Recreation Industry is a vital link in our quest to deliver a resilient aquatic community. There are over 300 public swimming pools in New South Wales and these facilities provide a significant contribution to health and fitness outcomes. This is especially critical in many communities where often the public swimming pool can become the social and community hub that binds its constituents through sport and healthy activity.

The New South Wales aquatic industry employs tens of thousands of individuals to ensure an appropriate provision of service and safety is available. These include Pool Lifeguards, Swim Teachers, Technical Operators and Customer Service Coordinators. The expectations of clients and consumers is increasing thus requiring sector employees to be multi-skilled to allow for business growth and prosperity. The Society continues to support these developments through high quality training, education solutions, risk management programs and strong advocacy tools. In addition newly developed career pathway initiatives such as the Certificate III in Aquatics and Community Recreation provides a unique opportunity to engage the industry and provide it with valuable structures to bring about elevated expertise, professionalism and service capabilities.

Royal Life Saving NSW is very aware of its responsibilities and accountability to all New South Wales residents. Water safe communities best captures our commitment to ensuring that people everywhere are safe from water related incidents and accidents. Increasing awareness and skill acquisition in special needs communities across New South Wales is not a recent passion. The 2015/2016 year saw a conscious commitment to local and targeted community programs and activities which also resulted in securing financial support from many Registered Clubs across NSW. This support enabled a range of cultural and linguistically diverse community programs, youth leadership initiatives, youth first aid programs and water smart activities for younger children to be successfully implemented.

Our sincere thanks to these Clubs and their members. Further detail on these program are highlighted within the Annual Report.

Royal Life Saving NSW continued to support a range of industry, sector and community committees, boards and advisory panels. In many cases the Society plays a strong leadership role and is able to provide historical reference to ensure outcomes remain relevant and pertinent to key water safety agendas.

Royal Life Saving has continued to support its established sport participation pathway that provides opportunities for lifesavers from community level to elite. The sport of pool lifesaving tests a lifesaver's fitness, speed and endurance, skills in rescue, accident prevention and emergency care in a competitive environment. New South Wales has a quality competition at club level and the NSW state team has long dominated the Australian Pool Lifesaving Championships. This year was no different and has again ensured there is a strong NSW representation in Australian Squads and selection to represent Royal Life Saving at International Competition.

To our dedicated and committed volunteers who provide lifesaving programs and services throughout our State, a very warm and sincere thank you for safeguarding our communities. Your contribution to the Society, but more importantly the community, is extremely valuable in that it prepares many individuals with water safety, survival, rescue, resuscitation and first aid skills and knowledge to enable a lifetime of aquatic safety and enjoyment.

I would also like to use this opportunity to thank the NSW Government for its continued support. Together we have been able to directly target a range of key priorities and provide swimming, survival and lifesaving opportunities to many who otherwise would miss out. In particular special thanks to the NSW Minister for Sport, The Hon. Stuart Ayres MP and the NSW Minister for Emergency Services, The Hon. David Elliott MP who continue to show genuine interest and appreciation for the work of the Society.

I would also like to pass on sincere gratitude to our Patron, His Excellency General the Honourable David Hurley AC DSC (Ret'd), Governor of New South Wales, who hosts the Royal Life Saving Commendation Ceremony each year at Government House Sydney. Both His Excellency and Mrs Linda Hurley's continued support to our organisation is very much appreciated.

Finally I wish to thank the Board of Directors and the staff for their great passion and dedication to fatal and non-fatal drowning prevention in New South Wales. Together we are making great inroads into achieving our vision and ensuring the communities of New South Wales have an opportunity to enjoy and participate in aquatic activity at any of Australia's vast and beautiful array of aquatic locations well into the future.

David Macallister

Chief Executive Officer



Jim Whiteside (RLSNW President), David Macallister (RLSNW CEO) and staff from RLS UK office



RLSNW Staff at the Queen's 90th birthday celebrations at Government House Sydney

Operations Overview



Michael Ilinsky



Anthony Cottee

Over the last 12 months the Royal Life Saving NSW operational team was involved in the provision and servicing of a vast range of programs, activities and solutions designed and developed to meet our key organisational objectives. The continuing reduction of fatal and non-fatal drownings remains a key objective and it is promising to note that we continue to observe positive trends in most priority areas. But we cannot be complacent as we continue to witness a number of concerns particularly with:

- Children under 5
- Older Australians (65+)
- Drownings at inland waterways
- Alcohol and drug related drownings
- High risk groups (Culturally and Linguistically Diverse)

An elevated focus on these priority areas will be undertaken over the next period to ensure our ambitious target of a 50% reduction in drowning deaths by 2020 is realised.

During 2015/2016 our operational units aligned many key activities to those within the Australian Water Safety Strategy. The Drowning Prevention Pillars within the Strategy provide a focus in which to ensure a balanced and methodical approach to drowning prevention. The Pillars include:

- Advocacy
- Research
- Collaboration
- Safe Venues
- Workforce
- Policy
- Education.

Advocacy

One of our key advocacy initiatives in the last 12 months was the Be Pool Safe Communication and Engagement Strategy developed in consultation with the NSW Government and Councils. This initiative involved a sustained effort to establish and maintain the communities understanding of swimming pool legislative requirements and key water safety messages around backyard swimming pools. The initiative included the distribution of resources and a strong media commitment via TV, radio and print networks. During the last 13 years in NSW:

- 83 children under the age of five have drowned in a backyard swimming pool
- 90 children have neurological damage as a result of immersion in backyard swimming pools
- 1,000+ children have been admitted to hospital as a result of immersion in backyard swimming pools.

The devastation caused to family and friends and the “ripple effect” impacting local communities, emergency service personnel and hospital staff is immense. Our commitment to the Be Pool Safe initiative is necessary to bring about reduced fatal and non-fatal drownings in NSW.



Minister for Local Government, The Hon. Paul Toole, Lochie the Lifeguard, Minister for Emergency Services, The Hon. David Elliott and Royal Life Saving Ambassador, Icehouse legend Iva Davis supporting the Be Pool Safe initiative.

Research

A range of key research reports were compiled throughout 2015-16 to support and validate our frontline programs and services. One initiative of significance included a partnership with Macquarie University whereby an extensive series of surveys was completed to measure the attitudinal and behavioural characteristics of International Students towards our vast aquatic environments. This research has provided a greater insight into student skills and knowledge relating to aquatic participation and will assist in generating pre-arrival induction tools during the next 12 months.

Collaboration

Royal Life Saving NSW has maintained strong partnerships with the NSW Government, communities and key industry networks over the last 12 months. These relationships have been vital and have ensured a wide range of services and programs being made available across NSW.

Without our vast community network of volunteers, members, partners and supporters Royal Life Saving NSW would not be able to achieve the goals and aspirations we aspire to. In the last 12 months our people:

- Delivered more than 250,000 Swimming, Water Safety and Lifesaving Community Awards
- Issued over 100,000 Vocational Education and Training qualifications
- Distributed 50,000 CPR Certificates, 20,000 First Aid Awards and 10,000 Defibrillator Awards.

This network of Community Lifesavers provides a critical lifesaving structure that is not restricted to aquatic environments but services our sporting grounds, workplaces, shopping centres and even our backyards.

Safer Venues

The recognition of increasing community pressure and expectations for Council's and Management Groups to continue to provide access to safe and clean swimming pools and spas, highlights the need for demonstrable competence in management of water quality and records of site management to mitigate risk. Public swimming pools are a critical asset to many communities across NSW. In the last year Royal Life Saving NSW completed in excess of 100 Aquatic Facility Safety Assessments to assist operators meet industry best practice. The provision of Improvement Plans to each Local Council ensures a systematic approach to risk management and higher levels of compliance to ensure community safety.

Workforce

To further assist public swimming pools in regional areas, Royal Life Saving NSW provided in excess of 350 free training scholarships to ensure facilities had access to trained and accredited Pool Lifeguards and Swim Teachers. There are over 200 public swimming pools in regional and remote NSW. These facilities provide a range of services and programs to their local communities and visitors. From learn to swim, recreational swimming, competitive programs, water polo and water aerobics these facilities provide a significant social and well-being factor. The Society continues to work with the NSW Government and the industry to provide future opportunities to assist the aquatic sector to further develop their skills and career opportunities.

Policy

To ensure a continuing reduction in the state's fatal drowning toll it has been important to continually improve and modify our policy position to ensure ongoing relevance and suitability to modern community expectation. CPR policy modifications have been implemented to ensure consistency and alignment to international standards. Whilst the changes are considered minor the medical evidence suggests outcomes are greatly improved.

In addition we are constantly improving guidelines relating to NSW public swimming pools. Working in collaboration with our National Office a revised series of industry guidelines have been implemented as a means of increasing community safety. These new Guidelines can be accessed at

<http://www.guidelines.royallifesaving.com.au/>

Education and Innovation

Royal Life Saving NSW continues to provide a vast array of water safety education solutions. These are designed to build awareness of dangers in aquatic environments and to arm the community with lifesaving skills used in both prevention and rescue. Increasingly over the last 12 months our skills and expertise are being used to target groups with special needs, including culturally diverse, Indigenous and International communities.

During 2015/16 over 100,000 NSW children participated in the Swim and Survive program. This equates to more than 1,000,000 lessons at public swimming pools! These vital programs build our children’s resilience and prepare them for a lifetime of safe aquatic participation. These programs could not be completed without the commitment of the network of highly skilled and committed swim teachers across NSW.

Our newest online initiative continues to be utilised by the education sector across the state. The Open Water Experience Program has been developed to provide primary school students and community groups with the opportunity to acquire relevant skills and knowledge to participate in recreational activities in our open water environments. As children grow they become exposed to a range of recreational water activities including surfing, canoeing, kayaking, rafting, water skiing and fishing to name a few. It is important that children have the opportunity to develop foundation aquatic skills (swimming & survival) and acquire relevant knowledge pertinent to our open waterways.

Our commitment to the education sector is critically important and the establishment of key policies to support student welfare has remained vital. Students need to be reminded of their aquatic proficiencies on a regular basis to ensure they understand what they can and can’t achieve. The Aquatic Survival Challenge Series is not a learn-to-swim program. It primarily targets young Australians 8-17 years and provides them with a physically challenging array of swimming and survival activities. The focus of the Aquatic Survival Challenge is to provide children with the opportunity to test their aquatic proficiencies in a structured, supervised environment. This opportunity ensures participants gain a greater understanding of what they are capable of performing in an aquatic environment, so that when they are faced with future aquatic activities they are prepared and are able to determine their personal physical limitations prior to commencing the aquatic activity.

Michael Ilinsky

Operations Manager

Anthony Cottee

General Manager - Training and Education



Liverpool Boys High School – First Aid in a Box Youth

Aquatic Industry Services



Nicola Jamieson



Nick Au

The Aquatic Industry Services is becoming more and more vital to The Royal Life Saving NSW Branch when one assesses the scope of education and training, risk management, career pathways and entry level employment opportunities our organisation provides. Developing safety guidelines and risk management systems for all aquatic environments is essential for supporting water-safe communities.

Over the last 12 months Royal Life Saving NSW has worked to improve industry safety and risk management standards through key activities including:

- Revising Guidelines for Safe Pool Operation
- Re-developing Guidelines for Water Safety
- Increasing technology solutions associated with Aquatic Facility Safety and Inland Water Safety Risk Assessments
- Reviewing Lifeguarding training systems
- Promoting and providing management consultancy services.

Throughout the 2015/2016 year representatives from across the aquatic industry that form part of the National Reference Group continued to meet to provide input into the review of the Guidelines for Safe Pool Operations (GSPO). The review of the Guidelines saw the following initiative established:

New Online Portal

Royal Life Saving has developed a new GSPO Website which has set the platform for the progress of the review and a new continual improvement approach to the Guidelines. The new website provides:

- Automatic version control of the GSPO
- Individual word search via a HTML tagging system
- Automatic notifications to subscribers of changes to the GSPO
- Reference Group access to review and comment on Draft/Revised Guidelines online
- General Communications (online blog like) for discussions on particular issue.

In addition all Australian Standards relevant to the Guidelines have been reviewed and updated to ensure the most current references are available for industry access.

These new Guidelines can be accessed at <http://www.guidelines.royallifesaving.com.au/>

5 Star Water Safety Partner

Over the last 12 months we have continued to support and raise the profile of the 5 Star Water Safety Partner initiative. This program enables coordinators within the education sector to identify public swimming pools and leisure facilities who have committed to addressing risk and safety by meeting a rigorous 40 point aquatic safety check.

Often those within the education sector are unfamiliar with aquatic safety standards, guidelines and policies. The 5 Star Water Safety Partner initiative involves a site inspection and the provision of documentation and/or evidence that demonstrates a commitment to client safety. The 40 safety points have been developed with a specific focus on child safety particularly around unstructured aquatic events (i.e. celebration days).

For further information on complying pools please visit our website or contact your nearest Royal Life Saving office.

New Audit Tool

To ensure we provide efficient services to the aquatic industry we have undertaken a compressive rebuild of our auditing tools and associated technology. Our new operating platform enables us to audit aquatic venues and upload information, coordinates and data immediately. This in turn ensures operators receive information far quicker and in a more useful operational form. The developed reports provided in these audits enables facility management to address issues of high risk and to establish policy to protect aquatic user groups. Annually the Society completes in excess of 100 field audits across a diverse range of aquatic environments. In the last 12 months we have witnessed an increased level of enquiry relating to open water environments, particularly along some of our major river systems such as the Murray and Murrumbidgee Rivers.

Consultancy

Over the last few years we have started to witness that aquatic user groups are seeking out a more diverse range of aquatic experiences. The establishment and development of theme parks, inflatables and wave parks can provide operators with risks not previously encountered. Royal Life Saving has therefore received a number of enquiries seeking services to address these changing conditions and experiences. Our consultancy services over the last 12 months have also included input into new facility design, revised supervision standards and modified training techniques.

Nicola Jamieson

Aquatic Industry Services Co-ordinator

Nick Au

Aquatic Risk Co-ordinator

Health Promotion



Kimberley Noffs

The 2015/2016 year has been an exciting year for our Health Promotion Department with some significant educational programs and community initiatives taking place. In particular, this year has seen Royal Life Saving NSW work hard to engage a number of priority population groups in a range of targeted Water Smart and First Aid initiatives as we strive to achieve our goal of halving drowning deaths by the year 2020.

Much of our work would not have been possible without the generous funding support offered by Clubs NSW under the 2015/2016 Clubs Grants program. The Royal Life Saving NSW Branch is grateful for the funding support we have received as it has enabled us to reach thousands of community members in areas such as the Blacktown, Hills Shire, Canterbury, Rockdale, Willoughby, Fairfield, Holroyd, Hurstville and Canada Bay, with vital water safety information and education. A snapshot of some of the community initiatives we have conducted across Sydney this year include:

- *'Water Smart Kindy Kids'* – An interactive water safety education program for Kindergarten students
- *'Water Smart Years 5-6'* – An inland water safety education program for years 5-6 students
- *'First Aid Safe, Youth'* – A First Aid and Cardiopulmonary Resuscitation training program for Year 10 – 11 school students
- *'Water Smart, Resuscitation Smart'* – Water safety and CPR awareness workshops for people aged 55+
- *'CALD Water Smart, CPR Smart'* – Water Safety and CPR training for cultural and linguistically diverse communities

Royal Life Saving NSW would like to thank the following Clubs for their generosity and support over the last year:

Blacktown Tavern	Chatswood RSL Club
Briars at Greenless	Club Five Dock
Cabramatta Rugby Leagues Club	Club Merrylands Bowling Club
Cabravale Diggers	Earlwood Bardwell Park RSL Club
Campsie RSL Club	Seven Hills Toongabbie RSL Club
Canada Bay Club	St George Masonic Club
Castle Hill RSL Club	

Keep Watch continues to be Royal Life Saving's primary drowning prevention program for children under the age of 5. Over the last 12 months we have maintained our commitment to educating parents about the dangers of leaving children unattended near water and have been able to provide thousands of families across the state with vital Keep Watch information and resources. Our key messages continue to be:

- SUPERVISE
- RESTRICT ACCESS
- WATER AWARENESS
- RESUSCITATE

Kimberley Noffs

Health Promotion Co-ordinator



MOSAIC Multicultural Centre Chatswood – CALD Water Smart CPR



Old Guildford Public School Water Smart – Years 5 and 6



Seven Hills Toongabbie RSL Club Seniors – Water Smart Resuscitation Smart



St Michael's Belfield Water Smart Kindy Kids



Melanie Morson, Kim Noffs with President of Castle Hill RSL Warren Glenny

HEALTH PROMOTION

New South Wales Drowning Summary 2016

There were 96 people who drowned in New South Wales waterways between 1 July 2015 and 30 June 2016. This is a decrease of 6 deaths (or 6%) on the 10 year average of 102 deaths (Figure NSW1). Of the people who drowned in New South Wales in 2015/16, 91% were male.

The highest number of drowning deaths occurred in people aged 25-34 years, accounting for 18% of all deaths, followed by people aged 55-64 years (16%) (Figure NSW2).

Almost a third of drowning deaths in New South Wales occurred at beaches (31%), with a further 20% occurring at rocks (Figure NSW3).

Prior to drowning, people were undertaking a wide variety of activities, with more than a quarter of people drowning while swimming and recreating (27%). A further 14% of people drowned as a result of a fall into water (Figure NSW4).

The most common season for drowning deaths to occur was summer (35%), followed by autumn (24%) (Figure NSW5).

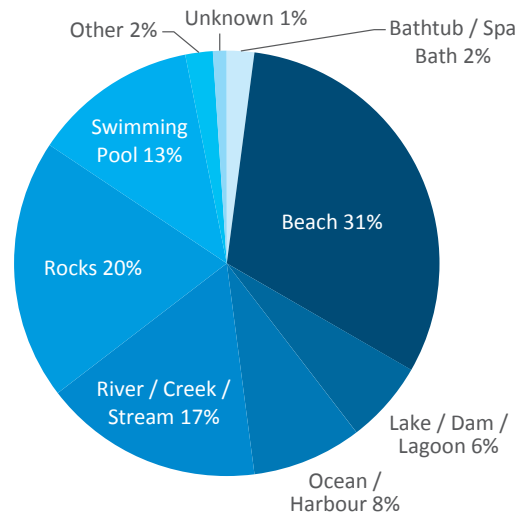


Figure NSW3: Location of Drowning Deaths, New South Wales, 2015/16

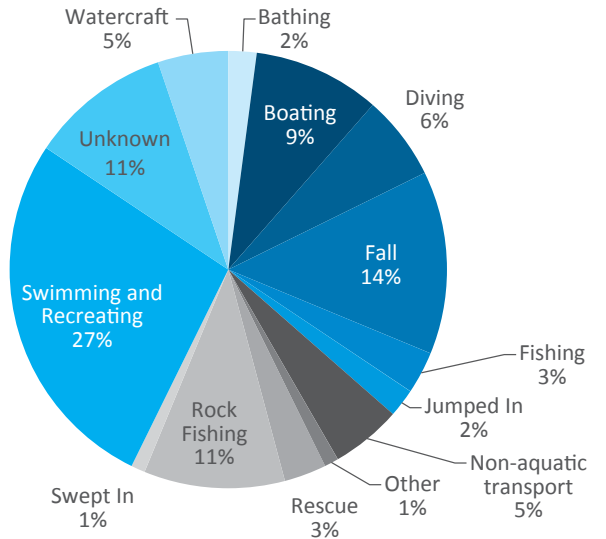


Figure NSW4: Activity Prior to Drowning, New South Wales, 2015/16

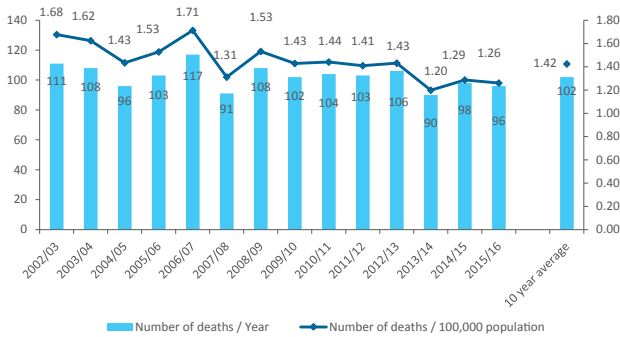


Figure NSW1: Unintentional Drowning Deaths and Crude Death Rates, New South Wales, 2002/03 to 2015/16, 10 Year Average

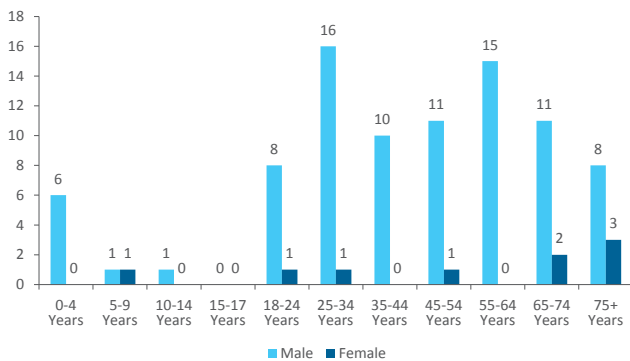


Figure NSW2: Drowning Deaths by Age Group and Sex, New South Wales 2015/16

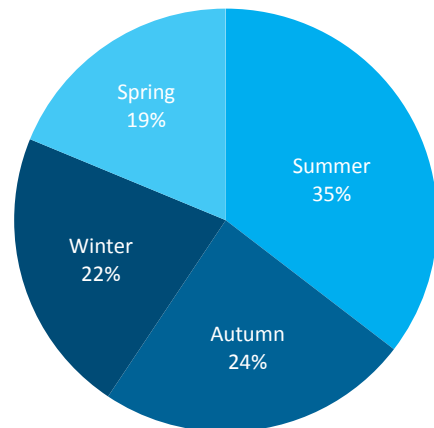


Figure NSW5: Drowning Deaths by Season, New South Wales, 2015/16

Aquatic Programs



Kaye Wood

Water Safety Education is a vital component in Royal Life Saving's overall strategy to reduce drowning and aquatic related emergencies. Our programs are designed to build awareness of dangers in aquatic environments and arm the community with lifesaving skills that can be used in both prevention and rescue.

With the support of NSW government, Royal Life Saving NSW continue to provide access to innovative educational programs for use in the school classroom and community settings.



- The **Open Water Experience** is an online interactive program developed for Year 5 - 6 Primary School children and focuses on safety in and around inland waterways. Tragically in 2016, 21% of all drowning deaths occurred in Australian rivers, creeks and streams, which highlights the importance of this program.
- The **Water Smart Award** is for Primary school students and is taught in the classroom and playground by school teachers. Combined with the Water Smart toolkit, Water Smart is a comprehensive program that educates students in water safety knowledge, reach and throw rescue techniques and basic resuscitation principles. The Water Smart program is implemented in thousands of schools across NSW.
- The **Swim Safe Swim Sober** program is designed for Year 9 - 10 High School students and targets the dangers of participating in aquatic activities while under the influence of alcohol. Alcohol consumption is a risk factor for drowning with 15% of people found to have a positive reading for alcohol in their bloodstream at the time of drowning.
- The elements of the **Swim and Survive** program are essential for aquatic safety and survival, the success of the program is evident in the fact that it has been taught to Australian children for over 30 years. Students learn safe entries and exits, floating and sculling, movement and strokes, survival and PDF use, underwater skills, safe diving methods and rescue techniques.

Royal Life Saving NSW will continue to emphasise the value and importance of the Swim and Survive program and will encourage and support its use in schools, pools and communities across NSW.

The Swim and Survive Partner Pool program continues to grow across the state. We aim to work with facilities to provide guidance and assistance in the delivery of Swim and Survive. We do this through the provision of quality resources and workshops.

Registered Swim and Survive Partner Pools can be found listed on the Swim School Locator at www.swimandsurvive.com.au

Lifesaving Programs

As a continuation from the Swim and Survive Awards, schools, pools and clubs throughout NSW are continuing to build on the water safety knowledge and skills of their participants.

Instruction and testing in the three rescue awards, Dry, Wade and Accompanied followed by the Bronze Star, Bronze Medallion and Bronze Cross Awards ensure the themes; water safety, personal survival, rescue, resuscitation and emergency care will continue to assist in reducing aquatic related incidents.

In conjunction with the Bronze Awards the newly developed Bronze e-lifesaving program is assisting participants to progress through the theory content of the program with the help of scenarios and centred themes.

Royal Life Saving NSW looks forward to working alongside our partners, examiners, schools, clubs and community groups in the year ahead. Together we will continue to provide water safety education and encourage safe participation in the diverse array of aquatic locations Australia has to offer.

Kaye Wood

Aquatic Programs Co-ordinator

Aquatic Safety Training Academy (ASTA)

The Royal Life Saving New South Wales Branch (RLS NSW) is committed to reducing drowning and creating water safe communities. The Aquatic Safety Training Academy (ASTA) is one of the primary avenues RLS NSW is able to achieve its objectives through the delivery of quality programs and courses to all communities of New South Wales with an emphasis on Western Sydney. I am pleased to report that 2015/2016 has been another successful year for the ASTA.

The Aquatic Safety Training Academy proudly delivers the Swim and Survive program to the communities of Seven Hills and the surrounding districts. Swim and Survive ensures the essential components of personal survival and water safety are provided, in addition to developing strong and effective swimming techniques.

In the 2015/2016 year staff at the Aquatic Safety Training Academy taught more than 17,697 sessions of Swim and Survive to 2,846 members as part of our term-based learn to swim program. ASTA's Swim and Survive program is highly valued by its members with ASTA retaining more than 87% of participants in programs each term and averaging attendance at sessions of 77% which rates as one of the best when compared with industry standards across Australia.

In our addition, ASTA delivers water safety education to schools in the surrounding community. In excess of 17 schools and community groups participated in water safety education programs at ASTA including Swim and Survive, the Aquatic Survival Challenge, Bronze Star and Bronze Medallion. 2,152 students participated in programs across 134 sessions in 2015/2016.

In conjunction with the delivery of water safety programs, ASTA was host to 110 community and vocational education and training courses in First Aid, Bronze Medallion, Grey Medallion, Pool Lifeguard, AUSTRALIAN SWIMMING and Water Safety Teacher and Pool Technical Operations.

ASTA continues to play an important role in the training and development of aquatics professionals. We continue to provide voluntary work placement for candidates completing swim teaching, pool lifeguarding and pool technical operations qualifications providing them with vital on-the-job experience prior to entering the workforce or continuing in their aquatics careers.

I would like to take this opportunity to thank the Seven Hills Toongabbie RSL Club for their continued support in 2015/2016 in assisting with funding opportunities targeting Cultural and Linguistically Diverse Communities, at-risk groups and underprivileged families. They have also supported our transport to participating schools in the area to help make swimming lessons more accessible for schools by removing the barriers that are normally presented by the high cost of transport.

I'd also like to thank the IMC Pacific Foundation who, through their partnership with the Swim and Survive Fund, provided funding for all students in Year 2 at Old Guildford Public School to participate in a free 10 day learn to swim program. It is through partnerships such as this that those at most risk of drowning in our communities are able to access vital water safety education.

I'd like to also acknowledge the efforts of the staff at ASTA over the last 12 months who make delivery of programs possible. Their energy and passion for water safety education is unrivalled and drives our continued effort to provide more opportunities for education and training to the Western Sydney community in particular but allowing us to reach other communities throughout NSW.

Matt Griffiths

Facility Manager

Hunter Regional Office

The 2015/2016 year was a very productive year with substantial growth occurring throughout and across all areas. The key focus for this past year was to improve the quality of training provided and continue to grow and develop the services available in the Hunter Region.

CALD Learn to Swim Program

The Hunter Regional Office continued to offer Learn to Swim Programs for adults from Cultural and Linguistically Diverse Communities. The Hunter office partnered with The University of Newcastle Forum Aquatic Centre to deliver high quality programs to a number of international students. This program was a success and certainly assisted with breaking down the barriers for the participants enabling them to feel more confident in and around water.

Pool Lifeguard Supervisors Workshop

Prior to the season commencing in spring of last year, over 40 Pool Lifeguards and Pool Managers gathered to attend a Pool Lifeguard Workshop. This was a great opportunity for the Hunter Region's industry leaders to meet, discuss and learn about the important role a Supervisor plays with the induction process of new lifeguards. Following this session there have been several smaller group sessions occur. It is our goal to have at least one person from each Hunter Region Pool certified to be a Pool Lifeguard Supervisor.

Department of Education and Training

The Department of Education and Training (DET) underwent many changes in relation to their compliance training in January 2016. As a result of these changes, the Hunter Regional Office has been kept extremely busy delivering CPR and Anaphylaxis Training to DET schools throughout the region. The feedback from schools has been extremely pleasing and we are very grateful for the small but passionate group of trainers who are certified to deliver DET training courses. Their dedication and commitment has been first class.

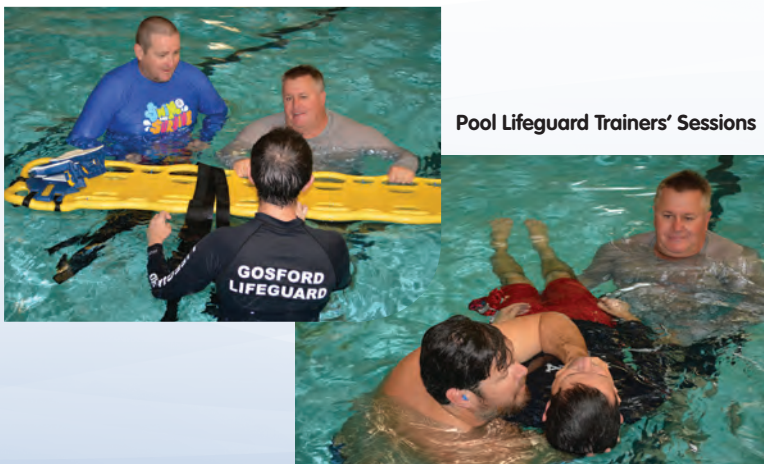
Smart and Skilled Training

Smart and Skilled training has been a real focus this year with approximately 60 people taking advantage of free training in Pool Lifeguard and AUSTSWIM Teacher of Swimming and Water Safety. Many facilities capitalised on this opportunity and enrolled potential employees or increased the skill level of their existing employees.

To our examiners and training partners, thank you and keep up the great work. You make our jobs so much easier. Special thanks to Adele Berry and the team at Balance Health Club for hosting our many public training sessions. Last but not least a special mention must be made of the small but talented group of casual trainers who continuously go above and beyond. A huge thank you to our long serving Administration Officer Jackii Downie and we welcome Renee Amidy who recently came on board to job share with Jackii.

Tanya Brunckhorst

Hunter Regional Manager



Pool Lifeguard Trainers' Sessions



Tanya Brunckhorst and Volunteers from Killarney Vale AFL Club Recipients of a Free Defibrillator

Illawarra Regional Office

During 2015-16 the Illawarra Office continued to make substantial progress in many areas of drowning prevention training, education and advocacy throughout the communities of south-eastern NSW.

Our relationships with public swimming pools across the region continued to grow and the request for service and support escalated over the last 12 months. The regional offices collectively train approximately 600 professional Pool Lifeguards annually. These individuals provide a high quality customer experience in addition to traditional responsibilities such as active supervision, preventative interventions and reinforcing rules. With warmer temperatures, increased tourism and a trend for healthier lifestyles we expect Pool Lifeguard services will continue to play a critical role well into the future.

During the year the education sector implemented revised student welfare policies relating to CPR and Anaphylaxis compliance. These revised policies led to an increased level of demand for face to face services. In a short period of time we witnessed in excess of 2,000 teachers receiving vital training and assessment outcomes to ensure the protection of students. Not only do education sector employees provide protection for students but they also take these skills into the broader community where often they are called upon at sporting grounds, recreation sites, shopping centres and even in their own backyards. Royal Life Saving has long held the belief that everyone can be a lifesaver, and this network of trained individuals adds to this aspirational vision.

Over the last 12 months the Illawarra Office has continued active engagement of the media as a means of addressing local water safety priorities and driving drowning prevention messages. The Be Pool Safe campaign received significant coverage across the region which could not be achieved without the support of our local TV, print and radio media networks. It is only through this collaborative support are we able to spread key policy and related drowning prevention strategies.

The next 12 months provides continuing opportunities to build partnerships and networks to ensure local communities are well placed to undertake aquatic activities in a safe and enjoyable manner.

To our key training staff - Carly Ryan, Kerry Wilkes, Korrily Hillier, Katrina Scarpin, Sandy Moretti, Shane Townsend, Alice Drescher and Tammy Taylor, thank you.

Finally, I would like to acknowledge the work of our dedicated office staff, Tracey and Nicole whose passion and commitment is greatly appreciated. I would also like to thank David Macallister and the talented and resourceful team at head office who ensure we are provided with the support necessary to reach our goals.

Ian Kennerley

Illawarra Regional Manager

Northern Regional Office

This year marks a significant milestone in the provision of water safety, lifesaving, first aid and aquatic industry services in Northern NSW.

The Northern Regional Office quietly celebrated 20 years of operation during the past year and I would like to take this opportunity to thank all of our Examiners, Trainers, Training Partners, clients and staff for the ongoing success of the branch in this region.

We've worked hard to reposition Royal Life Saving in the competitive environment of vocational training and also the changing field of health promotion. At the same time we have consolidated our network of training and water safety partners through exciting and creative initiatives such as the Keep Watch @ Public Pools and online learning platforms.

The Northern Regional Office has developed a strong partnership culture that involves local government, education departments, community colleges, the aquatic industry and corporate bodies to deliver our key programs and services. The reliance on these partnerships allows us to achieve our goals throughout regional NSW.

Thank you to our training staff that assisted with the delivery of our vocational training product this year including Belinda Flynn, Karen Dallas, Andrew Nelson, Angus Speedie, Jeff Moss, Gary Johnson, Kim Rayner, Shane Townsend, Geoff Hanson, Damien Roman, Paul Tiernan, David Field, Stephen Gollan, Rebecca Yeager, Jenny Schouten and Sally Moriarty.

A key highlight this past year was the implementation of the NSW CPR Primary School campaign delivered by Cameron McFarlane from Tamworth. Cameron is a RLS Examiner and Pool Supervisor who during the winter months travelled throughout regional NSW, voluntarily, to instruct children in Years 5 & 6 in CPR. Cameron has a passion for educating people in CPR and water safety and realised there was limited access to CPR awareness training for children in regional NSW. With the support of RLS NSW Cameron embarked on a journey to travel regional NSW and visit as many schools as possible to spread the message of early and effective CPR.

Highlights of this program include:

- 27 schools visited from Moree to Albury
- 2400 school children trained in CPR over 6 weeks
- 4600km travelled
- \$8,600.00 raised from local sponsorship and donations from the schools to be reinvested back into community lifesaving and water safety programs.

We will never be able to measure the success of these types of programs, however if it is one life saved due to the dedication of individuals like Cameron then it has been well worth the combined efforts of all involved.

Jason Phillips

Northern Regional Manager



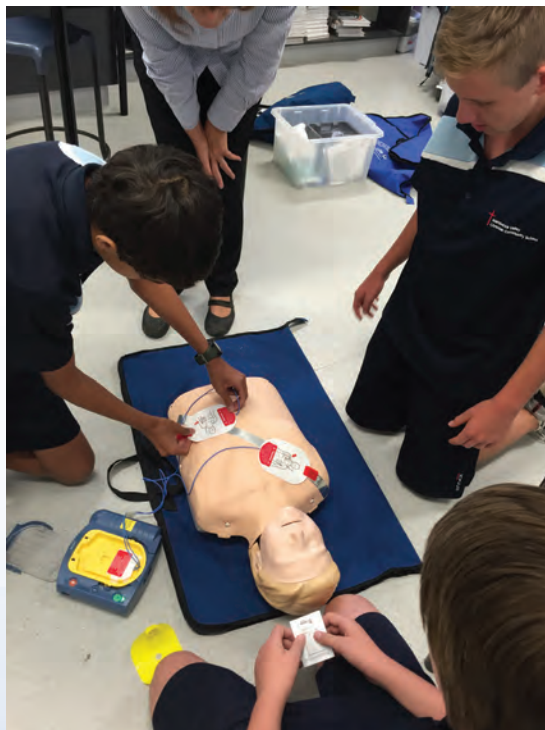
Automatic External Defibrillator (AED) presentation Woolgoolga Sports Association



Department of Education Assisted Travel Staff CPR Training



CPR Training University of New England, Armidale



Nambucca Valley Christian Community School AED Training

Riverina Regional Office

The Regional Office has continued on its pathway in providing training, knowledge and products to many areas within the boundaries of the Riverina region. Our focus remains very much customer based and delivery of products and services to the highest standard.

There have been two major inputs into the already busy schedule that exists within the regional office. These being the "Respect the River" campaign and the "new" Department of Education (DoE) CPR and Anaphylaxis training programs.

The Respect the River campaign was officially launched by the Honourable Susan Ley, Federal Minister for Health, Aged Care and Sport, on the banks of the Murray River in Albury. The Murray River precinct was chosen, as the river has been identified from the RLSSA's "Drowning Deaths in Australian Rivers, Creeks and Streams: A 10 year analysis (2014)" as the number 1 location for inland waterway drownings in Australia. Included in this report was the fact that over one third of all drownings in Australia occur in inland waterways, rivers and streams. These statistics have been mirrored in individual state drowning reports over the same consecutive years.

As a way of advertising and reaching out to all those who engage in aquatic activities, RLSSA has collaborated with likeminded organisations to promote and actively pursue a safe inland waterway environment. The "Respect the River" is built around four pillars of activity.

- When in a boat always wear a life jacket
- Avoid alcohol when in or around water
- Don't swim alone
- Learn lifesaving strategies

Some of the projects and strategies that were implemented were

- A partnership with NSW Roads and Maritime to work in conjunction with their "new for old" life jacket campaign
- Installation of information hubs promoting safe river practices throughout the region
- Engagement with community events to promote river safety such as the Wagga Gumi Festival
- Alignment with local fishing and angling events to distribute river safety materials

The addition of a new process for the compliance requirements of the DoE has seen an upswing in direct dealings with many schools located in the region. While at times we have had to manage issues with efficient programming, external restrictions and available resources it has always been seen as positive engagement with a major partner of this organisation. We have engaged with both the primary and secondary sections of the DoE and have covered schools from Broken Hill through to Cooma.

Our generic Vocational Education and Training (VET) and community programs have continued to progress with pleasing success and positive feedback. The office is continually promoting a holistic approach to water safety with involvement with Keep Watch programs and the NSW Backyard Pool Legislation which came into force in April of this year. The primary focus is without doubt to reduce the number of drownings and tragedies in all aquatic environments within our communities.

I would like to thank those who have assisted throughout the past 12 months to ensure the smooth running and professionalism of our regional office. These include, the professional trainers and assessors, both internal and external who help deliver the message through our vocational programs. The volunteer examiners who continue to support the community based programs of RLS and finally staff members Verity Smith and Tristan Strong.

Mick Dasey

Riverina Regional Manager

Western Regional Office

The Royal Life Saving Western Regional Office was kept busy this last financial year with our usual courses and programs as well as vocational qualifications run under the Smart and Skilled funding program and a new partnership with Charles Sturt University (CSU) in Bathurst. The changes to course provision for the staff of the Department of Education have also had an impact on our loyal Examiner network and the volunteer method of course delivery on which the Royal Life Saving Society tradition is founded.

Smart and Skilled Program

We were fortunate to secure funding through the Smart and Skilled program to assist forty-eight people to undertake the AUSTSWIM Teacher of Swimming and Water Safety course, as well as twenty-four additional people for the Pool Lifeguard training package across the western region. This kept us busy through the early months of 2016 with courses held in Dubbo, West Wyalong, Orange and Bathurst. It is hoped these candidates will find employment within our local aquatic centres for the upcoming season as learn to swim instructors and pool lifeguards.

CSU Bathurst Samoan Sports Outreach Program

Charles Sturt University, Bachelor of Education (Health and Physical Education) students participating in an international Sports Outreach Program in Samoa, conducted a series of professional development workshops in swimming and lifesaving. The program, developed and supervised by lecturer Dr Matt Winslade in conjunction with the Western Regional Office, saw over 40 teachers from Apia, Samoa participate in a range of activities designed to inform and extend aquatics based activities in the primary school curriculum.

Dr Winslade and the pre-service teachers involved in the delivery of the aquatics teaching program have all been trained and accredited through the Western Regional Office as part of its strategic partnership working with CSU to professionally engage pre-service teachers with aquatic environments. The program was designed and adapted to suit the needs of teachers based in Samoa in order to increase both individual confidence in the water and to design and develop more meaningful programs for students in their care. Samoa Primary School is actively programming units of work based on Royal Life Saving resources and following registration and completion of the training activities, a number of certificates from the Swim and Survive program were issued to the school. It is envisaged that later in 2016 the CSU Sports Outreach program will be expanded to include more professional development for teachers focusing on Royal Life Saving accreditation and Bronze level activities. The opportunity for young Health and Physical Education teachers to share their knowledge and training to build the capacity of other teachers is an invaluable experience and hopefully results in fewer tragic drowning events.

Training for staff of the Department of Education

The Royal Life Saving Society volunteer method of course delivery for schools and teachers was dealt a blow this year with new training requirements implemented by the Department of Education. School-based Examiners were no longer able to deliver internal compliance training for their colleagues, seeing a long-standing arrangement of examiner accreditation being severely effected. This year has seen a transition to the new course delivery arrangements and sadly many resuscitation examiners who have been associated with our office over the years are finding their skills going to waste. Royal Life Saving owes a big 'thank you' to those of you who now find yourself in this situation and please know that we can always use your skills and knowledge in other areas, so if you are looking for an alternative way to be involved with us, please give us a call!

It has been a busy and sometimes challenging twelve months and there is much to look forward to over the coming year. The Western Regional Office relies on the support of our fabulous trainers and volunteers to help us get our message out there, so keep up the great work where you can! Thank you also to our Head Office staff and Board of Directors for your support and guidance throughout the year, and also to Jenny who has taken to her new administrative role within our office with aplomb. We will continue to strive to provide a valuable service to the communities of the Western Region over the coming year.

Alison Middleton

Western Regional Manager

Honours

The Royal Life Saving Society Australia New South Wales Branch presents RLS Honours each and every year at New South Wales, Australian and Commonwealth levels. These Honours are presented to individuals, groups, schools and/or organisations to recognise the continued commitment, dedication and voluntary work of the Society's members, examiners, competitors, officials and supporters in promoting Lifesaving, Water Safety, survival, rescue, resuscitation and first aid.

The Society would like to thank and congratulate the following RLS Honour recipients for their ongoing support but especially their efforts during the 2015/2016 year.

AUSTRALIAN HONOURS

RLSSA Associate (2014/15)

Scherie McDonell
Eion McCrindle
Denise Williams
Mavi Giacomello
Donna Fishburn
Blake McCrindle
Jeff Moss

RLSSA Fellow (2014/15)

Norm Stanley

NEW SOUTH WALES HONOURS

Life Member

William James Howitt
Robyn Brettell
Jill Collier

Long Service Star

Carol Baglin
Jennifer Perry

Distinguished Service

Ivan Gant
Neil Pratten
Jill McGuinness
Christine Lang

Associate Award

Craig Williams
Max Hoste
Robert Gordon
Wendi Herman
Kim Catton
Cheryl Smalley
Michael Southwell

Associate Award (cont)

Andrew Nelson
Angus Speedie
Max Gonzales
Bruce Baker
Susan Saunders
Ann Kelly
Bruce Cuneo
Brenton Gurney
Carol Deegan
Katie Brooks
Gabrielle McIntyre
Kirrilea Gordon
Lisa Bauer
Jacinta Owens
Gill Becker
Jeff Smith
Phil Nield
David Lumley
Cameron McFarlane
Melissa Corby
Paul Edwards

Russell Crane Cup

Carol Baglin

Derek Emery Memorial Trophy

Sophie Richardson

Sir Walter Leonard Memorial Trophy

Melissa Corby

John Stacpoole Memorial Trophy

Melanie Williams

NSW President's Award

Merrylands High School

Certificate of Appreciation

Andrew Bowden
Sarah Osborne
Jed Peisley
Jordan Hodgers
Olivia Osborne
Albury Public School
Barellan Central School
Leeton Public School
Orange High School
Blue Mountains Leisure Centres
Carewest
Charles Sturt University (Bathurst)
Charles Sturt University (Dubbo)
Charles Sturt University (Orange)
James Sheahan Catholic High School
Kinross Wolaroi School
Charles Sturt University (CSU)

Commendation Awards

In March 2016 the Patron of the Royal Life Saving Society Australia New South Wales Branch, His Excellency, General The Honourable David Hurley AC DSC (Ret'd), Governor of New South Wales, hosted the Society's annual Commendation Awards Ceremony at Government House Sydney.

The RLS Commendation Awards are presented to people who have attempted to save the life of a fellow human being using their knowledge in water safety, rescue and/or resuscitation to aid an injured or ill casualty. These remarkable Australians perform those skills often in emergency situations, under stressful conditions, sometimes with multiple casualties and frequently at risk to themselves.

The following people were recognised for their extraordinary efforts in rendering assistance and attempting to save a life. The RLS Commendation Awards fall under the categories of Certificate of Commendation, NSW Police Service Award, Fire & Rescue NSW Award, NSW Ambulance Service Award and NSW Rural Fire Service Award.

The Royal Life Saving Society Australia New South Wales Branch would like to congratulate each of these wonderful Commendation Award recipients. I hope you read their citations with interest.



His Excellency General The Honourable David Hurley AC DSC (Ret'd) and Mrs Linda Hurley, Mr David Macallister, CEO NSW Branch, Commissioner Greg Mullins – Fire & Rescue NSW, Assistant Commissioner Michael Fuller – NSW Police Force and Chief Superintendent Ross Chivers – NSW Ambulance with 2016 Certificate of Commendation Award recipients, NSW Police Award recipients, Fire & Rescue NSW Award recipients and NSW Ambulance Service Award recipients.

Certificates of Commendation presented to:**Lafo Tuimaseve and Tuakalau Christopher Sakopo**

At approximately 12.50pm on Wednesday 26 February, 2014, a male alighted from a train stopped at platform 2 of Marrickville railway station and decided to cross the railway tracks to gain access to platform 1. At the time trains were stationary at both platform 1 and 2. As he walked in front of the train at platform 1, it began to move away from the platform and the male was pushed off balance and run over by the train, resulting in the amputation of his left leg and right foot.

Lafo Tuimaseve and Tuakalau Sakopo immediately went to his assistance, lifting him off the tracks and placing him out of any further danger. They sourced a piece of rope from a nearby business and applied a tourniquet to both legs to prevent any further loss of blood.

High Commendations are awarded to Lafo Tuimaseve and Tuakalau Sakopo. If it was not for the quick action of these two civilians the male patient would not have received the immediate medical treatment that he required. The casualty has since had his leg reattached.

Certificates of Commendation awarded to:**Luke Walsh and William Large**

Every Saturday at the Clubhouse Hotel in Gunnedah a husband and wife team ran the karaoke entertainment. At approximately 1.20am on 1st September, 2013, while packing up the equipment, the husband has collapsed and suffered what is believed to be a cardiac arrest. He was unconscious, not breathing and had no pulse.

Luke Walsh and William Large, both employees of the hotel, immediately came to his assistance and commenced Cardiopulmonary Resuscitation (CPR). Emergency services were contacted and a single unit ambulance was the first emergency service to arrive followed shortly afterwards by police. While police assisted the paramedic with his medical apparatus, Luke and William continued CPR on the victim. Initially the patient had no cardio output however after constant CPR from Luke and William and several shocks from a defibrillator along with administered drugs, he started to regain vital signs. He was stabilised and moved to Gunnedah Hospital and then Tamworth Base Hospital. The patient underwent surgery and later made a full recovery.

High Commendations are awarded to Luke Walsh and William Large. It was the opinion of the hospital staff and paramedics that if it were not for their quick thinking and immediate action in rendering first aid to the patient and commencing CPR, that he would not have survived.



Dale Laverty

Certificate of Commendation awarded to: Dale Laverty

On Wednesday 27 November, 2013 at approximately 2pm lifeguard Dale Laverty was tasked to respond to an incident one kilometre north of the area he was patrolling at Fingal Bay. As he was the only lifeguard on duty, he closed the beach and drove north towards a notorious sand spit, that at low tide tempts visitors to cross the sand bridge to the uninhabited Point Stephens. However when the tide turns, the spit quickly disappears beneath a strong torrent of water with waves building steeply as they approach the sand formation.

Arriving on the scene, Dale asked a group of people where the person was and they pointed to a location 200 metres away. He immediately removed the rescue board from his vehicle and taking into account the 1.5 metre waves he paddled out to the area where the person was last seen. He located the patient who was unconscious and face down in the water. Dale secured the patient's arm and executed a rescue board roll. Noticing that his lips had turned blue, he cleared the patient's airway and commenced Cardiopulmonary Resuscitation (CPR) on the rescue board before heading to shore. After successfully negotiating the waves and the 15 minute paddle with the unconscious patient on the board, he was met by two police officers who assisted with lifting the patient above the high tide mark. Resuscitation equipment including the defibrillator and oxygen were retrieved from the vehicle and Dale took control of the patient's primary care with the help of police officers and continued CPR for 10 minutes until paramedics arrived.

High Commendations are awarded to Dale Laverty who put his own life at risk in heavy seas in an attempt to save the life of a fellow human being.



Lucas Toms

Certificates of Commendation awarded to: Lucas Toms and Graham Toms

On Sunday 31 August, 2014, father and son duo Graham and Lucas Toms were at their home in Lurline Bay when they looked out and saw a rock fisherman in the water who appeared to be in distress. The off duty lifesavers contacted 000 and then made their way down to the rock shelf. Lucas entered the water first with his board while Graham entered behind him with a rescue tube. Lucas was the first to reach the patient who was face down in the water, unconscious and unresponsive. Lucas grabbed hold of the patient and placed him on his board for support before commencing deep water resuscitation aided by his father Graham.

Due to the dangerous surf conditions Lucas and Graham decided not to risk returning to the rock shelf and instead continued resuscitation and waited for assistance to arrive. A lifeguard soon arrived on a jet ski as well as off duty lifesavers in an inflatable rescue boat. The patient was transferred to the jet ski and resuscitation continued. The Westpac Rescue helicopter arrived on the scene soon after and winched the patient aboard and Cardiopulmonary Resuscitation (CPR) was continued until landing at a reserve where paramedics were waiting.

Graham and Lucas Toms are to be highly commended for performing above and beyond expectations utilising their lifesaving skills to assess and attempt to resuscitate the patient in extremely trying conditions. Without the quick and selfless response of these individuals this could have quite easily turned into a major search operation.



Graham Toms



Grant Molloy

**Certificate of Commendation awarded to:
Grant Molloy**

Grant Molloy was on holiday at Moruya when at approximately 4.10pm on Thursday, 21 March, 2013 he witnessed a car drive into the Moruya River. The vehicle was travelling west upon North Head Drive and while negotiating a right hand bend in the road, the driver had suffered an apparent heart attack, causing him to lose consciousness when the vehicle drove into the river which at the time was at high tide. The vehicle travelled about fifteen metres out on to the river before it started to sink. The driver regained consciousness and was able to escape via the driver's side window and entered the river.

At this point, the driver dressed in full clothes was struggling in the river and having difficulty making it back to the riverbank. When Grant saw the man struggling in the water he did not hesitate to enter the river and swim out to him, assisting him safely to the river bank where he stayed with him until the arrival of emergency services.

High Commendations are awarded to Grant Molloy whose swift and selfless action in rendering assistance in this emergency undoubtedly helped and possibly saved the life of this man.



Roden Woodhams

**Certificates of Commendation awarded to:
Andrew McKellar and Roden Woodhams**

On the afternoon of 20 January, 2012 a group of friends were wake boarding in Murphys Bay, Woy Woy. A 23 year old man was standing at the back of the boat acting as the observer when the vessel turned sharply causing him to fall overboard and his legs were sucked into the propeller causing serious lacerations to both his legs. His friends retrieved him from the water and headed to Woy Woy wharf where Andrew McKellar was working on his boat. Andrew climbed aboard to make a quick assessment before running back to his boat and calling for NSW Ambulance. He ran back to the boat and saw the thigh muscle of the young man protruding from his right leg. Andrew placed the muscle back into his leg before administering first aid by applying pressure on the wound and bandaging it to the best of his ability and tightening a ski rope around the thigh in an attempt to stem the bleeding.

Roden Woodhams who was at a nearby hotel became aware of the situation and immediately ran down to the wharf and assisted by holding a blood soaked towel on the right leg of the injured person which allowed Andrew to commence first aid on the left leg. Roden also assessed whether the femoral artery had been severed. Both Andrew and Roden continued applying first aid until ambulance personnel arrived and the patient was airlifted to Royal North Shore Hospital. His right leg was amputated and he sustained several fractures and soft tissue damage to the left knee.

High Commendations are awarded to Andrew McKellar and Roden Woodhams who were both severely affected by the gruesome sight of the injuries however performed first aid under difficult and traumatic circumstances. There is no doubt that their actions in the application of first aid saved the life of this young man.



Andrew Cullen



Anthony Trefilo

Certificates of Commendation awarded to: Andrew Cullen, Anthony Trefilo and Simon Codemo

At about 6.00am on Monday 13 October, 2014, Andrew Cullen was leading a boot camp exercise session attended by Anthony Trefilo, Simon Codemo and one other participant. After a quick warm up session, one of the participants suddenly collapsed. Simon was the first person to go to his aid, rolling him over and placing him in the recovery position. Andrew immediately phoned 000 and assessed that he was blue, not breathing and he could not locate a pulse. Simon took over the phone and remained speaking to the operator and ran to find the nearest cross street to give the location to the operator. Andrew remained calm and took control of the situation. Even though Anthony had not previously undertaken Cardiopulmonary Resuscitation (CPR) training, Andrew provided instruction and guidance to him.

Anthony commenced External Cardiac Compressions (ECC) and Andrew provided Expired Air Resuscitation (EAR) with no mask and continued until the paramedic team arrived and were able to take over the situation. Paramedics used a defibrillator however, the patient remained unresponsive. He was in a critical state when he arrived at Griffith Base Hospital and following further defibrillator shocks and CPR a heartbeat was achieved. Records indicate that it was approximately 25-28 minutes before they reached hospital and it was even longer before a regular rhythm was sustained. He was airlifted to St George Hospital where it was determined that he had suffered a cardiac arrest. He spent four days in an induced coma and was implanted with a defibrillator and discharged just 11 days after the event.

High Commendations are awarded to Andrew Cullen, Anthony Trefilo and Simon Codemo. Every medical professional acknowledged that the reason the patient had made a full recovery with no brain damage was due to the fact that CPR was commenced almost immediately and continued effectively until paramedics arrived. They showed true courage in a situation of extreme distress.



Jenna McAtamney

Certificate of Commendation awarded to: Jenna McAtamney

gAbout 6.00pm on 16 May, 2014, Jenna McAtamney was at work as a nurse at the local vet surgery when she heard a loud collision and ran to the adjacent laneway to investigate. She located a vehicle that had crashed into a fence and she found the driver to be unconscious. With the help of a passerby, Jenna managed to get the patient out of the vehicle and assessed that she was not breathing and could not locate a pulse.

She immediately commenced Cardiopulmonary Resuscitation (CPR) until ambulance personnel arrived to take over. The patient was treated at the scene by ambulance officers until a pulse could be found and then she was conveyed to Orange Base Hospital. The patient was flown to Sydney for further assessment and was in a coma for two weeks. She returned home after having a pacemaker installed and has made a full recovery.

High Commendations are awarded to Jenna McAtamney whose actions were outstanding. Due to her swift action in administering vital first aid, the patient subsequently made a full recovery.



Elizabeth Agnes Clark

**Certificate of Commendation awarded to:
Elizabeth Agnes Clark**

On October 12, 2014, police officers were called to a motor vehicle accident on the Riverina Highway near Corowa, where a utility had rolled several times. When police arrived at the scene, Elizabeth Clark was applying life saving assistance to the trapped driver who was known to her. The victim was trapped with his head protruding through the driver's side window, wedged between the motor vehicle and the ground.

Elizabeth had placed herself in danger to apply life saving assistance whilst the motor vehicle lay on its side. She kept communicating verbally and reassuring the victim, keeping his airways open and his head and neck still and secure despite the possible danger to herself. Due to strong winds at the time, police officers physically supported the vehicle to prevent it from rolling on to the victim and Elizabeth until emergency services arrived. Observations made by police at the scene was that the patient was bleeding heavily, stopped breathing, turned blue and several times appeared to have passed away, however each time Elizabeth would render first aid and the victim would continue to breathe. It was apparent that he was in a critical condition. Emergency personnel arrived approximately 30 minutes later and took charge of the incident conveying the victim to hospital.

High Commendations are awarded to Elizabeth Agnes Clark who has been a registered nurse for in excess of 41 years. Her actions at the scene were professional, compassionate and courageous putting the life of the patient above her own in a situation of real danger and attempting to save the patient's life.



Jason Arthurton

**Certificate of Commendation awarded to:
Jason Arthurton**

About 8.20am on Saturday June 29, 2013, Jason Arthurton was jogging Main Beach Byron Bay when he saw a male lying face down in the surf, approximately 10 to 15 metres out from the shore line. Noticing that the victim appeared unconscious, Jason immediately ran out into the surf fully clothed and took hold of the victim rolling him over and dragging him to the shore line where he placed him on the sand and checked his vital signs.

Upon establishing the victim was unresponsive, was not breathing and did not have a pulse, Jason commenced Cardiopulmonary Resuscitation (CPR) which resulted in the victim coughing up water. Jason rolled him into the recovery position and the patient began to breathe. He then called for emergency services. Emergency personnel arrived on the scene and an oxygen mask was placed on the victim. He began to show signs of improvement and was conveyed to Tweed Heads Hospital.

High Commendations are awarded to Jason Arthurton whose quick response and actions directly contributed to the patient's survival and his subsequent full recovery.



Stuart Tempest-Jessop

Certificate of Commendation awarded to: Stuart Tempest-Jessop

On the morning of April 15, 2013, two male friends went for a surf at Arrawarra Beach and spent a couple of hours in the water. One of the friends had his board snapped in half by a large wave and decided to swim back to shore. He complained to his friend of chest pains, however declined the offer of help from his mate. He completed the swim to shore and sat on the rear tray of his station wagon and shortly afterwards suffered a suspected heart attack and collapsed to the ground.

Stuart Tempest-Jessop was in the vicinity and immediately ran to offer assistance. Assessing the patient and finding that he was unconscious and there was no pulse, Stuart commenced Cardiopulmonary Resuscitation (CPR). Stuart continued CPR for approximately 20 minutes before two off duty ambulance offices arrived and helped Stuart for an additional 30 minutes until ambulance personnel arrived from Coffs Harbour and Grafton. The patient was then conveyed to Coffs Harbour Base Hospital.

High Commendations are awarded to Stuart Tempest-Jessop for acting without hesitation and performing CPR in an attempt to save the life of a fellow human being.



Tony Brindle

Certificate of Commendation awarded to: Tony Brindle

Early on the morning of Friday November 21, 2014 Tony Brindle was on duty as a lifeguard at the South Grafton indoor pool. The pool was operating in low patronage mode so he was the only lifeguard on duty at the time. A swimmer had been swimming up and down the pool underwater. It appeared as he reached the shallow end of the pool he stopped and while still underwater appeared to be taking his pulse.

Another swimmer called out to Tony to check if this person was alright and when he did not respond he was lifted on to the side of the pool with the assistance of two nearby swimmers. Tony immediately checked his vital signs and finding that he was turning blue, was non-responsive with blood coming from his mouth. Tony immediately cleared his airway and commenced Cardiopulmonary Resuscitation (CPR). Tony continued CPR until the arrival of ambulance personnel who stabilised the patient and transported him to hospital.

High Commendations are awarded to Tony Brindle. Research has proven that successful resuscitation is largely due to effective CPR being provided immediately prior to the arrival of paramedics. It is without doubt that Tony's immediate actions contributed to the full recovery of this young man.



Sergeant Troy Robbs

**Certificates of Commendation presented to:
Sergeant Troy Robbs, Sergeant Bill McDonnell and
Sergeant Neil Watt**

On March 17, 2012 a group of university friends attended the South West Rocks dive centre and were taken out for the day by a master diver. Senior Constable Robbs is a very experienced underwater diver and certified Dive Master and has dived in this location in excess of fifty occasions without incident and is also advanced in first aid procedures. Sergeant Robbs was taking this group for a cave dive at an area known as "Fish Rock". The cave dive is 24 metres below sea level and consists of a single file entryway into the cave for about 10 metres which turns into a 90° chimney climb. Sergeant Robbs entered the cave and when he exited the chimney tunnel into the cave noticed one of the divers was not accounted for. The other divers exited the cave and Robbs then searched the cave area. Sergeant Robbs located the diver who was in the prone position and his regulator was out of his mouth and was non responsive. Sergeant Robbs took hold of the diver and exited the cave performing an emergency surfacing technique and was collected by the scuba diving boat.



Sergeant Bill McDonnell



Sergeant Neale Watt

Sergeant Robbs immediately commenced Cardiopulmonary Resuscitation (CPR) on the boat and emergency services were notified to meet the boat at the boat ramp. In another group were two serving Queensland police officers, Sergeant Bill McDonnell and Sergeant Neale Watt, who rotated performing external cardiac compressions and expired air resuscitation to the patient. The CPR was performed under very trying conditions, with the weather overcast and raining making the water very choppy. The victim's distressed friends were also present. The off duty police officers continued to perform the CPR for around forty minutes whilst the boat returned to shore where they were met by ambulance officers and the casualty was taken to Kempsey Hospital.

High Commendations are awarded to Sergeant Troy Robbs, Sergeant Bill McDonnell and Sergeant Neale Watt. Together they showed great professionalism and worked as a team in trying conditions in an attempt to save this person's life.



Stacey Bell

**Certificates of Commendation presented to:
Stacey Bell and the late Graham Harold Fleet**

**New South Police Award presented to:
Sergeant Cheryl Wharton**

On Monday January 6, 2014, the late Graham Fleet was swimming in the rock pool at Shelley beach Cronulla when he saw another swimmer in distress in the rock pool. He assisted this male to the shoreline and was then assisted by other members of the public including off duty nurse Stacey Bell and off duty police officer, Sergeant Cheryl Wharton.



The Late
Graham Harold Fleet

It was realised that this male was struggling to breathe and making gurgling noises. They laid the male on the ground where he lost consciousness. On checking for vital signs they could not detect a pulse nor any sign of breathing so Cardiopulmonary Resuscitation (CPR) was commenced by Stacey Bell and Sergeant Cheryl Wharton and continued for a period of about 10 minutes until the arrival of ambulance personnel who continued to resuscitate the male. After some time the casualty was conveyed to Sutherland Hospital.

High Commendations are awarded to Stacey Bell, the late Graham Harold Fleet and Sergeant Cheryl Wharton for their quick actions and dedication in rendering life saving assistance in an attempt to save a fellow human being.



Inspector Michael Douglas Merrett

**NSW Police Award presented to:
Inspector Michael Douglas Merrett**

About 4.00pm on Monday June 25, 2012 a number of calls were made to 000 in relation to an elderly man who had crashed into a number of vehicles at Taren Point. It was reported that this male was unconscious and slumped over the steering wheel.

Inspector Michael Merrett was the first to arrive on the scene and attempted to rouse the man but he was unresponsive. Inspector Merrett assessed the patient's condition and found there were no apparent visible injuries and the relatively minor damage to the vehicle was inconsistent with his medical condition. He proceeded to remove the man from the vehicle and carried him to the footpath and placed him in the recovery position. The elderly patient was still unresponsive so Inspector Merrett cleared his airway and checked for vital signs however could not detect a pulse and it appeared he had stopped breathing. Inspector Merrett commenced External Cardiac Compressions (ECC) and after a number of compressions, the patient displayed an involuntary pain response and appeared to commence breathing again though remained unconscious. On the arrival of paramedics he was transferred to an ambulance and conveyed to St George Hospital with a police escort.

High Commendations are awarded to Inspector Michael Merrett for his swift action in administering vital first aid that most likely saved the life of this elderly man who made a full recovery.



Constable Jason Stay

**NSW Police Award presented to:
Constable Jason Stay, Constable Benjamin Ian Humphryis and
Constable Luis Batta**

**Certificate of Commendation presented to:
Sheridan O'Neill**

About 3.30pm on Saturday, April 19, 2014 a 76 year old cyclist was riding his bicycle when involved in a collision with a motor vehicle on Spit Road Mosman. As a result he sustained serious injuries.



Constable Luis Batta

Constable Jason Stay and Benjamin Humphryis were driving by and stopped at the crash site to render assistance. The officers arranged for ambulance attendance and assessed the patient for vital signs but found the victim to be exhibiting no signs of life. As a result both officers commenced Cardioipulmonary Resuscitation (CPR). They were assisted by Sheridan O'Neill, an off duty nurse who was nearby and Constable Luis Batta who had also arrived at the scene. They worked as a team rotating CPR until the arrival of paramedics and continued while they set up their equipment. The patient was stabilised and taken to Royal North Shore Hospital.

High Commendations are awarded to Constable Jason Stay, Constable Benjamin Ian Humphryis, Constable Luis Batta and Sheridan O'Neill. Faced with significant trauma they worked together and did all possible in an attempt to save the life of this elderly cyclist.



Senior Constable Trevor
George Chippindale

**New South Wales Police Award presented to:
Senior Constable Trevor George Chippindale and
Constable Damien John Tilley**

The annual "Snowy Mountains Bike Ride" was held on the weekend of November 1-3, 2013. This is an annual event where motor cycle riders from New South Wales, Canberra and Victoria ride several roads throughout the Snowy Mountains.

On Friday November, 1, 2013 a search was commenced for a rider who had failed to check in at a marshalling point. Several riders from the group returned along the road where they had come from in an attempt to locate the rider, but the female rider could not be found. On the next day, Senior Constable Chippindale and Constable Tilley commenced a search for the missing rider and located evidence of a motor cycle leaving the road about 4.1 kilometres west of Wyndham. The officers then climbed down a 3.5 metre embankment and located the rider who was deceased. They remained at the crime scene until the arrival of detectives.



Constable Damien
John Tilley

On Sunday November 3 a group of 13 riders rode from Cann-River in Victoria towards Eden and then headed towards Bombala. About 11.50am, one of the riders was seen by a witness in this group to leave the road travelling about 50km per hour and hit a tree. Senior Constable Chippindale and Constable Tilley arrived at the scene and noticed that the victim was moaning and unresponsive to police. He appeared to have stopped breathing and Senior Constable Chippindale Constable Tilley commenced Cardiopulmonary Resuscitation (CPR) in an attempt to save the life of the rider. An ambulance arrived about five minutes later and with the assistance of ambulance officers these two police officers continued CPR for a period of 40 minutes. The victim was stabilised and conveyed to hospital.

High Commendations are awarded to Senior Constable Chippindale and Constable Tilley for their outstanding efforts over two tragic motor cycle incidents in 24 hours.

**New South Wales Police Award presented to:
Constable Anthony Knott**

About 12.30am on Tuesday 29 October, 2013 a shooting occurred in Revesby Heights. Two victims had been shot multiple times. Constable Knott and his partner were first on the scene taking due caution and applying ballistic vests before arrival. The officers approached the garage of the premises and located two victims. Constable Knott rendered immediate first aid, dragging one victim from a large pool of blood and checking vital signs. Although the injuries sustained to this victim were harrowing to say the least, he did not hesitate immediately rendering aid. He stated he had a faint pulse and horrific head injuries. He then went to the aid of victim two rendering first aid to wounds to his chest and leg, all the time assuring and reassuring him that ambulance officers were en route. Upon ambulance arrival Constable Knott assisted ambulance officers with victim one by conducting external cardiac compressions whilst officers attempted to stabilise him and transport him to hospital.

About 12.10 on Thursday 31 October, 2013 Constable Knott responded to a radio call that a person had been shot at Pendle Hill. Constable Knott was again first on the scene. He went straight to the victim who had been shot multiple times in the back and was lying on the driveway of a unit complex, motionless and with no vital signs. There were also numerous family members of the victim present in an hysterical state. Whilst ambulance officers attempted to arouse the victim, Constable Knott commenced Cardiopulmonary Resuscitation (CPR). He continued CPR for about 20 minutes prior to the victim being loaded into the ambulance and then continued CPR while he was conveyed to Westmead Hospital where he was relieved by medical staff.

High Commendations are awarded to Constable Knott. He has attended two traumatic incidents within days of each other and without hesitation attempted to save the lives of two victims and assisted in the first aid of another seriously wounded person. His actions were exceptional and show his commitment not only to the job but also to the safety of the community.



Eleanor Booth

**New South Wales Police Award presented to:
Leading Senior Constable Tim Newson**

**Ambulance Service Award presented to:
Eleanor Booth and Anthony Howarth**

On January 14, 2012, Police were called to a female with severe injuries found lying on the side of the Glow Worm Tunnel Road near Lithgow. It was believed that she had been thrown from a quad bike at high speed and was not wearing any protective equipment. The location is a remote, dirt road in a state forest where there is no mobile phone reception and limited radio coverage to emergency services.



Leading Senior
Constable
Tim Newson

Leading Senior Constable Tim Newson who was first on the scene, is a former Royal Australian Navy Combat Medic. He immediately commenced providing first aid to the casualty. The patient was suffering from a dislocated left foot, fractured left tibia and fibular, fractured pelvis, severe internal injuries, fractured left arm, dislocated left shoulder, fractured skull and collapsed lung. Leading Senior Constable Newson provided a concise assessment of the patient to NSW Ambulance Officers Eleanor Booth and Anthony Howarth from Lithgow Ambulance Services. On arrival they performed a bilateral lung decompression by inserting needles into each side of the patient's lungs. This is a difficult medical procedure especially considering the location and conditions. The patient was transported to Lithgow Hospital and transferred to Westmead Hospital in an unstable and critical condition.



Anthony Howarth

High Commendations are awarded to Leading Senior Constable Tim Newson, Intensive Care Paramedics Eleanor Booth and Anthony Howarth. The actions of these emergency personnel showed great professionalism and undoubtedly saved this woman's life.



Constable Brett
Bernard Mooney

**NSW Police Award presented to:
Constable Brett Bernard Mooney**

**Certificate of Commendation presented to:
John Wilson**

About 12.25pm on October 27, 2013, police were called to a property in Orange where a child had been found floating face down in a bath tub. The mother had been in the bathroom with the child when her partner and father of the child had called out to her to help him with some documentation they required for the lease of a rental property. When she returned to the bathroom approximately three minutes later, she found the young child floating in the bath tub. She carried the child to the lounge room where she tried to commence Cardiopulmonary Resuscitation (CPR) but was unable to perform this due to her hysterical state. The father of the child phoned emergency services and then ran next door to seek help from his neighbour, John Wilson who ran into the house and performed CPR on the child until the arrival of police. Constable Mooney then took over CPR and continued for approximately 20 minutes and even after the arrival of ambulance personnel. Ambulance personnel then took over the treatment of the child who was conveyed to Orange Health Service.



John Wilson

High Commendations are awarded to Constable Brett Bernard Mooney and John Wilson for responding quickly and without hesitation giving assistance and comfort in what must have been a very traumatic situation and attempting to save the life of this child.

Certificate of Commendation presented to:

James Napier

On Friday May 2, 2014, James Napier was driving his motor vehicle along the Northern Distributor approximately 1.5 kilometres west of Orange when he came across a single motor vehicle accident which had just occurred. James stopped his vehicle and ran down into the paddock where he found a large prime mover with a trailer which was carrying roadwork machinery that had left the roadway and travelled 150 metres through the paddock and was partially submerged in a dam. He attempted to gain access to the cabin of the truck via both doors trying to check for signs of life and saw the driver who appeared to be unconscious. At that point a female motorist arrived and phoned emergency services and an off duty policeman arrived and tried to gain entrance to the truck cabin after entering the water.

The driver was face down on the front passenger floor and with help from the off duty policeman, James managed to free his trapped legs and pull him on to the seat. The off duty policeman checked for signs of life and not being able to detect a pulse, sent James back through the water along the truck trailer to his vehicle to get his first aid kit and resuscitation mask. He then commenced Cardiopulmonary Resuscitation (CPR) and continued with the two paramedics that had arrived using oxygen and a defibrillator. James moved away from the truck back up to the road and provided details to the police that had arrived.

The scene of the accident would have been particularly confronting and daunting for any passing motorist and James was outstanding and showed significant courage for a young 17 year old getting in and providing initial first aid and making attempts to save this man's life.

High Commendations are awarded to James Napier for displaying great courage beyond his years in an attempt to save a life.



Senior Constable
Vicki Bamford

NSW Police Award presented to:

Senior Constable Vicki Bamford and Sergeant Christopher Stafford

On the morning of Friday August 10, 2012 Kempsey police received a notification to attend a property in relation to a potential self harm incident. Arriving first on the scene was Senior Constable Vicki Bamford who was driving past and was flagged down by a distraught female. Entering the property she found a male person who had apparently been sitting on a chair on the front verandah and had suddenly collapsed and fallen into the front garden.



Sergeant
Christopher Stafford

Emergency services were called and it was estimated that it would take approximately 45 minutes to arrive from Port Macquarie. Sergeant Stafford arrived and checked the patient, determining that even though he was still warm, was not breathing and had no pulse. He rolled the patient on to his back and commenced Cardiopulmonary Resuscitation (CPR) and Senior Constable Vicky Bamford took over External Cardiac Compressions (ECC) as Sergeant Stafford commenced Expired Air Resuscitation (EAR). Both Senior Constable Bamford and Sergeant Stafford rotated through roles of ECC and EAR battling fatigue. By this stage a large crowd had gathered to view the situation. Ambulance officers from

Kempsey arrived and Sergeant Stafford and Senior Constable Bamford continued CPR. The patient was placed in the ambulance where Sergeant Stafford continued performing ECC. Senior Constable Bamford escorted the ambulance to Kempsey District Hospital.

High Commendations are awarded to Senior Constable Vicki Bamford and Sergeant Christopher Stafford who showed great professionalism and worked as a team in trying conditions in an attempt to save this person's life.



Sergeant Mark Terence Dean



Sergeant Stephen Michael Templeman



Leading Senior Constable Craig Charles Brown

NSW Police Award presented to:

Sergeant Mark Terence Dean, Sergeant Stephen Michael Templeman and Leading Senior Constable Craig Charles Brown

About 10.00pm on Sunday, August 31, 2014, police were called to Mulgrave Road directly adjacent to the Hawkesbury Valley Way overpass regarding a body located in the middle of the roadway. Upon arrival at the location, police located a 49 year old male face down on the roadway with significant head injuries with large volumes of pooling blood consistent with jumping off the overpass onto the roadway below.

Sergeants Dean and Templeman rolled the patient on to his back and noting he was unconscious and displaying no signs of life, commenced Cardiopulmonary Resuscitation (CPR). A short time later Leading Senior Constable Brown arrived and took over CPR from Sergeant Dean before all three police began rotating CPR efforts upon the patient. After about 10 minutes NSW Ambulance personnel arrived on scene and commenced setting up whilst the police officers continued CPR. A short time later the ambulance crew made attempts to defibrillate the patient however he was not able to be resuscitated.

High Commendations are awarded to Sergeant Mark Terence Dean, Sergeant Stephen Michael Templeman and Leading Senior Constable Craig Charles Brown who have excelled in their duties in an attempt to preserve the life of a fellow human being. They displayed a highly professional work ethic in front of members of the public under traumatic circumstances whilst remaining composed and focussed.

Fire & Rescue NSW Award presented to:

Qualified Firefighter Justin Taylor

Certificate of Commendation presented to:

Raelene Sousa

On May, 11, 2014 Qualified Firefighter Justin Taylor, his wife Natalie and sister in law, Raelene Sousa were enjoying Mothers Day in parkland at Kanahooka when Justin heard a woman call out for help saying her baby was not breathing.

Justin who had been walking past observed that the woman had laid her motionless six week old baby daughter on a picnic table. The mother and father were in a state of distress. Upon checking the baby's condition, Justin could see no evidence of any vital signs so, with assistance from his sister in law, Raelene Sousa, immediately commenced Cardiopulmonary Resuscitation (CPR). Together Justin and Raelene continued CPR for approximately 15 minutes until the arrival of Ambulance NSW. Initial prognosis was poor for the infant and she was flown by Careflight helicopter to Randwick Childrens Hospital on life support.

High Commendations are awarded to Qualified Firefighter Justin Taylor and Raelene Sousa who performed life saving first aid at a level beyond reasonable expectation of most persons and were instrumental in saving the life of this infant.



Ben McLean

**Certificate of Commendation presented to:
Ben McLean**

**Fire & Rescue NSW Award presented to:
Retired Captain Michelle Hatton**



Retired Captain
Michelle Hatton

At about 11.15am on May 30, 2011, off duty Retained Firefighter Captain Michelle Hatton had been driving through Welby and came across the scene of a motor vehicle accident. The driver of one of the vehicles appeared to be trapped. Captain Hatton immediately stopped to render assistance and checked the vital signs of the driver but determined that he was not breathing and did not have a pulse. Ben McLean was also in the vicinity and offered assistance. As they could not remove the driver from the vehicle Captain Hatton commenced External Cardiac Compressions (ECC) through the driver's window and Ben commenced Expired Air Resuscitation (EAR) through the passengers door. Fire & Rescue NSW arrived and administered oxygen therapy. NSW Ambulance arrived and were able to remove the driver and transported him to hospital.

High Commendations are awarded to Ben McLean and Retired Captain Michelle Hatton. Their actions were exemplary and they worked hard to try and save a man under an extremely stressful and dangerous situation. Their efforts were caring and professional.

LIFESAVERS ARE EVERYWHERE IN THE COMMUNITY

They can be teachers, students, mums, dads, firemen, plumbers or accountants. They patrol the houses, streets, workplaces and parks of the communities in which they live. They don't always wear a uniform but they can and do save lives.

ROYAL LIFE SAVING IS DEDICATED TO TURNING EVERYDAY PEOPLE INTO EVERYDAY COMMUNITY LIFESAVERS

We achieve this through:

- Education
- Training
- Research
- Health Promotion
- Risk Management
- Advocacy
- Sport and Participation

We have been doing this for over 122 years. Our programs are well researched. They are available to all.

SAVING LIVES IN NSW SINCE 1894

Registrar's Report

During the 2015-16 season lifesaving in NSW has made every effort to encourage participation in the sport of pool lifesaving. The awards and lifesaving skills our members learn benefit not only the individual member but also the wider community. Many move on to become swimming instructors or lifeguards and continue with further training in nursing and ambulance skills, for example.

The Club and Competition carnivals were smaller and quieter this year. This was partly due to a reduction in the number of competing clubs. Carnivals were held at Woronora, The Hills and Enfield.

At the end of the season the capitated membership (competitive and non-competitive) was as follows:

Enfield	51	Engadine	5	The Hills	56
Port Hacking	17	Woronora	13		

I am pleased to add that the Club and Competition committee along with a number of club members have been assisting new clubs at Murwillumbah and Seven Hills. This took the form of information, equipment and demonstrations of the skills required with the view that they will be able to compete in the coming season.

Once again without the generous support of the officials, club members, parents and friends the Interclub and State competitions would be more difficult to run. Every contribution, small or large, is very much appreciated.

Award work continues to be an important part of our role in lifesaving. It is always wonderful when we are informed that a current or previous club member has used their knowledge to assist or save a member of the public.

In January 2016, the Australian Pool Lifesaving Championships were held at the Southport Aquatic Centre on the Gold Coast, Queensland. The competitors and officials were tested by the hot weather conditions at this outdoor pool. NSW State team members and many club members performed at high levels and attained medal winning performances, not only in the pool events but also in Simulated Emergency Rescue (SERC) and CPR competitions. Congratulations to all participants.

Special mention should be made of the huge amount of work done by Roz Grey and her assistant Vaughan Jones who revised and rewrote sections of the NSW Competition Handbook throughout the season. This season the NSW State Pool Lifesaving Championships were moved to the last weekend in March. The Simulated Emergency Rescue Competition (SERC) being held at Waves Baulkham Hills on Saturday 23rd followed on Sunday 24th with a full day of pool competition being held at Granville Swimming Centre. Competition was strong with many records broken in the pool events. Club officials and parents played a major role in the smooth running these events.

The State Presentation was held on May 22nd at Burwood RSL. A supportive group of members attended to congratulate those members who were awarded Australian and NSW Honours and competitors who placed at the NSW Championships. James Whiteside, President of the NSW Board of Directors, Leane Macallister, Club Liaison Officer and Mark McLennan, Chairman of the Club and Competition Committee, were among the special guests welcomed to the presentation.

To all who have supported our sport of pool lifesaving, thank you. Race Secretary Eion McCrindle and the recorders Geoff Grey and Trish McEwen did a great job sorting out the results. Our presentation ran smoothly with the assistance of Melanie Williams, Sandra Richardson, Roz Grey and as MC this year, Denise Williams. In the office Leane Macallister organised and co-ordinated the needs of the Club and Competition Committee with efficiency. To all my friends and colleagues of Pool Lifesaving, I give a special thank you for stepping in and supporting me when it was most needed.

Scherie McDonell
NSW State Registrar

2016 Australian Pool Life Saving Championships

Gold Coast Aquatic Centre, Southport QLD 14 – 16 January 2016



On behalf of the NSW State Team I am honoured to report on the team's performance at the 2016 Australian Pool Life Saving Championships. This year the team toured with a coach, Andrew Bowden, chaperone, Shelley Smith and myself as manager. I would like to begin this report with warm thanks to Andrew and Shelly for doing a great job training and supporting the team.

As the management team is very familiar with many of the high performance competitors as well as those new and emerging competitors it was decided to select the team for the 2016 championships based on the performance by the athletes throughout the 12 months prior to September 2015. The team was selected by a panel consisting of the State Team Coach along with experienced officials in Melanie Williams and Blake McCrindle. A big thank you to those three selectors.

The team looked great with their competition uniform being supplied by ENGINE and a semi-formal attire chosen for the presentation function. The team stayed at accommodation in close proximity to the competition venue. In general the accommodation worked well with meals supplied for the athletes however it was quite hot for the duration of the competition and as the rooms were not air-conditioned it did cause minor heartache for some athletes.

A number of training sessions were held in the months leading up to and including immediately before the commencement of the championships with a host of NSW members helping out. I would like to thank those who assisted including: Melanie and Steve Williams, Sandra Richardson, Felysia Konakoff, Blake McCrindle and of course Andrew Bowden.

Overall the championships ran smoothly. Athletes in the development squad were able to compete under the NSW colours as individuals but competed with their own individual clubs in the team events. Queensland took out the Overall Championship trophy with NSW second overall. The NSW Men's team managed to win the Overall Men's trophy for the championships. Several NSW team members and development team members were selected for a number of positions on National squads.



I would like to congratulate the NSW team on a fantastic result during the competition itself and their exemplary behaviour throughout the championships. As the State Team Manager I applaud the high level of professionalism, ethics and behaviour from all NSW athletes which makes this team so easy to manage.

I would like to thank everyone who supported me in this role, especially Roz Grey, Leane Macallister, Ben Cutriss, Melanie and Steve Williams, Sandra Richardson, Pam and Norm Stanley, Felysia Konakoff, Blake McCrindle and of course Shelley Smith and Andrew Bowden.

Max Gonzalez

NSW State Team Manager



2016 Australian Pool Life Saving Championships

The following members were selected for representation in the New South Wales Interstate Team

UNDER 16	UNDER 19	OPEN LADIES	OPEN MENS	COACH	MANAGER
Keeley Booth	Samantha King	Ela Heiniger	Tim Schofield	Andrew Bowden	Max Gonzales
Karli Musarra	Jemma Smith	Rachelle King	Keelan Bridge	RESERVES	
Jake Evans	Bradley Woodward	Georgia Cairncross	Josh Brown	Bronte Smith	
Chris King	Callum Lowe-Griffiths	Claire Gaffney	Dan Collins	Jett Garland	

2016 National Lifesaving Championship Results

Men's Under 14 Individual Overall Championship 1. Thomas Dale (VIC Ind) 2. Daniel J O'Mally (QLD Ind) 3. Sam Frost (Currumbin Beach Vikings SLSC)	Women's Under 19 Individual Overall Championship 1. Prue Davies (QLD) 2. Jemma Smith (NSW) 3. Samantha Howe (VIC)	Men's Over 45 Individual Overall Championship 1. George Quine (VIC Ind)
Women's Under 14 Individual Overall Championship 1. Zani Bates (SA Ind) 2. Caitlin Huell (VIC Ind) 3. Sophie Watson (SA)	Men's Open Individual Overall Championship 1. Sam Bell (QLD) 2. Tim Schofield (NSW) 3. Chris Petropoulos (VIC)	Women's Over 45 Individual Overall Championship 1. Jenny Whiteley (Hills LSC) 2. Jeannie Baxter-Reid (Qld Ind)
Men's Under 16 Individual Overall Championship 1. Jake Evans (NSW) 2. Jackson Chapman (QLD) 3. Chris King (NSW)	Women's Open Individual Overall Championship 1. Mariah Jones (QLD) 2. Ela Heiniger (NSW) 3. Lisa Ferguson (VIC)	Men's Over 60 Overall Championship 1. Paul Seto (Ithaca-Caloundra City)
Women's Under 16 Individual Overall Championship 1. Anthea Warne (QLD) 2. Harmana Williams (QLD) 3. Keeley Booth (NSW)	Men's Over 30 Individual Overall Championship 1. Rohan Scaysbrook (QLD) 2. Troy Rackyleft (Port Hacking) 2. James Evans (VIC)	Women's Over 60 Overall Championship 1. Gordana Kalanj (SA Ind)
Men's Under 19 Individual Overall Championship 1. Bradley Woodward (NSW) 2. Callum Lowe-Griffiths (NSW) 3. Ethan Garland (Port Hacking)	Women's Over 30 Individual Overall Championship 1. Lee Dalzell (SA Ind) 2. Sarah Goodwin (SA Ind) 3. Nadene Hennessy-Rasmussen (QLD Ind)	
Interstate Women's Overall Championship 1. QLD 2. NSW 3. VIC	Interstate Men's Overall Championship 1. NSW 2. QLD 3. VIC	Interstate Overall Championship 1. QLD 2. NSW 3. VIC
Female Lifesaver of the Meet Samantha Howe	Male Lifesaver of the Meet Bradley Woodward	Official of the Meet James Morgan

Enfield Life Saving Club

The 2015/2016 season was another great year for the Enfield Lifesaving Club. Our numbers remained steady as we saw the return of our core members and a few and enthusiastic newcomers to the club this season.

Summary of Awards achieved by ELSC members this season:

Bronze Cross	1
Bronze Medallion	22
Bronze Star	7
Swim & Survive	12
Discovery	2



Interclub Carnivals and NSW State Championships

Enfield hosted its annual club carnival on Sunday 26 February 2016 with competitors attending from other clubs. The carnival was well supported by Enfield club members who always give their best. As always, the Carnival was a great success. I would like to thank all the parents from Enfield and the visitors from the other clubs who helped on the day doing official duties. A strong contingent of Enfield members also attended at other interclub carnivals that were held during the season.

We attended the NSW State Championships that were held on Saturday 23 March 2016 (SERC) and Sunday 24 March 2016. All our competitors did well, many achieving personal bests. Our younger competitors in particular did extremely well across all the events. Enfield won the following State awards.

- The Ampol Cup – 1st Place Restricted 4 Person Team SERC – Team A: Stefanie Goodyer, Rowan Castro, Shauna Murphy and Conor Foley.
- The Auburn LSC Trophy – 1st Place Under 19 Ladies Individual SERC – Stefanie Goodyer
- 2nd Place Restricted Mixed Team SERC – Team B: Nikita McEwen, Sarah Hannigan, Mark Williams and Aodhan Hannigan.
- 2nd Place Open Team SERC – Team A: Stefanie Goodyer, Rowan Castro, Steven Williams and Dominic Goodyer.
- 2nd Place Under 19 Male SERC – Aodhan Hannigan
- 3rd Place Under 19 Male SERC – Mark Williams
- 3rd Place Open Male SERC – Rowan Castro
- 2nd Place Under 16 Male SERC – Conor Foley
- 2nd Place Under 16 Female SERC – Shauna Murphy
- 2nd Place Under 16 Mixed Pairs SERC – Team A: Shauna Murphy and Conor Foley
- The Sue Gilmour Memorial Trophy – 1st Place U/12 Years Manikin Relay - Team A – Noah Milford, James Segon, Tara O'Connell and Olivia Bock.
- 1st place Under 14 Obstacle Relay Team A – Conor Foley, Olivia Bock, Eleanore Bock and Daniel Murphy.
- 2nd Place Under 16 Obstacle Relay – Shauna Murphy, Daniel Murphy, Madison Milford and Nikita McEwen
- 2nd Place Under 16 Medley Relay Team A – Madison Milford, Shauna Murphy, Nikita McEwen and Daniel Murphy
- 2nd Place Under 14 Manikin Relay Team A – Eleanore Bock, Olivia Bock, Daniel Murphy and Conor Foley
- 2nd Place Under 16 Manikin Relay Team A – Madison Milford, Shauna Murphy, Daniel Murphy and Sarah Hannigan
- 3rd Place Restricted Fin Relay Team B – Eleanore Bock, Olivia Bock, James Segon, Daniel Murphy, Jonathan Radecki, Mark Williams, Sean Radecki and Richard Bock

Congratulations to all the Enfield members, you always represent our club with pride and continue to display great sportsmanship and a strong team camaraderie - keep it up.

Congratulations to Alison Buckley on receiving the Sir Walter Leonard Memorial Trophy for Achievement in Life Saving by a person with a disability or working with people with a disability.

The John Stacpoule Memorial Trophy was awarded to Scherie McDonell for her Outstanding Contribution to the Sport of Pool Lifesaving. This is a fitting award as Scherie gives tirelessly of her time to the sport and has done for too many years to count!

Scherie has been in the role of C&C Committee Registrar for many years and has done an outstanding job. Congratulations Scherie on receiving this well-deserved award.



Scherie McDonell with her sons Peter and Thomas, receiving her award

Australian Pool Life Saving Championships 2016

A small contingent of only eight Enfield Life Savers attended the national competition which was held up at the sunny Gold Coast Aquatic Centre. Conor Foley, Shauna Murphy, Sarah Hannigan, Nikita McEwen, Stefanie Goodyer, Joshua McEwen and Aodhan Hannigan all proudly represented their club and competed with enthusiasm and determination. All eight competitors gave their all and did an outstanding job, achieving personal bests and bringing home four medals.

Aodhan Hannigan

Gold Medal Men's Under 19 Line Throw and breaking a National championship record time with 11.87 seconds. This is Aodhan's third consecutive Gold Medal in this event.

Joshua McEwen

Bronze Medal Men's Under 19 Line Throw

Stefanie Goodyer

Silver Medal Women's Under 19 CPR

Sean Radecki

Bronze Medal Men's Under 19 CPR



Medal Winners (L to R): Sean Radecki, Stefanie Goodyer, Aodhan Hannigan and Joshua McEwen



ELSC Nationals Team



We congratulate all the Enfield competitors on their outstanding effort and achievements, competing against State Teams, the best from all around the country is no easy feat. We commend you on your effort, commitment and dedication to the sport.

A special mention must go to Aodhan Hannigan who was selected to join the U/19 State Development Squad for Nationals. We were very proud to see an Enfield competitor on the team and congratulate Aodhan on achieving personal bests in all his speed events.

Thank you to Janine Hannigan and Julie Stralow for doing an outstanding job managing our small team, arranging shade and keeping everyone fed and hydrated and free of sunburn. Thank you also to the Enfield officials who worked hard volunteering throughout the competition.

This season we had quite a few ELSC members achieve service awards – some of them started in the sport at a very young age. It's good to see their dedication to the sport. Congratulations to Sean Radecki (17) on achieving his 10 year service award. Congratulations also to the following members on achieving their 5 year service awards: Shauna Murphy (15); Madison Milford (15); Nikita McEwen (14); Sarah Hannigan (14); Noirin Finnegan (13); Conor Foley (12); Daniel Murphy (12); Noah Milford (11); Caitlin Finnegan (11); Ryan Hannigan (10); Owen Foley (10) and Adam Murphy (10).

Finally, I'd like to sign off by thanking my fellow committee members: Denise Williams, President; Janine Hannigan, Treasurer and Executive Committee Members Mavi Giacomello and Scherie McDonell. Thank you to our coaches Scherie McDonell, Carol Baglin and Denise Williams for their hard work and



ELSC Team Photo

dedication. Thank you to the Team Captains Sean Radecki and Mark Williams and the older members who supported the coaches. Thank you also to the staff at Enfield Pool for your continued support of our club.

Last, but by no means least, a huge thank you to all our members and their families – this year you once again stepped up to the plate, helping out at fund raising BBQ's, cake stalls and carnivals. Your generosity and spirit is greatly appreciated.



Lesley Furneaux-Cook presenting ELSC members with their Awards

Trish McEwen
Club Secretary



Jodi McKay MP and Lesley Furneaux-Cook with ELSC Team Captains Sean Radecki and Mark Williams

The Hills Swimming and Lifesaving Club

The 2015/2016 year is drawing to a close and we are proud of all the achievements and performances of all our members across all age groups. Numbers remained steady and our returning and new members were enthusiastic not only in competing for their Royal Life Saving Award but also by competing at the interclub carnivals, State Championships and Australian Championships.

Tuesday Nights

The Life Saving Committee would like to thank our team of Instructors listed below for all their hard work throughout the season. The strength of the life saving program is due to their support every Tuesday night throughout the summer season.

Ben Fishburn	Mathew Knight	Olivia Osborne	Cameron Smalley
Sarah Osborne	Sophie Richardson	Jordan Hodgers	

Sophie Richardson and Mitch Musarra were the Life Saving Club Captains and we thank them for their assistance and commitment to their role this season.

Interclub Carnivals and NSW State Championships

The Hills hosted its 36th Annual Life Saving Carnival with competitors attending from the other metropolitan clubs. Thank you to the club officials and parents who assisted on the day.

The Hills Lifesavers were again successful at this year's Royal Life Saving Society State Presentation. The Life Saving section of The Hills Swimming & Life Saving Club won the Society Centenary Shield for the overall winner at the State Championships with a total of 303 points. The next highest club on 168 points was Enfield.

Individual State Champions: Natalie Chandran (8-9 yrs), Teana Hodgers (10-11 yrs), Keeley Booth (U/16), Mitch Musarra (U/19), Andrew Bowden (30-44 yrs) and Pam Stanley & Daniel Harding (45 & over).

Overall Interclub Pointscore Champions: Natalie Chandran (8-9 yrs), Teana Hodgers (10-11 yrs), Jess Windsor (12 - 13yrs), Jayme Cline and Jordan Hodgers (U/16), Mitch Musarra and Rachel Wood (U/19), Ben Fishburn (Open), Tony Stanley (30-44yrs) and Norm Stanley and Jenny Whiteley (45+ yrs).

The club also won the overall Point Score Champion of the Season winning the Judge Harvey Prior Memorial Trophy for the fourteenth year in a row with 418 points.

Many State records as can be seen below were broken by Hills members this year.

Rachel Wood	Open Ladies Obstacles	2.16.90
	Under 19 Ladies Obstacles	2.16.87
	Under 19 Ladies Manikin Carry	39.53
Andrew Bowden	30-44 Men's 50 M Manikin Carry	32.09
Daniel Harding	45 & Over Mens Line Throw	15.44
Mitchell Musarra	Under 19 Mens Line Throw	13.66
Keeley Booth	Under 16 Ladies Manikin Carry	41.84

Thank you to all those lifesavers who competed for our club throughout the season and at the State Championships. Each and every member helped us achieve these great results both at the State Championships as well as throughout the season. Congratulations and keep up the good work.

Thank you also to the support team composed of Sandra Richardson, Andrew Bowden, Pam Stanley, Graham Taylor and Norm Stanley for their continued commitment, assistance and dedication. We also need our "parent" workforce so thank you for your support throughout the season.

Australian Pool Life Saving Championships 2016

19 Hills members competed at the Australian Pool Life Saving Championships 2016 at the Gold Coast Aquatic Centre, Southport in January.

Karli Musarra, Keeley Booth, Jemma Smith, Callum Lowe-Griffiths, Brad Woodward, Claire Gaffney, Rachelle King, Josh Brown, Tim Schofield, Keelan Bridge and Daniel Collins competed in the NSW state team while Bronte Smith, Alison Whalen, Jordan Hodgers, Mitchell Musarra, Ben Fishburn, Jenny Whiteley and Max Gonzales competed in The Hills team. This was the first year we did not have any U/14s competing for us.

Hills members Andrew Bowden and Max Gonzales were NSW State Team Coach and State Team Manager respectively. NSW came 2nd overall with QLD coming in first 66 points ahead. NSW won the Men's overall championship and came 2nd in the NSW Women's overall championship as well as the overall U/16, U/19 and Open teams.

There were some outstanding results with placings in the overall rankings. Jenny Whiteley broke her own World Record in the 50m manikin carry and won the Over 45 champion winning the Frank Henry Trophy.

Brad Woodward, who broke the World Youth Record for 100m rescue medley at the German Cup competition last year, broke U/19 National records for 50m manikin carry, 100m manikin carry, 200m Obstacles and 100m manikin tow. He also won the Open 100m medley rescue event. He was the U/19 male champion winning the Drager NSW Branch trophy as well as the Men's U/19 Australia Cup winner with the John Stacpoole Memorial Trophy. With all these wins, it was no wonder Brad was named Male Lifesaver of the Meet and was selected on the Open Train-on Squad for the Aussie Barras along with fellow Hills members Keelan Bridge, Tim Schofield and Rachelle King.

Other selections were Keeley Booth in the Junior Barras (U/16) National Team as well as Gemma Smith and Callum Lowe-Griffiths in the Silver Barras National Team. Congratulations on these selections.

Another mention must go to all the Hills officials who worked hard throughout the competition: Steve Williams, Mathew Knight, Sandra Richardson, Aria Amid-Cox, Penny Hodgers, Norm Stanley and Pam Stanley (SERC Coordinator) as well as Lisa Gaffney, Kerrie Armstrong and Sandy Collins with Ben Fishburn helping out with equipment on Day 3. Damian Hofman was official photographer. A big thank you to these helpers.



Hills S & LSC members at the NSW State Presentation Awards

International Representatives

Congratulations to Jemma Smith, Rachel Wood and to Callum Lowe-Griffith on their selection on the Australian Youth Team and Tim Schofield and Brad Woodward in the Open Australian Team to compete at the 2016 Life Saving World Championships in the Netherlands.

Jemma & Callum have also been selected as the Youth Team Captains.

This is an outstanding achievement and we wish them all the best at the competition in September.

And finally I would like to thank the Management and Staff at Waves Fitness & Aquatic Centre for their continued support of the Life Saving activities of the club.

Melanie Williams

Life Saving Secretary



Hills S & LSC members at the NSW State Presentation Awards



Hills S & LSC award recipients



Hills S & LSC members

Port Hacking Lifeguard Club

2015/2016 has been a successful and great learning opportunity for the newer members to Port Hacking with the numbers turning up to our Sunday morning sessions increasing. The next generation of Port Hacking members are showing that passion and hard work pay off, with some great results and huge personal bests from the competitors throughout the season, landing them on representative teams. This included State team, Australian barra teams and special mention to Ethan Garland who was named on the junior combined One Australian team to compete at the World Championships in Netherlands in September this year.

The 2016 Australian Pool Lifesaving Championships

Port Hacking had a large representative group at this year's National Championships, which were held on the Gold Coast in Queensland in January. Six members were chosen to travel as part of the state team and for the first time in many years Port Hacking was able to have club relay teams at Nationals. These teams performed above expectation and the mixed open Simulated Emergency Response Competition (SERC) team managed to medal above some of the State teams.

As club coach I was extremely proud of my kids, many of whom experienced their first Royal Life Saving Nationals and were able to pull out some massive individual performances. The State team representatives were: Jake Evans, Chris King, Sam King, Georgia Cairncross, Ela Heiniger, and travelling reserve Jett Garland.



Port Hacking members at Nationals 2016

2016 NSW CHAMPIONSHIPS

State Championships saw Port Hacking down members with clashes with other events. The athletes who did participate enjoyed the day and enjoyed giving the open teams a run for their money in the relays again with our mixed age group relay competing up.

2016 Representative teams

Athletes named in the Aussie Barra Squads for 2016 were selected from the Australian Pool Life Saving Championships.

Aussie Barras Squad: Ela Heiniger

Silver Barras Squad: Ethan Garland

Junior Barras Squad: Chris King

2016 World Rescue Championship Youth Team

Ethan Garland was successfully named in the team after an awesome performance in the pool events at the selection trial. He has been given a heavy program for the pool competition in September but is training hard and improving his personal bests. I wish him all the best at the World championships, what an achievement!



Ethan Garland

Special Thanks

Port Hacking Lifeguards would like to thank Sutherland Leisure Centre and the Sutherland Shire Council for their continued support of allocated lane space on a Sunday morning. Without this support Port Hacking athletes would not have the opportunities to train and focus on skill development, so thank you.

Port Hacking Lifeguard Club would also like to thank the NSW Branch, the Club and Competition Committee and all the officials for organising a state based competition system, supporting the sport of Pool Life Saving and for volunteering their time.

Felysia Konakoff

Port Hacking Secretary



Students from Armidale High school completing the annual Year 10 life saving program.



Armidale & New England District Sub Branch

The Sub Branch still has a dedicated group of members. The annual general meeting was, as always, well attended. All positions of the executive were easily filled.

It is within the schools that the Sub Branch members do most of their work. They realise how important it is that students leave school with life saving techniques that may someday save a life.

As always the Armidale swimming centre was a hive of activity at the end of the school year. Schools were able to share the available space at the pool to complete their programs. Thanks must go to the pool staff, Steve Gollan and Bill Vale for their assistance and perseverance during this period.

The awards being processed are still significant. Most of the schools are advancing their students to achieve the higher awards. There has been a noticeable increase of students achieving awards from the advanced lifesaving strand. Instructors, examiners and students should be congratulated for striving to reach these standards.

I am concerned of the new requirements of the NSW Department of Education and Communities that now state for teachers to re-accredit their resuscitation (CPR) qualification they must enrol through a registered training organisation. My concern is that the cost will be a stop to some schools to allow teachers to learn and refresh their resuscitation skills.

Members of the Sub Branch were awarded recognition awards by NSW Branch in the 2015 report. I would like to congratulate them on their award and thank them for their diligent work over a long period of time.

Personally, I would like to thank Steve Gollan for not only his work at the pool but also for his willingness to act as an instructor and examiner for the members of the public who need the recognition of our awards for further pursuits.

Peter Dooley

Secretary/Treasurer

Students from Armidale High school completing the annual Year 10 life saving program. Most of the students aim for the advanced rescue award scheme.



Northern New England

Another season has come and gone. We have had variations in the number of candidates during the season and I am sure that the indifferent weather has had something to do with it.

The main Pool in the Glen Innes Swim Centre has been remodelled from a 33m x 5 lane to a 25m x 6 lane, plus a 12m x 2 lane teaching pool using up the spare amount of pool. Both pools are separately filtered and heated. I might remark that the small pool is very popular with both children and adults as it is heated to 6 degrees above the main pool. This has worked very well with Royal Life Saving classes for the Swim and Survive early age group.

Our main lesson time early in the New Year clashed with another group (not in the pool) and we missed a lot of candidates. However those who did attend had an interesting time. We were able to give intense lessons, which gave improved swimming technique and much quality time in Life Saving. We were able to take all candidates through Resuscitation, (even the young Swim and Survive groups did some basic Resuscitation).

We were able to replace some of our lifejackets through a national retailer having a large discount sale. They are much appreciated.

The Sub Branch hopes to hold a training group for Advanced Level Examiners early in the new Swim Season so that advanced awards may be catered for in the immediate area.

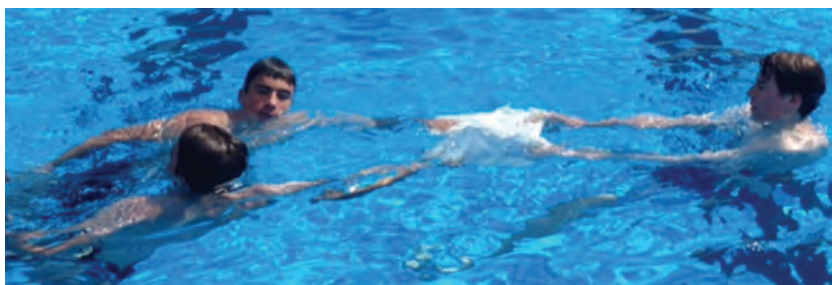
We would like to thank Swim Centre Manager Keith Watts for his assistance as both Instructor and Examiner during the classes. Thanks also to the Glen Innes Examiner for publicity which was much appreciated.

Elizabeth Withers

President

Warwick Twigg

Secretary



Students from Armidale High school completing the annual Year 10 life saving program.



Championship and Carnival Trophies

THE JUDGE HARVEY PRIOR MEMORIAL TROPHY

INTERCLUB POINTSCORE

THE HILLS S & LSC

THE SOCIETY CENTENARY SHIELD

OVERALL CHAMPIONSHIPS POINTS SCORE

SERC TESTS & POOL COMPETITION

THE HILLS S & LSC

ROTH SHIELD

OVERALL CLUB SERC POINTSCORE

THE HILLS S & LSC

THE LOU STEPHENS MEMORIAL TROPHY

OPEN MENS' SUPER LIFESAVER RACE

ANDREW BOWDEN

THE HILLS S & LSC

THE NERIDA MURRAY TROPHY

OPEN LADIES' SUPER LIFESAVER RACE

RACHEL WOOD

THE HILLS S & LSC

THE AREVA SHIELD

U/16 LADIES SUPER LIFESAVER

KEELEY BOOTH

THE HILLS S & LSC

THE AREVA SHIELD

U/16 MENS SUPER LIFESAVER

NATHAN CLARKE

ENGADINE ASC

THE SHOEBRIDGE CUP

OPEN MENS' 100m MANIKIN CARRY

BLAKE McCRRINDLE

ENGADINE ASC

THE C W HEYDE TROPHY

OPEN LADIES' 100m MANIKIN CARRY

RACHEL WOOD

THE HILLS S & LSC

THE STAMINA TROPHY

OPEN MENS' MANIKIN TOW

BLAKE McCRRINDLE

ENGADINE ASC

THE WILSON REID TROPHY

OPEN LADIES MANIKIN TOW

KEELEY BOOTH

THE HILLS S & LSC

THE SOCIETY CUP

OPEN RESCUE TUBE RELAY

THE HILLS A S & LSC

GEORGE H. WILLIAMS MEMORIAL TROPHY

OPEN MENS' 200m OBSTACLES

BLAKE McCRRINDLE

ENGADINE ASC

THE NSW STATE TEAM TROPHY

OPEN LADIES' 200m OBSTACLES

RACHEL WOOD

THE HILLS S & LSC

THE 1983 NSW STATE MEN'S TEAM TROPHY

OPEN MANIKIN RELAY

THE HILLS A S & LSC

THE 1983 NSW STATE LADIES TEAM TROPHY

OPEN OBSTACLE RELAY

THE HILLS A S & LSC

THE WALTER SCOTT TROPHY

RESTRICTED FIN RELAY

THE HILLS A S & LSC

THE AMPOL CUP

RESTRICTED 4 PERSON TEAM SERC

ENFIELD A LSC

THE KLEEMO CUP

OPEN 4 PERSON TEAM SERC

THE HILLS A S & LSC

THE FOWLER SHIELD

OPEN MENS' INDIVIDUAL SERC

TONY STANLEY

THE HILLS S & LSC

THE J. FOWLER TROPHY

OPEN LADIES INDIVIDUAL SERC

JENNY WHITELEY

THE HILLS S & LSC

THE CROLICK FAMILY PLATE

U/16 LADIES INDIVIDUAL SERC

KARLI MUSARRA

THE HILLS S & LSC

THE ROBERT WOOD MEMORIAL TROPHY

U/16 MENS INDIVIDUAL SERC

JORDAN HODGERS

THE HILLS S & LSC

THE AUBURN LSC TROPHY

U/19 MENS INDIVIDUAL SERC

MITCHELL MUSARRA

THE HILLS S & LSC

THE AUBURN LSC TROPHY

U/19 LADIES INDIVIDUAL SERC

STEFANIE GOODYER

ENFIELD LSC

PATTERSON CARLEY MEMORIAL TROPHY

U/16 PAIRS SERC

THE HILLS A S & LSC

THE MCLENNAN SHIELD

12-13 YRS BOYS LINE THROW

NA

THE MCLENNAN SHIELD

12-13 YRS GIRLS LINE THROW

HOLLY HOLMESBY

ENGADINE ASC

THE SUE GILMOUR MEMORIAL TROPHY

U/12 YRS MANIKIN RELAY

ENFIELD A LSC

THE MIDGET CHAMPIONSHIP TROPHY

POINTS SCORE WATER EVENTS, 8-9 & 10-11 YRS

THE HILLS S & LSC

THE SUB CADET CHAMPIONSHIP TROPHY

POINTS SCORE WATER EVENTS, 12-13 & U/16 YRS

THE HILLS S & LSC

W H WALKER MEMORIAL TROPHY 2010-2011

POINTS SCORE WATER EVENTS U/19 & OPEN YEARS

THE HILLS S & LSC

THE CLUB & COMPETITION TROPHY

POINTS SCORE WATER EVENTS, 30 to 44 & 45 & OVER YEARS

THE HILLS S & LSC

Awards Point Score

THE PRESIDENTS CUP

Tertiary Organisations
University of Newcastle
3290 Points

THE AQUATIC CLUB TROPHY

Girls High Schools
Northern Beaches Secondary College
Mackellar Girls Campus
4228 Points

THE MRS. S. BIDNER CUP

Girls High Schools - 2nd Place
Riverside Girls High School
1742 Points

THE CITY TATTERSALLS CLUB CUP

Boys High School
Homebush Boys High School
915 Points

THE E.A. FRY TROPHY

Co-Educational Secondary Schools
Westfield Sports High School
2355 Points

THE EKLUND CUP

Girls Independent Schools & Colleges
Loreto Kirribilli
3342 Points

THE HERBERT WAGSTAFF TROPHY

Girls Independent Schools & Colleges -
2nd Place
Wenona School
3307 Points

THE HENDRY CUP

Boys Independent Schools & Colleges
Trinity Grammar School
4458 Points

THE ALAN McCLURE CUP

Co-Educational Independent
Schools & Colleges
Oakhill College
4642 Points

THE R.J. CSHOTT TROPHY

Girls Premier School of the State
Northern Beaches Secondary College
Mackellar Girls Campus
4228 Points

THE ARTHUR PARKER CUP

Boys Premier School of the State
Trinity Grammar School
4458 Points

THE CITY TATTERSALLS CLUB TROPHY

For Metropolitan Schools
Oakhill College
4642 Points

THE VICTOR FROST TROPHY

Metropolitan Schools - 2nd Place
Trinity Grammar School
4458 Points

THE W. MARX TROPHY

Country Schools - 1st Place
Kinross Wolaroi School
4512 Points

THE K.W. DRAPER TROPHY

Country Schools - 2nd Place
Presbyterian Ladies College- Armidale
2836 Points

THE ALWYNNE WAGSTAFF TROPHY

Primary Schools - 1st Class
Hurstville Primary School
525 Points

THE M. CULLEN TROPHY

Primary Schools - 2nd Class
Wiley Park Primary School
460 Points

THE BOWER CUP

Primary Schools - 2nd Class - 2nd Place
Gosford Primary School
430 Points

THE H.F. PAULL TROPHY

Primary Schools - 3rd Class
Newington Primary School
540 Points

THE PERCY MARKS CUP

Primary Schools 4th Class
Gilgandra Primary School
325 Points

THE DOMINELLI FORD TROPHY

Primary Schools - 5th Class
Adelong Primary School
420 Points

THE BRIGHTON-LE-SANDS RSL CLUB TROPHY

Primary Schools - 6th Class
Wattle Flat Primary School
85 Points

THE JACK STILWELL FLYNN MEMORIAL CUP

Central Schools - 1st Class
Jindabyne Central School
300 Points

THE HELEN DRAPER TROPHY

Central Schools - 2nd Class
**Lightning Ridge Central School &
Walcha Central School**
290 Points

THE H.C. BAMFORD TROPHY

Central Schools - 3rd Class
Trangie Central School
375 Points

THE ROWLEY VASS MEMORIAL TROPHY

Central Schools - 4th Class
Oaklands Central School
585 Points

THE CLIVE AUSTIN TROPHY

Central Schools - 8 & 9 Class
Hunter School of Performing Arts
550 Points

THE F.D. LEANEY TROPHY

Schools for Specific Purposes
Halinda School
655 Points

THE BILL ARTHUR CUP

Special Schools - Welfare
Not Awarded

THE R.E. BURGOYNE MEMORIAL TROPHY

RSL Youth Clubs
Rooty Hill RSL YSC
399 Points

THE AUSTRALIA SHIELD

Army, Navy & Air Force Units
RAAF BASE WAGGA WAGGA
145 Points

THE KELSO KING EXCELLENCE SHIELD

Affiliated Clubs
Engadine ASC
528 Points

THE MARION McCANN TROPHY

Affiliated Clubs on an Improvement Basis
Wellington Amateur Swimming Club
126%

Awards Points Place

PRESIDENT'S CUP

for Tertiary Organisations

University of Newcastle	242	3290	1st
Tocal Agricultural Clg	71	1065	2nd
Charles Sturt University-Albury	63	845	3rd
Avondale Clg	71	760	
University New England-Armidale	45	675	
Macquarie University	80	640	
Charles Sturt University-Port Macquarie	41	615	
University of Wollongong	48	480	
Charles Sturt University - Wagga	44	470	
Charles Sturt University-Orange	36	410	
Southern Cross University-Lismore	13	195	
Southern Cross Cath Vocational Clg	32	160	
Australian Catholic University	5	75	
Charles Sturt University - Bathurst	1	5	

THE AQUATIC CLUB TROPHY

for Girls High Schools

Northern Beaches Sec. College			
Mackellar Girls Campus	779	4228	1st
Riverside Girls H.S.	356	1742	2nd
East Hills Girls H.S.	55	805	3rd
Randwick Girls H.S.	64	740	
Sydney Girls H.S.	150	734	
Strathfield Girls H.S.	116	580	
Beverly Hills Girls H.S.-- I.E.C.	53	475	
Asquith Girls H.S.	51	406	
Moorefield Girls H.S.	76	380	
Blacktown Girls H.S.	27	345	
Liverpool Girls H.S.	20	300	
North Sydney Girls H.S.	57	285	
Canterbury Girls H.S.	39	195	
Hornsby Girls H.S.	30	150	
Georges River Clg Penshurst Girls Campus	15	75	
St. George Girls H.S.	4	20	

THE CITY TATTERSALLS CLUB CUP

for Boys High Schools

Homebush Boys H.S.	161	915	1st
Asquith Boys H.S.	180	753	2nd
Georges River Clg			
Hurstville Boys Campus	67	535	3rd
Liverpool Boys H.S.	24	360	
Randwick Boys H.S.	21	315	
Northern Beaches Sec.			
Clg Balgowlah Boys Campus	50	250	
Birrong Boys H.S.	48	240	
Belmore Boys H.S.	45	225	
Blacktown Boys H.S.	34	170	
Canterbury Boys H.S.	27	135	
Tempe H.S.	12	60	

THE E.A. FRY TROPHY

for Co-Educational Secondary Schools

Westfields Sports H.S.	157	2355	1st
Killara H.S.	580	1959	2nd
John Edmundson H.S.	200	1900	3rd
Quakers Hill H.S.	451	1887	
Woolooware H.S.	185	1765	
Northern Beaches Sec. Clg			
Freshwater Senior C	105	1545	
Lurnea H.S.	176	1480	
Muswellbrook H.S.	362	1429	

Awards Points Place

Dapto H.S.	95	1425	
Blakehurst H.S.	273	1365	
Baulkham Hills H.S.	416	1248	
Wyndham Clg	82	1230	
Kellyville H.S.	80	1200	
Cherrybrook Technology H.S.	210	1196	
Wollongong H.S.of the Performing Arts	161	1185	
Mudgee H.S.	144	1180	
Crestwood H.S.	80	1160	
Shoalhaven H.S.	144	1125	
Castle Hill H.S.	77	1105	
Erskine Park H.S.	118	1090	
Dubbo College Senior Campus	198	990	
Hoxton Park H.S.	105	975	
Yass H.S.	112	957	
St. Johns Park HS St Johns Park	140	950	
Mitchell H.S.	125	935	
Albion Park H.S.	114	920	
Evans H.S.	70	880	
Canobolas Rural Technology H.S.	117	845	
Hurlstone Agricultural H.S.	121	845	
Caringbah H.S.	92	780	
Koorlingal H.S.	51	765	
Bomaderry H.S.	186	744	
Winmalee H.S.	185	740	
Holsworthy H.S.	147	735	
Crookwell H.S.	72	726	
Armidale H.S.	94	717	
Keira H.S.	60	700	
Nowra H.S.	95	690	
Glenwood H.S.	45	675	
Kogarah H.S.	45	675	
Galston H.S.	50	670	
Vincentia H.S.	54	665	
Taree H.S.	139	655	
Camden H.S.	68	640	
Chatswood H.S.	127	635	
Casino H.S.	102	630	
Georges River Clg Oatley Senior Campus	42	630	
Airds H.S.	100	622	
Sylvania H.S.	42	610	
Batemans Bay H.S.	90	600	
Fairfield H.S.	40	600	
Gilgandra H.S.	40	600	
Sefton H.S.	222	599	
Casula H.S.	67	595	
Brisbane Water Secondary Clg			
Umina Campus	113	565	
Bellingen H.S.	37	555	
Figtree H.S.	39	555	
Camden Haven H.S.	36	540	
Greystanes H.S.	36	540	
Davidson H.S.	35	525	
Bega H.S.	104	520	
Richmond H.S.	104	520	
Elizabeth Macarthur H.S.	45	505	
The Forest H.S.	135	503	
Tuggerah Lakes Secondary Clg			
Berkeley Vale Campus	89	500	
Sydney Technical H.S.	75	498	
Maitland H.S.	99	495	
Moss Vale H.S.	99	495	
Springwood H.S.	33	495	
Singleton H.S.	125	492	
Chatham H.S.	91	491	
Orara H.S.	86	490	
Eagle Vale H.S.	47	485	
James Busby H.S.	97	485	

	<i>Awards</i>	<i>Points</i>	<i>Place</i>		<i>Awards</i>	<i>Points</i>	<i>Place</i>
Mount View H.S.	92	484		Katoomba H.S.	24	280	
Sydney Distance Education H.S.	46	480		Kandos H.S.	55	275	
Gundagai H.S.	95	475		Lismore H.S.	55	275	
Coffs Harbour Senior College	31	465		Picnic Point H.S.	18	270	
James Fallon H.S.	93	465		Strathfield South H.S.	53	265	
Kiama H.S.	93	465		Toormina H.S.	51	255	
Marsden H.S.	31	465		Willyama H.S.	51	255	
Northern Beaches Sec. Clg				Kirrawee H.S.	20	250	
Cromer Campus	111	463		Kyogle H.S.	50	250	
Hunter Sports H.S.	90	450		Condobolin H.S.	17	245	
St. Clair H.S.-St. Clair	30	450		Corowa H.S.	49	245	
Concord H.S.	89	445		Newcastle H.S.	16	240	
Engadine H.S.	89	445		Cecil Hills H.S.	29	235	
Narrabri H.S.	89	445		Billabong H.S.	46	230	
Chifley College Senior Campus	86	430		Lisarow H.S.	22	230	
Mount Austin H.S.	71	425		Warrawong H.S.	46	230	
Temora H.S.	76	420		Cabramatta H.S.	45	225	
Corrimal H.S.	49	415		J.J. Cahill Memorial H.S.	45	225	
Ingleburn H.S.	83	415		Tuggerah Lakes Secondary Clg			
Broken Hill H.S.	81	405		The Entrance Campus	45	225	
Coffs Harbour H.S.	34	405		Coonamble H.S.	44	220	
Westport H.S.	81	405		Orange H.S.	17	220	
Monaro H.S.	80	400		Colyton H.S.	14	210	
Murray H.S.	80	400		Gymea H.S.	14	210	
Gloucester H.S.	54	390		Scone H.S.	42	210	
Nyngan H.S.	72	390		Canowindra H.S.	37	205	
Cambridge Park H.S.	77	385		Wyong H.S.	19	205	
Bulli H.S.	76	380		Oberon H.S.	38	190	
Cardiff H.S.	76	380		Turrumurra H.S.	38	190	
Woonona H.S.	26	380		Kotara H.S.	36	180	
Seven Hills High School	25	375		Bellevue Hill H.S.	35	175	
Tumut H.S.	39	375		Nambucca Heads H.S.	35	175	
Pennant Hills H.S.	56	370		St. Marys Senior H.S. - St Marys	35	175	
Carlingford H.S.	25	365		Duval H.S.	34	170	
Cobar H.S.	73	365		Riverstone H.S.	30	170	
Great Lakes Clg Tuncurry Senior Campus	73	365		Gorokan H.S.	11	165	
Kincumber H.S.	73	365		Lake Munmorah H.S.	11	165	
Narromine H.S.	52	365		June H.S.	31	155	
Oak Flats H.S.	73	365		Robert Townson H.S.	11	155	
Campbelltown Performing Arts H.S.	24	360		Warialda H.S.	10	150	
Coonabarabran H.S.	24	360		Menai H.S.	25	148	
Cowra H.S.	31	360		Ashcroft H.S.	9	135	
Granville South H.S.	71	355		Dubbo College-South Campus	27	135	
Oxley H.S.	70	350		Hills Sports H.S.	27	135	
Leumeah H.S.	45	345		Merrylands H.S.	15	134	
Macksville H.S.	23	345		Narrandera H.S.	19	132	
Port Hacking H.S.	39	345		Pictou H.S.	26	130	
Georges River Clg Peakhurst Campus	68	340		Barham H.S.	25	125	
Ulladulla H.S.	24	340		Cammeraygal H.S.	25	125	
Illawarra Sports H.S.	37	335		Heathcote H.S.	24	125	
Warilla H.S.	67	335		The Henry Lawson H.S.	24	120	
Elderslie H.S.	26	330		Maitland Grossmann H.S.	14	115	
Moree Secondary Clg Albert St Campus	22	330		Rutherford Technology H.S.	23	115	
Fort Street H.S.	65	325		Forest H.S.	7	105	
Glendale H.S.	63	315		Kingsgrove H.S.	21	105	
Macquarie Fields H.S.	63	315		Wingham H.S.	9	105	
Eden Marine H.S.	62	310		Narrabeen Sports H.S.	9	90	
Mount Annan H.S.	62	310		Bowral H.S.	17	85	
Mullumbimby H.S.	62	310		Terrigal H.S.	14	70	
Dungog H.S.	61	305		Wee Waa H.S.	14	70	
Narooma H.S.	61	305		Dorrigo H.S.	13	65	
Swansea H.S.	61	305		Goulburn H.S.	6	60	
Wellington H.S.	49	305		Penrith H.S.	12	60	
Cronulla High School	30	300		Nepean CAPA H.S.	6	56	
Blayney H.S.	59	295		Merewether H.S.	11	55	
Miller Technology H.S.	21	295		Belmont H.S.	10	50	
Ku-ring-gai H.S.	103	287		Hay War Memorial H.S.	9	44	

	Awards	Points	Place
Callaghan Clg Wallsend Campus	9	36	
Francis Greenway H.S.	6	30	
Kurri Kurri H.S.	6	30	
Sydney Secondary College Leichhardt Campus	5	25	
Mulwaree H.S.	2	20	
Forbes H.S.	3	15	
Henry Kendall H.S.	1	15	
Jamison H.S.	3	15	
Cumberland H.S.	2	10	
Hunter River H.S.	2	10	
Gymea Technology H.S.	1	5	
Illawarra Senior College	1	5	
Dubbo Clg-Delroy Campus	1	1	

THE EKLUND CUP

for Girls Independent Schools & Colleges

Loreto-Kirribilli	444	3342	1st
Wenona School	692	3307	2nd
Presbyterian Ladies College-Armidale	419	2836	3rd
Loreto-Normanhurst	317	2669	
St. Marys Star of the Sea Clg Ltd			
Wollongong	183	2530	
Pymble Ladies Clg	255	2530	
Tara Anglican School	403	2384	
Ravenswood School for Girls	223	2225	
Our Lady of Mercy Clg Burraneer-Cronulla	285	1944	
Kambala School	175	1935	
Our Lady of Mercy Clg-Parramatta	247	1730	
Presbyterian Ladies College-Croydon	483	1466	
New England Girls School	119	1274	
Marist Sisters College-Woolwich	82	1230	
Kildare Catholic Clg	156	1170	
Mount St. Benedict Clg-Pennant Hills	155	1155	
Bethany College	138	1090	
Cerdon College	384	845	
Domremy Clg	96	805	
Monte Sant Angelo Mercy Clg Ltd			
North Sydney	201	805	
Roseville College	351	766	
Kincoppal-Rose Bay School	73	682	
Danebank Anglican School For Girls	75	675	
Meriden School	131	655	
SCEGGS-Darlinghurst	35	525	
St. Euphemia College	35	525	
MLC School	50	495	
St. Josephs Catholic Clg - East Gosford	48	473	
Mary Mackillop Clg-Wakeley	76	380	
Nagle College	76	380	
Tangara School for Girls	20	300	
St. Patricks Clg - Campbelltown	19	285	
Mount St. Joseph-Milperra	20	200	
St Catherines School	28	185	
St. Scholasticas College Ltd - Glebe	34	170	
Caroline Chisholm Clg-Glenmore Pk	11	55	
All Saints Catholic Girls Clg-Liverpool	6	50	
Brigidine College - Randwick (St.Pauls)	1	5	

THE HENDRY CUP

for Boys Independent Schools & Colleges

Trinity Grammar School	593	4458	1st
The Kings School	618	3818	2nd
Newington College Stanmore	198	2850	3rd
St. Josephs College-Hunters Hill	301	2490	
Patrician Brothers Clg - Blacktown	412	2314	

	Awards	Points	Place
St. Ignatius College-Lane Cove	234	2210	
St. Pauls Catholic College - Greystanes	134	2010	
Marist College-Eastwood	148	1440	
St. Edwards Christian Brothers Clg Gosford	82	1230	
Cranbrook School	160	1100	
De La Salle Clg-Caringbah	131	1022	
St. Marys Cathedral Clg - Sydney	63	935	
Parramatta Marist H.S.	46	690	
St. Stanislaus College	54	650	
St. Patricks Clg - Strathfield	108	540	
Christian Brothers H.S.-Lewisham	105	525	
La Salle Catholic Clg-Bankstown	89	515	
St Aloysius College	90	450	
Patrician Brothers Clg - Fairfield	86	430	
The Scots College-Bellevue Hill	85	425	
Newington College Lindfield	30	420	
Marist College-Kogarah	76	380	
Marcellin College	69	345	
Marist College-Penshurst	58	290	
Marist College-North Shore	55	275	
Holy Cross Clg-Ryde	50	250	
Tudor House	26	130	
De La Salle Clg-Ashfield	10	50	
All Saints Catholic Boys Clg-Liverpool	12	48	

THE ALAN McCLURE CUP

for Co-Educational Independent School & Colleges

Oakhill College	426	4642	1st
Kinross Wolaroi School	395	4512	2nd
Newman Snr Tech College	178	2670	3rd
Red Bend Catholic College	200	2185	
St. John Bosco College-Engadine	137	1995	
Barker College	316	1890	
Santa Sabina Clg-Strathfield	244	1845	
St. Columbas Catholic College	114	1710	
Redeemer Baptist School	377	1669	
Bede Polding College	230	1590	
John Therry Catholic H.S.-Rosemeadow	94	1400	
Macarthur Anglican School	93	1395	
O'Connor Catholic College-Armidale	250	1373	
The Illawarra Grammar School	197	1329	
Clancy Catholic Clg-West Hoxton	139	1245	
St. Johns College-Dubbo East	78	1170	
Magdalene Catholic H.S.	88	1141	
Chevalier College	76	1140	
St. Marks College	152	1100	
Good Samaritan Catholic College-Hinchinbrook	125	1095	
Marian Catholic College-Kenthurst	265	1074	
James Sheahan Catholic H.S.	122	950	
St. Patricks Clg - Sutherland	156	950	
Nowra Christian Community School	59	885	
St. Josephs P.S. - Boorowa	65	875	
St. Andrews Clg-Marayong	110	850	
St. John The Evangelist H.S.-Nowra	81	810	
St. Clares H.S.-Taree	117	799	
Pacific Hills Christian School	192	792	
Trinity Catholic Clg-Auburn	118	730	
St. Francis De Sales Regional Clg-Leeton	65	725	
St. Patricks Marist Clg - Dundas	52	720	
Northern Beaches Christian School	46	690	
Unity Grammar School	45	675	
Gilroy College	114	665	
Scone Grammar School	57	657	
Hunter Christian School	43	645	

	Awards	Points	Place		Awards	Points	Place
William Clarke College	107	641		St. Charles P.S.-Ryde	38	190	
Xavier Catholic Clg-Ballina	42	630		Sutherland Shire Christian School	14	190	
All Saints Clg - St. Josephs Campus				Catherine McAuley P.S.-Orange	37	185	
Lochinvar	92	597		Macquarie Anglican Grammar School	37	185	
Norwest Christian Clg	73	595		Our Lady of the Roseary P.S - Kellyville	37	185	
Rosebank College	118	590		St. Christophers P.S.-Panania	37	185	
John Paul College-Coffs Harbour	58	580		Our Lady Star of the Sea P.S.-Miranda	36	180	
Trinity Catholic Clg-Lismore	38	570		Mater Dei Catholic P.S.-Wagga	35	175	
Holy Spirit College-Lakemba	86	530		St. Josephs P.S. - Jerilderie	13	175	
Belmont Christian College	77	528		St. Michaels P.S. - Lane Cove	35	175	
Mackillop Catholic College-Warnervale	37	525		Macquarie College-Wallsend	34	170	
St Peters Anglican Primary School	61	525		Sacred Heart Central School			
All Saints Clg - Bathurst	75	505		Cootamundra	34	170	
The Hills Grammar School	188	496		St. Catherines Catholic Clg - Singleton	26	170	
St. Francis Xaviers Clg-Hamilton	92	460		St. Felix P.S.-Bankstown	34	170	
Hunter Valley Grammar School	30	450		Hennessy Catholic Clg	24	165	
St. Declans P.S.-Penshurst	32	450		St. Ambroses P.S.-Concord	33	165	
St. John Bosco P.S.-Engadine	89	445		St. Patrick Parish School-Albury	33	165	
St. George Christian School-Hurstville	29	435		St. Paul the Apostle P.S. - Winston Hills	33	165	
Montgrove College	28	420		St Ursula's College	16	160	
All Saints Clg - St. Marys Campus-Maitland	74	405		St. Thomas Aquinas P.S. - Springwood	32	160	
Mount Carmel H.S.-Varroville	26	390		Condell Park Christian School	19	155	
Victory Lutheran College	26	390		St. Josephs P.S. - Leeton	31	155	
St. Christophers P.S.-Holsworthy	76	380		St. Patricks P.S. - Kogarah	31	155	
St. Johns Clg-Lismore	76	380		St. Annes P.S.-Albury	30	150	
Caroll College	75	375		St. Francis Xaviers P.S.-Ballina	30	150	
Central Coast Steiner School	24	360		Wycliffe Christian School	19	146	
Toongabbie Christian School	24	360		St. Marys P.S. - Orange	29	145	
Shellharbour Anglican College	71	355		Trinity Catholic P.S.	29	145	
St. Pius X H.S. - Adamstown	71	355		St. Bernards P.S.-Batehaven	28	140	
Bishop Tyrrell Anglican College	23	345		St. Michaels P.S. - Meadowbank	28	140	
St. Pauls College - Walla Walla	26	335		All Saints Catholic Senior College Casula	27	135	
San Clemente H.S.	63	315		St. Catherine Laboure P.S.-Gymea	27	135	
Wagga Wagga Christian College	21	315		St. Peter Chanel P.S. - Regents Park	27	135	
St. Agnes Catholic H.S.-Rooty Hill	62	310		Australian Christian College	26	130	
Trinity Catholic Clg-Goulburn	32	288		St. Angelas P.S.	26	130	
Lakes Grammar an Anglican School	57	285		St. Annes School-Temora	26	130	
Holy Trinity P.S.-Wagga	56	280		St. Joan of Arc P.S. - Haberfield	26	130	
St. Josephs H.S. - Aberdeen	30	270		St. John Vianneys P.S.-Greenacre	26	130	
St. Michaels PS - Mittagong	18	270		St. Josephs P.S. - Belmore	26	130	
Champagnat Catholic College	53	265		St. Josephs P.S. - Nyngan	13	130	
Mater Dei Catholic Clg - Wagga	47	265		St. Vincents P.S.-Ashfield	26	130	
Our Lady of Fatima P.S.-Caringbah	53	265		Riverina Anglican College	23	126	
St. Marouns College - Dulwich Hill	53	265		St. Josephs P.S. - Oatley	70	126	
Casimir Catholic College	17	255		Our Lady of the Rosary P.S.-Kensington	25	125	
Good Shepherd P.S. Plumpton	51	255		St Johns Paull II Clg	25	125	
Our Lady of the Rosary P.S. - Fairfield	51	255		St. Anthonys P.S.-Marsfield	25	125	
Our Lady Queen of Peace School				St. Francis of Assisi Regional P.S.-Paddington	25	125	
Greystanes	50	250		St. Marys P.S. - North Sydney	25	125	
St. Marys College - Gunnedah	38	250		St. Aloysius P.S.-Cronulla	24	120	
Christadelphian Heritage Clg-Sydney	39	248		St. Brendans P.S.-Bankstown	24	120	
Rouse Hill Anglican College	25	246		St. Marys P.S.-Armidale	24	120	
St. Patricks P.S. - Griffith	49	245		St. Marys Star of the Sea P.S.-Hurstville	24	120	
Holy Trinity School-Inverell	47	235		St. Pius P.S. - Enmore	24	120	
De La Salle Clg-Cronulla	46	230		Montesorri East School.	9	115	
Dubbo Christian School	15	225		St Bernadette's P.S.-Castle Hill	23	115	
Orange Anglican G.S.	15	225		Holy Spirit P.S.-Lavington	22	110	
Sacred Heart P.S.-Cabramatta	37	225		Sacred Heart P.S.-Mosman	22	110	
St. Pauls Grammar School - Cranebrook	15	225		St. Jeromes P.S. - Punchbowl	22	110	
Henschke P.S.	42	210		St. Patricks P.S. - Sutherland	22	110	
St. Agnes P.S. - Matraville	41	205		St Joseph's Clg-Tweed Heads	7	105	
St. Lukes P.S. - Revesby	40	200		St. Marys C.S.-Wellington	21	105	
St. Philomenas School - Moree	40	200		Christ The King P.S.-Bass Hill	19	95	
All Hallows P.S.-Gulgong	13	195		Holy Cross PS-Woollahra	19	95	
Our Lady of Lourdes P.S.-Earlwood	31	195		St. Laurences School - Forbes	19	95	
Richard Johnson Anglican School	13	195		Penrith Anglican College	9	90	
The Scots School - Bathurst	56	194		St. Francis Xaviers P.S.-Lurnea	18	90	
All Saints Catholic P.S.	39	191		St. Marys P.S. - Yoogali	18	90	

	Awards	Points	Place
St. Michaels P.S. - Daceyville	18	90	
Our Lady Queen of Peace P.S.-Gladesville	17	85	
St. Joseph The Worker P.S. - Auburn South	17	85	
Holy Saviour School-Greenacre	0	80	
St. Gabriels P.S.-Bexley	16	80	
St. Marys P.S. - Young	16	80	
Good Shepherd P.S. Hoxton Park	55	79	
Carinya Christian School-Tamworth	15	75	
St. Francis De Sales P.S.-Woolooware	15	75	
St. Josephs Central School-Oberon	15	75	
St. Josephs P.S. - Lockhart	14	70	
St. Josephs P.S. - Wagga	14	70	
Kempsey Adventist School	13	65	
Trinity Anglican Clg - Albury	12	60	
Avondale High School	11	55	
All Saints P.S.-Tumbarumba	9	45	
St. Josephs P.S. - Grenfell	9	45	
St. Michaels P.S. - Coolamon	8	40	
St. Ignatius P.S.-Bourke	7	35	
St. Josephs P.S. - Finley	7	35	
Coffs Harbour Christian Community Secondary School	2	30	
St. Brendans P.S.-Ganmain	6	30	
St. Josephs P.S. - Culcairn	6	30	
St. Peters Anglican Clg - Broulee	2	30	
Freeman Catholic Clg	5	25	
M.E.T.School	4	20	
Mary Immaculate P.S.-Bossley Pk	4	20	
St. Matthews C.S. - Mudgee	2	20	
St. Thereses P.S. - Yenda	4	20	
St. Columbas P.S. -Berrigan	3	15	
St. Francis Xavier P.S.-Urana	3	15	
St. Josephs Hastings Regional School			
Pt Macquarie	1	15	
Moriah College	2	10	
Aquinas College-Menai	1	5	
Immaculate Heart of Mary P.S.-Sefton	1	5	
Linuwel School	1	5	
St. Josephs P.S-Portland	1	5	
St. Marys War Memorial School			
West Wyalong	1	5	
St. Patricks Parish School- Albury	1	5	
St. Thereses P.S. - Sadleir	1	5	

THE ALWYNNE WAGSTAFFE TROPHY

for Primary Schools 1st Class

Hurstville P.S.	105	525	1st
Hampden Park P.S.	98	490	2nd
Matthew Pearce P.S.	98	490	3rd
MHarrington Street P.S.	94	470	
Canley Vale P.S.	93	465	
Westmead P.S.	93	465	
Cabramatta P.S.	91	455	
Lindfield East P.S.	91	455	
Fairfield Heights P.S.	89	445	
Bonnyrigg Heights P.S.	84	420	
Wauchope P.S.	76	380	
Jerrabomberra P.S.	70	350	
Harbord P.S.	68	340	
Berala P.S.	65	325	
Rouse Hill P.S.	64	320	
Greenacre P.S.	63	315	
Orange P.S.	62	310	
Caddies Creek P.S.	58	290	
Blacktown South P.S.	57	285	
Forster P.S.	56	280	

	Awards	Points	Place
Auburn West P.S.	55	275	
Hassall Grove P.S.	55	275	
Georges Hall P.S.	53	265	
Denistone East P.S.	50	250	
Harrington Park P.S.	40	200	
Dalmeny P.S.	10	50	
Umina P.S.	8	40	
Strathfield South P.S.	4	20	

THE M CULLEN TROPHY

for Primary School-2nd Class

Wiley Park P.S.	92	460	1st
Gosford P.S.	86	430	2nd
Wahroonga P.S.	25	375	3rd
Campsie P.S.	72	360	
Carlingford West P.S.	70	350	
Laguna St P.S.	69	345	
Jasper Road P.S.	66	330	
Mount Terry P.S.	66	330	
Marayong P.S.	65	325	
Gunnedah South P.S.	64	320	
Kellyville Ridge P.S.	64	320	
Eastwood P.S.	63	315	
Lansvale P.S.	63	315	
Earlwood P.S.	62	310	
Punchbowl P.S.	62	310	
Ulladulla P.S.	62	310	
Bidwill P.S.	61	305	
Muswellbrook P.S.	60	300	
Yagoona P.S.	60	300	
Glenmore Park P.S.	58	290	
Rosemeadow PS	58	290	
Liverpool P.S.	57	285	
Quakers Hill P.S.	57	285	
Hornsby North P.S.	56	280	
Kingsgrove PS	56	280	
Narranga P.S.	56	280	
Singleton Heights P.S.	56	280	
Bletchington P.S.	55	275	
Hambledon P.S.	55	275	
Wattle Grove P.S.	55	275	
Camden South P.S.	54	270	
Edgeworth P.S.	54	270	
Marsden Road P.S.	54	270	
Parramatta West P.S.	54	270	
Randwick P.S.	54	270	
Woollahra PS	54	270	
Manly West P.S.	53	265	
Mudgee P.S.	53	265	
Orana Heights PS	53	265	
Parklea P.S.	53	265	
Young P.S.	53	265	
Crawford P.S.	52	260	
Illaroo Road P.S.	52	260	
Batemans Bay P.S.	50	250	
Blackwell PS	50	250	
Maryland P.S.	50	250	
Crestwood P.S.	49	245	
Rockdale P.S.	49	245	
Barnier P.S.	48	240	
Colyton P.S.	48	240	
Cudgegong Valley P.S.	48	240	
Eleebana P.S.	48	240	
The Junction P.S.	48	240	
Birrong P.S.	47	235	
Burwood P.S.	47	235	

	Awards	Points	Place		Awards	Points	Place
Chullora P.S.	36	180		Corrimal East P.S.	25	125	
Warners Bay PS	36	180		Epping North P.S.	25	125	
Bass Hill P.S.	35	175		Goulburn West P.S.	24	125	
Bossley Park P.S.	35	175		Kempsey West P.S.	25	125	
Claremont Meadows P.S.	35	175		Lugarno P.S.	25	125	
Dural P.S.	35	175		Tumut P.S.	25	125	
Ermington P.S.	35	175		Glenmore Road P.S.	24	120	
Loftus P.S.	35	175		Moama P.S.	24	120	
Marayong South P.S.	35	175		Penshurst West P.S.	24	120	
Picton P.S.	35	175		Erina Heights P.S.	23	115	
Riverstone P.S.	35	175		Lilly Pilli P.S.	23	115	
Wideview P.S.	35	175		Bogangar P.S.	22	110	
Excelsior P.S.	34	170		Mount Brown P.S.	22	110	
Kiama P.S.	34	170		Normanhurst P.S.	22	110	
Oatley P.S.	34	170		Peakhurst West P.S.	22	110	
Oyster Bay P.S.	34	170		Corowa P.S.	21	105	
Wollongong P.S.	34	170		Leura p.s.	21	105	
Alma P.S.	33	165		Lynwood Park P.S.	21	105	
Cambridge Gardens P.S.	33	165		Muswellbrook South P.S.	21	105	
Panania P.S.	33	165		William Dean P.S.	21	105	
St. Georges Basin P.S.	33	165		Broulee PS	20	100	
Werrington County P.S.	33	165		Wingham Brush P.S.	18	90	
Woonona P.S.	33	165		Morgan Street P.S.	17	85	
Berowra P.S.	32	160		Peakhurst South P.S.	17	85	
Darcy Road P.S.	32	160		Coonabarabran P.S.	14	75	
Figtree P.S.	32	160		North Haven P.S.	12	60	
Glenhaven P.S.	32	160		Sadleir P.S.	10	50	
Madang Ave PS	32	160		Tomaree P.S.	6	30	
Narrabri PS	32	160		Brooke Avenue P.S.	3	15	
Putney P.S.	32	160		Barrack Heights PS	2	10	
Seven Hills West P.S.	32	160		McCallums Hill P.S.	2	10	
South West Rocks P.S.	32	160		Avoca Beach P.S.	1	5	
Toormina P.S.	32	160		Belmore North P.S.	1	5	
Villawood North P.S.	32	160		Brisbania P.S.	1	5	
GyMEA North P.S.	31	155		Faulconbridge P.S.	1	5	
Jamisontown P.S.	31	155		Kensington P.S.	1	5	
Kingswood P.S.	31	155		Lisarow P.S.	1	5	
Lismore P.S.	31	155		Mawarra P.S.	1	5	
Merrylands East P.S.	31	155		Padstow Park P.S.	1	5	
Vincentia P.S.	31	155					
Ballina P.S.	30	150					
Branxton P.S.	30	150					
Condobolin P.S.	30	150					
Eastwood Heights P.S.	30	150					
Murwillumbah East P.S.	30	150					
Panania North P.S.	30	150					
Ryde P.S.	30	150					
Eglinton P.S.	29	145					
Lakelands P.S.	29	145					
Truscott Street P.S.	29	145					
Annandale North P.S.	28	140					
Kogarah P.S.	28	140					
Lavington P.S.	28	140					
Revesby South P.S.	28	140					
St. Marys North P.S. - St. Marys	28	140					
Sturt P.S.	28	140					
Grays Point P.S.	27	135					
Noumea P.S.	27	135					
Armidale City P.S.	26	130					
Burke Ward P.S.	26	130					
Middleton P.S.	26	130					
Mount Pritchard P.S.	26	130					
Thirroul P.S.	26	130					
Barnsley P.S.	25	125					
Casino West P.S.	25	125					

THE PERCY MARKS CUP			
for Primary School-4th Class			
Gilgrandra P.S.	65	325	1st
Parkview P.S.	63	315	2nd
Parramatta East P.S.	62	310	3rd
Ullimo PS	307	307	
Coffs Harbour P.S.	61	305	
Killara P.S.	58	290	
Speers Point P.S.	18	270	
Kandos P.S.	39	255	
Richmond P.S.	50	250	
Tolland P.S.	50	250	
Buninyong P.S.	46	226	
Bomaderry P.S.	45	225	
Bonnyrigg P.S.	45	225	
West Ryde P.S.	45	225	
Charlestown P.S.	44	220	
Curran P.S.	41	205	
Bellingen P.S.	40	200	
Darlinghurst P.S.	20	200	
Mullaway P.S.	40	200	
St. Clair P.S.-St. Clair	40	200	
Carramar P.S.	39	195	
Nuwarra P.S.	39	195	

	<i>Awards</i>	<i>Points</i>	<i>Place</i>		<i>Awards</i>	<i>Points</i>	<i>Place</i>
Rainbow Street P.S.	38	190		Hornsby Heights P.S.	24	120	
Old Guildford P.S.	36	180		Nabiac P.S.	24	120	
Wiripaang P.S.	36	180		Nambucca Heads P.S.	24	120	
Braddock P.S.	35	175		Pendle Hill P.S.	24	120	
Elderslie P.S.	35	175		Redhead P.S.	24	120	
Engadine P.S.	35	175		Russell Vale PS	24	120	
Kurmond P.S.	35	175		West Wollongong P.S.	24	120	
Miranda P.S.	35	175		Frederickton P.S.	24	116	
Dubbo North P.S.	34	170		Chipping Norton P.S.	23	115	
Ringrose P.S.	33	165		Morisset P.S	23	115	
William Bayldon P.S.	33	165		Murwillumbah P.S.	23	115	
Ashcroft P.S.	32	160		Nyngan P.S.	23	115	
Dee Why P.S.	32	160		Parramatta North P.S.	23	115	
Granville South P.S.	32	160		St. Marys South P.S. - St Marys	23	115	
Camden P.S.	31	155		Urunga P.S.	23	115	
Mowbray P.S.	31	155		Glendale East P.S.	22	110	
Narrandera P.S.	31	155		Hill Top P.S.	22	110	
Old Bar P.S.	31	155		Junee North P.S.	22	110	
Ambarvale P.S.	30	150		Orange East P.S.	22	110	
Asquith P.S.	30	150		Seven Hills North P.S.	22	110	
Hamilton P.S.	30	150		Berry P.S.	21	105	
Jannali East PS	30	150		Bert Oldfield P.S.	21	105	
Leonay P.S.	30	150		Canowindra PS	21	105	
Moree East P.S.	30	150		Pelaw Main P.S.	21	105	
Wallsend P.S.	30	150		Sutherland PS	21	105	
Broken Hill P.S.	25	145		Tweed Heads P.S.	21	105	
Busby P.S.	29	145		Clarence Town P.S.	20	100	
Parkes East P.S.	29	145		Cronulla South P.S.	20	100	
Franklin P.S.	28	140		Dobroyd Point P.S.	20	100	
Mount Pritchard East P.S.	28	140		Forest Lodge P.S.	20	100	
The Meadows P.S.	28	140		Glossodia P.S.	20	100	
Toronto PS	28	140		Kempsey East P.S.	20	100	
West Wyalong P.S.	28	140		Minto P.S.	20	100	
Chertsey P.S.	27	135		Nareena Hills P.S.	20	100	
Coniston P.S.	27	135		Petersham P.S.	20	100	
Deniliquin North P.S.	27	135		Regents Park P.S.	20	100	
Kent Road P.S.	27	135		Stockton P.S.	20	100	
North Nowra P.S.	27	135		Burnside P.S.	19	95	
Plattsburg P.S.	27	135		Cobbitty P.S.	19	95	
Berimba P.S.	26	130		Eastlakes P.S.	19	95	
Crown Street P.S.	26	130		Kenthurst P.S.	19	95	
Kempsey South P.S.	26	130		Miranda North P.S.	19	95	
Wollongbar P.S.	26	130		Newcastle East P.S.	19	95	
Young North P.S.	26	130		Sutherland North PS	19	95	
Albury North P.S.	78	128		Beelbanger P.S.	18	90	
Berkeley West P.S.	25	125		Bellambi P.S.	18	90	
Blayney P.S.	25	125		Garden Suburb P.S.	18	90	
Deniliquin South P.S.	25	125		Holgate P.S.	18	90	
Dungog P.S.	25	125		Mayfield East P.S.	18	90	
Forest Hill P.S.	25	125		Windsor P.S.	18	90	
Galston P.S.	25	125		Appin P.S.	17	85	
Glenroy P.S.	25	125		Bulli P.S	17	85	
Guisse P.S.	25	125		Bundeena P.S	17	85	
Jesmond P.S.	25	125		Lapstone P.S.	17	85	
Kemps Creek P.S.	25	125		Marks Point P.S.	17	85	
Oatlands P.S.	25	125		Illawong P.S.	16	80	
Tighes Hill P.S.	25	125		Rathmines P.S.	16	80	
Wattawa Heights P.S.	25	125		Tower Street P.S.	16	80	
Wee Waa P.S.	25	125		Villawood East P.S.	16	80	
Abermain P.S.	24	120		Dorrigo P.S.	15	75	
Bangalow P.S.	24	120		Figtree Heights P.S	15	75	
Concord P.S.	24	120		Meadowbank P.S.	15	75	
Denman P.S.	24	120		Woodland Road P.S.	15	75	
Glenfield P.S.	24	120		Yass P.S.	14	70	
Greta P.S.	24	120		Kingswood Park P.S.	13	65	

	Awards	Points	Place		Awards	Points	Place
Warrimoo P.S.	12	60		Cudal P.S.	8	40	
Woronora River P.S.	11	55		Woolmin PS	8	40	
Temora West P.S.	10	50		Bemboka P.S.	7	35	
Menai P.S.	9	45		Dungowan P.S.	7	35	
School of the Air	15	21		Mulwala P.S.	7	35	
Millthorpe P.S.	4	20		Kentucky P.S.	6	30	
Revesby P.S.	2	10		Mulbring P.S.	6	30	
Comleroy Road P.S.	1	5		Otford P.S.	6	30	
Heathcote P.S.	1	5		Scarborough P.S.	6	30	
John Palmer P.S.	1	5		Spring Terrace P.S.	6	30	
Keiraville P.S.	1	5		Matong P.S.	5	25	
Pleasant Heights PS	1	5		Mount Keira Demonstration School	5	25	
Shortland P.S.	1	5		Tomerong P.S.	5	25	
				Koorawatha P.S.	4	20	
				Manildra P.S.	4	20	

THE DOMINELLI FORD TROPHY

for Primary School-5th Class

Adelong P.S.	28	420	1st
Sylvania P.S.	60	300	2nd
Hargraves P.S.	29	290	3rd
East Hills P.S.	57	285	
Drummond Memorial P.S.	42	210	
Geurie P.S.	43	206	
Blandford P.S.	34	170	
Blacktown North P.S.	31	155	
Booral P.S.	28	140	
Clergate P.S.	27	135	
Marrickville P.S.	27	135	
Yarrawarrah P.S.	27	135	
Bonet Bay P.S.	25	125	
Huskisson P.S.	25	125	
Mount Riverview P.S.	25	125	
Nashdale P.S.	25	125	
Pitt Town P.S.	25	125	
Corindi P.S.	24	120	
Leppington P.S.	24	120	
Kemblawarra P.S.	23	115	
Rocky River P.S.	20	100	
Table Top P.S.	19	95	
Fassifern P.S.	18	90	
Millers Forest P.S.	18	90	
Copmanhurst P.S.	16	80	
Cawdor P.S.	15	75	
Burren Junction P.S.	14	70	
Ellalong P.S.	14	70	
Cardiff North P.S.	13	65	
Hamilton North PS	13	65	
Iona P.S.	13	65	
Mathoura P.S.	13	65	
Nicholson Street P.S.	13	65	
Tabulam PS	13	65	
Tocumwal P.S.	13	65	
Douglas Park P.S.	12	60	
Gillieston P.S.	12	60	
Islington P.S.	12	60	
Rye Park P.S.	12	60	
Waratah West P.S.	12	60	
Bedgerebong P.S.	11	55	
Cargo P.S.	11	55	
Coledale P.S.	11	55	
Nundle PS	11	55	
Palmers Island P.S.	11	55	
Smithtown P.S.	11	55	
Chatsworth Island P.S.	10	50	
Corowa South P.S.	10	50	
Jilliby P.S.	10	50	
Biraban PS	9	45	

THE BRIGHTON-LE-SANDS RSL CLUB TROPHY

for Primary School-6th Class

Wattle Flat P.S.	17	85	1st
Enngonia School	8	60	2nd
Trunkey Creek P.S.	10	50	3rd
Ben Lomond P.S.	3	45	
Humula P.S.	7	35	
Dundurrabin P.S.	6	30	
Pilliga P.S.	6	30	
Wollar P.S.	6	30	
Binya P.S.	6	30	
Éuabolong West P.S.	5	25	
Hernani P.S.	5	25	
Lowesdale P.S.	5	25	
Mummilgum PS	8	24	
Savernake P.S.	3	15	
Hermidale P.S.	2	10	

THE JACK STILWELL FLYNN MEMORIAL CUP

for Central Schools-1st Class

Jindabyne C.S.	30	300	1st
Dubbo School Of Distance Education	22	110	2nd

THE HELEN DRAPER TROPHY

for Central Schools-2nd Class

Lightning Ridge C.S.	58	290	Eq 1st
Walcha C.S.	58	290	Eq 1st
Balranald C.S.	50	250	3rd
Braidwood C.S.	14		
195			
Coolamon C.S.	11		
165			
Norfolk Island CS	22		
110			

THE H.C. BAMFORD TROPHY

for Central Schools-3rd Class

Trangie C.S.	75	375	1st
Warren C.S.	47	235	2nd
Coolah C.S.	42	210	3rd
Boorowa C.S.	37	185	
Dunedoo C.S.	32	160	
Batlow Technology C.S.	29	145	
Barraba C.S.	9	135	
Bonalbo C.S.	10	75	

THE ROWLEY VASS MEMORIAL TROPHY

for Central Schools-4th Class

Oaklands C.S.	54	585	1st
Goodooga C.S.	25	375	2nd
Tullibigeal C.S.	24	240	3rd
Tooleybuc C.S.	37	230	
Barellan C.S.	37	185	
Trundle C.S.	34	174	
Mungindi C.S.	34	170	
Gulargambone C.S.	25	125	
Baradine C.S.	20	100	
Ardlethan CS	16	80	
Tottenham C.S.	15	75	
Tullamore C.S.	8	45	
Mendooran C.S.	2	30	

THE CLIVE AUSTIN TROPHY

for Central Schools-8th & 9th Class

Hunter School of Performing Arts	80	550	1st
Southern Cross School-East Ballina	50	250	2nd

THE F.D LEANEY TROPHY

for Schools for Specific Purposes

Halinda School	77	655	1st
Glenvale School	74	570	2nd
Holroyd School	43	565	3rd
Anson Street School	52	340	
Tallowood School	58	290	
Carenne School	56	280	
Cairnsfoot School Arncliffe	54	270	
The Ponds School	53	265	
Karonga School	44	260	
Broderick Gillawarna SSP	40	200	
St. George SSP-Kogarah	38	190	
Aspect Macarthur School	35	171	
Bates Drive SSP	34	170	
Wewak Street School	34	170	
Lawrence Hargrave SSP	32	160	
Rivendell SSP	32	160	
Mary Brooksbank School	32	160	
Passfield Park School	31	155	
Newcastle Senior School	29	145	
Havenlee SSP	27	135	
Cook School	24	120	
Minerva School	24	120	
Five Islands School	24	120	
Cromehurst School	23	115	
Cameron Park School Newcastle			
Middle School	22	110	
Hopetown School	22	110	
Kalinda School	22	110	
Dorchester School	21	105	
Fowler Road School	21	105	
Bullimbal School	21	105	
Stewart House School	18	90	
Penrith Valley Learning Centre	17	85	
Mian School	16	80	
Naremburn SSP	16	80	
Aspect Choose & Connect Team	14	70	
Kariong Mountains School	14	70	
Aspect South East Sydney School	13	65	
Holman Place School	13	65	
Aspect Hunter School	12	60	
Kurrabee School	9	45	
Budawang School	9	45	

Aspect South Coast School	5	25	
Bankstown Hospital School	5	25	
Fisher Road School	4	20	
Lakeside School	1	5	
Aspect Wetherill Pk School	1	5	

THE R.E BURGOYNE MEMORIAL TROPHY

for RSL Youth Clubs

Rooty Hill RSL YSC	51	399	1st
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THE AUSTRALIA SHIELD

for Army, Navy & Air Force Units

RAAF Base Wagga Wagga	17	145	1st
220 RCU Army Cadet Unit	4	60	2nd
Kapooka ARTC	3	45	3rd

THE KELSO KING EXCELLENCE SHIELD

for Affiliated Clubs

Engadine ASC	92	528	1st
The Hills S & LSC	60	516	2nd
Enfield LSC	70	435	3rd
Wellington A.S.C.	43	207	
Port Hacking Lifeguard Club	18	180	

RLSSA NSW BRANCH OFFICES

NEW SOUTH WALES BRANCH

Chief Executive Officer -

David Macallister

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HUNTER REGIONAL OFFICE

Regional Manager – Tanya Brunckhorst

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ILLAWARRA REGIONAL OFFICE

Regional Manager - Ian Kennerley

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NORTHERN REGIONAL OFFICE

Regional Manager - Jason Phillips

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RIVERINA REGIONAL OFFICE

Regional Manager – Michael Dasey

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Bolton Park Swimming & Recreation Centre,
Morgan Street, Wagga Wagga NSW 2650
Tel: (02) 6921 7422 Fax: (02) 6921 7124
Email: riverina@royalnsw.com.au

WESTERN REGIONAL OFFICE

Regional Manager – Alison Middleton

PO Box 313, Orange NSW 2800
76 McNamara Street, Orange NSW 2800
Tel: (02) 6369 0679 Fax: (02) 6362 3264
Email: western@royalnsw.com.au

AQUATIC SAFETY TRAINING ACADEMY

Centre Manager – Matt Griffiths

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Tel: (02) 8814 8637 Fax: (02) 8814 8687
Email: mattgriffiths@royalnsw.com.au

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PO Box 313 Orange NSW 2800
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PO Box 8307, Baulkham Hills BC NSW 2153
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RLSSA NSW SUB-BRANCHES

ARMIDALE & NEW ENGLAND

Peter Dooley

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ARMIDALE NSW 2350

BALRANALD & DISTRICT

Laurel Stevens

49 Malcolm Street
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PARTNERS

NSW Office of Sport, Sport and Recreation
NSW Office of Emergency Management
NSW Office of Local Government
NSW Dept of Education and Communities
NSW Centre for Maritime Safety
NSW Health
NSW Water Safety Advisory Council
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IMC Pacific Foundation

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St George Sutherland Community College

NSW REGISTERED CLUBS

Blacktown Tavern
Chatswood RSL Club
Briars at Greenless
Club Five Dock
Cabramatta Rugby Leagues Club
Club Merrylands Bowling Club
Cabravale Diggers
Earlwood Bardwell Park RSL Club
Campsie RSL Club
Seven Hills Toongabbie RSL Club
Canada Bay Club
St George Masonic Club
Castle Hill RSL Club

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Albion Park HS
All Saints Catholic Girls College
Ardlethan Primary School
Ashtonfield Primary School
Avondale College
Bates Drive School
Bethany College
Blacktown Girls High School
Brisbane Waters Secondary College Umina Campus
Budawang School
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Chatham Primary School
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Dubbo College South Campus
Fairfield High School
Figtree High School
Forbes High School
Forbes Primary School
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Georges River College Peakhurst Campus
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Hornsby North Primary School
Hunter Valley Grammar School
Inverell High School
James Ruse Agricultural High School
John Edmondson Hugh School
John Therry Catholic High School
Rosemeadow
Katoomba High School
Kemps Creek Primary School
Kings Langley Primary School
La Salle Catholic College Bankstown
Lake Albert Primary School
Mount Pritchard Primary School
Loreto Kirribilli
Lurnea High School
Mackillop Catholic College Warnervale

Macksville High School
Macquarie Anglican Grammar School
Mary Mackillop College Wakeley
Merewether High School
Merrylands High School
Mian School
Mount Pritchard East Primary School
Mount St Thomas Primary School
Narrandera High School
Narromine High School
New England Girls High School
Oakhill College
Orange Primary School
Our Lady of Lourdes Earlwood
Parramatta West Primary School
Pendle Hill Primary School
Putney Primary School
Quakers Hill Primary School
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Rouse Hill Anglican College
Ruse Primary School
Sackville Primary School
Sacred Heart Primary School Cabramatta
San Clemente High School
Sceggs Darlinghurst
Sherwood Ridge Primary School
St Anne's Primary School Albury
St Francis of Assisi Primary School Paddington
St George Christian School Hurstville
St Ignatius College
St Joseph's Primary School Jerilderie
St Joseph's Primary School Oatley
St Marks College
St Michaels Primary School Lane Cove
St Peter Chanel Primary School
St Stanislaus College
St Vincent's Primary School Ashfield
Sylvania Primary School
Tallowood School
Temora High School
Trinity Anglican College Albury
Trinity Anglican College Auburn
Trinity Anglican College Lismore
Trinity Grammar School
Wellington High School
Wenona School
Werrington County Primary School
West Ryde Primary School
Wheeler Heights Primary School
Wideview Primary School
Woronora River Primary School
Yarravarrah Primary School
Yass High school
Yass Primary School



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- Office of Sport, Sport and Recreation
- NSW Office of Emergency Management
- The Honourable Stuart Ayres MP, NSW Minister for Sport
- The Honourable David Elliott MP, NSW Minister for Emergency Services

EVERYONE CAN BE A LIFESAVER



Royal Life Saving

ROYAL LIFE SAVING SOCIETY - AUSTRALIA

It is a sad fact that

96

**people drowned in New South Wales
waterways in 2015/16**

**Though the delivery of quality programs and
courses, and collaboration with like-minded
organisations, we will continue to reduce
this even more.**

“HELP US SAVE LIVES”



SAVING LIVES IN NSW
SINCE 1894



AQUATIC SAFETY
TRAINING ACADEMY
ROYAL LIFE SAVING

For more information and to download the Royal Life Saving
National Drowning Report 2016 visit www.royallifesaving.com.au